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journal
of Politics, People and Art

HUMBOLDT COUNTY, CALIF. • FREE
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Vol XXVII Issue 16
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Fishwrap, up-cycled. For more, turn to page 23. *Photo by Drew Hyland.*

On the Cover
Compost, sprouts and photos by Holly Harvey

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HOW MUCH WATER DO YOU USE?

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The average American family of four uses 400 gallons of water per day.

LEAKS
Approximately 5-10% of American homes have water leaks that drip away 90 gallons a day or more.

WATER BILLS
The average household spends as much as $500 a year on their water and sewer bill.

FLUSHING AWAY
Toilets make up almost 27% of a household's water usage. The clothes washer makes up 22%.

Source: U.S. Enviromental Protection Agency

HOT TUBS

The average spa holds 350 gallons of water. With proper care water will last 120 days = 2.9 gallons a day. In salt water systems water can last 365 days = 0.96 gallons a day.



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Let Supes Pay for the Parks

Editor:

The *Journal*'s April 14 article, "Access Humboldt," reports that insurance for county parks will increase by $250,000 over the next five years. The county has considered charging the public to use our parks. Imagine having to pay to walk on the beach. While the Department of Public Works has found some ways of saving money, one obvious solution is being overlooked.

On March 1, our board of supervisors voted to adopt an ordinance that will increase their pay by a combined $29,210 per year. This is in addition to generous benefits that include a gold-plated medical insurance plan covering medical, dental and vision, life insurance, retirement benefits and compensation for travel. Over a five year period, the pay raise for five supervisors amounts to $146,050 — more than half the amount of the increased insurance costs.

The median household income in Humboldt County is $42,830 (source: U.S. Census Bureau). This is the combined income of all people in a household. By contrast, with this raise, one supervisor will make more than twice the income of a typical household. Twenty-one percent of the people in this county live in poverty. Certainly, supervisors could get by very comfortably on their current salary of $81,585 per year plus benefits.

The supervisors should rescind the pay raise and put a moratorium on future raises for the next five years. Use the money we save to pay the insurance and keep our parks open and free.

Diane Higgins, McKinleyville

Introvert

It's fun to find a corner
in a crowded room
and watch the conversation
rise through the air
listening
silently
on the
drifted words
while
studying
the inside
of
me.

— *Matt Bryant*



Terry Torgerson

Editor:

The Humboldt County Board of Supervisors can't seem to come up with a way to fund the county parks' fiscal shortfall. Having recently given themselves a raise to what now amounts to a sweet salary of $120,000 a year (including benefits), it occurs to me that the parks department might hit up the Supes' financial advisors and stock brokers for donations?

Richard Salzman, Arcata

Channel Consciousness, Define Sanity

Editor:

In an interesting riff on the insanity defense, my friend Douglas George ("Mailbox," April 14) comes down on one side of a presently unanswerable question. I am here to present the other side.

Douglas argues that what we call "consciousness" is the accidental byproduct of a meaningless evolutionary process. And since evidence now shows that it takes the brain only a half-second to generate a thought that none of us can really be in control of our thoughts or actions. What causes the brain to generate these thoughts? Douglas proposes an inner "robot."

I want to suggest a radically different approach to the underlying question. I propose that "consciousness" far from being an accidental byproduct exists *a priori*. That it forms and informs matter, be it a rock, a flower, a dust devil or a brain. That it, not some cellular-level mindless robot, generates and is the awareness and the thoughts and emotions flowing through us. This force, I propose, never rests and is endlessly creating. It forms our dreams, our desires and our fears.

It seems we have woken to find ourselves in a classroom. There's no teacher in charge, no principal down the hall. We are teaching ourselves and what rules exist we make up together. Our task, I would suggest, is to assume ownership of and take responsibility for the astonishing gift that flows in a unique way through each of us. The class is a kindergarten class. Each of us is learning but progress is painfully slow. And here, Douglas and I seem to agree: Tolerance, patience, forgiveness, a cookie, the wedge of an orange and an afternoon nap are all helpful.

Doug Ingold, Arcata

Write a Letter!

Please try to make your letter no more than 300 words and include your full name, place of residence and phone number (we won't print your number). Send it to letters@northcoastjournal.com ●



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Express Shipping

An odd partnership pushes its homeless plan and the clock is ticking

By Thadeus Greenson and Linda Stansberry
newsroom@northcoastjournal.com



Shipping containers sit ready to be converted into living quarters in the vacant lot owned by Mercer Fraser Co. at the corner of Third and Commercial streets in Eureka. *Thadeus Greenson*

It's shortly before noon on April 18 and, in a vacant lot at the corner of Third and Commercial streets in Eureka, a homeless man is splayed out between two shipping containers, fast asleep, his maroon jacket acting as a pillow to keep his head off the gravel.

Five days earlier, one of Humboldt's heaviest political hitters and its most prized philanthropist shocked just about everyone, announcing their intent to pair up, purchase Connex shipping containers and renovate them into housing for about 40 displaced homeless people. This, said Humboldt Coalition for Property Rights founder and sitting Humboldt County Planning Commissioner Lee Ulansey and Betty Chinn at the hastily called April 13 press conference, would offer a small, temporary solution to the question of what do with the estimated 100 to 200 homeless people Eureka is evicting from the Palco Marsh behind the Bayshore Mall on May 2 to make way for a trail project.

At first blush the pairing of Chinn and HumCPR is an odd fit, and the proposal is ambitious, both because of its contents and its 19-day timeline from announcement to implementation.

The plan, as detailed at the press conference, is to have HumCPR acquire the shipping containers with $130,000 in funding from the Humboldt County Department of Health and Human Services. HumCPR members and local contractors will then renovate the containers, turning each into four 10-by-8-foot rooms, each with a locking door and window, and fence in the vacant lot owned by Mercer Fraser at Third and Commercial streets.

Chinn and her staff at the Betty Kwan Chinn Day Center will run the encampment with the help of three newly hired caseworkers (whose salaries will apparently be paid by HumCPR). They will determine who's allowed to move in, and develop case management plans for residents, connecting them with existing county and city services, with the hope of moving them out into more permanent housing within 60 days. There will be bathroom facilities on site and Chinn said she will provide residents with three daily meals.

The entire encampment will be in place for six months, Ulansey said, though he added the containers can easily be moved elsewhere if needed.

The plan appears to have come together quickly and a host of questions remain. As the *Journal* went to press April 19, five shipping containers sat on the property in varying early stages of renovation, but the Eureka City Council had not amended its shelter crisis declaration to include the Mercer Fraser property or decided whether to authorize staff to enter into an agreement with GECOP. The county has not yet agendized the potential expenditure of $130,000 in DHHS funds. And, as of the press conference, Ulansey said he and HumCPR Executive Director Alec Ziegler still hadn't figured out exactly how to insure the camp.

Eureka City Manager Greg Sparks said he was only approached about the plan four days before emails were sent announcing the press conference. "We're trying to react quickly to this proposal because it came together pretty quickly," Sparks said. "They made the decision to order the Connex boxes, even ahead of council approval, you might say, at their own risk."

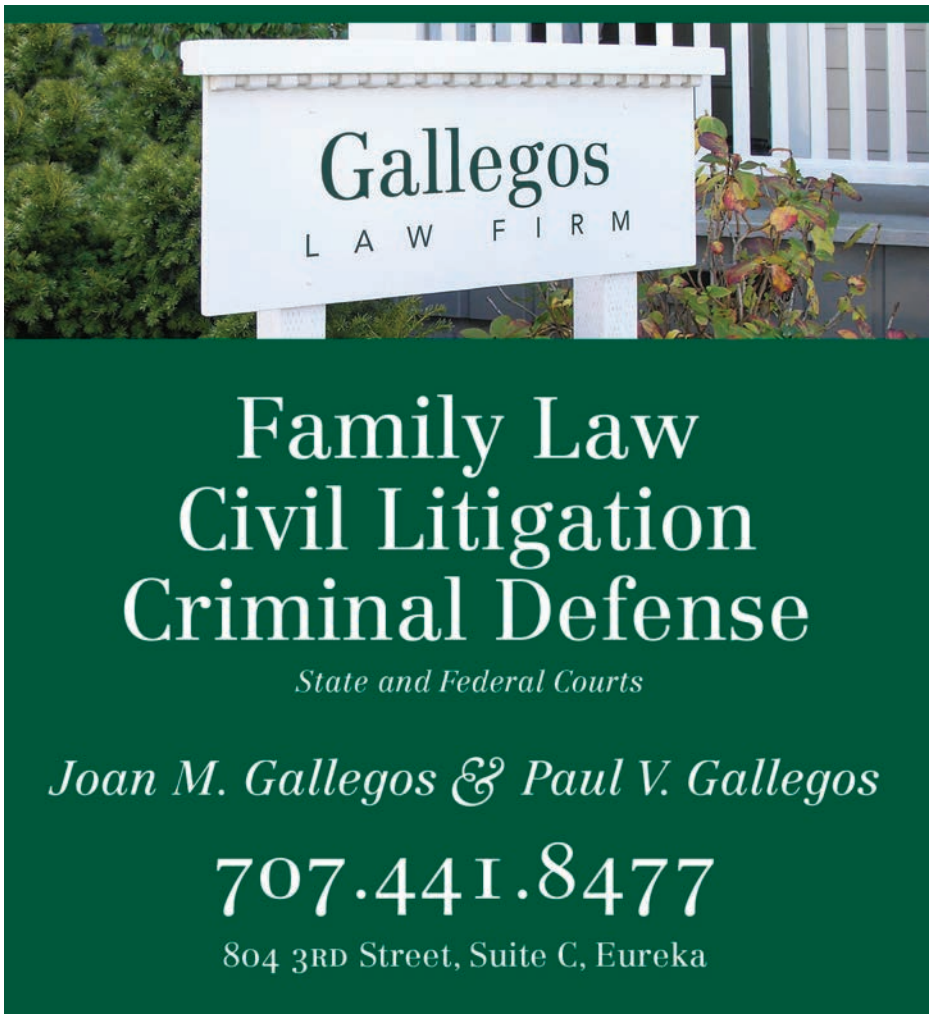
Things have moved so quickly, in fact, that a group of unnamed local business and property owners have tapped Eureka attorney Andrew Stunich to write a letter to the city threatening litigation if the project moves forward, alleging that the city failed to adequately notice neighbors of the proposed encampment and that

Continued on next page »

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Continued from previous page

elected officials committed "flagrant violations" of California's open meeting laws by making a "behind closed doors decision" without any public input.

Stunich's letter also takes aim at the the plan's intent to take in those who have nowhere else to go, including sex offenders, drug addicts and the mentally ill, saying it will bring a criminal element into the neighborhood.

Sparks said HumCPR was slated to meet with local business and property owners in an attempt to address some of their concerns.

California Coastal Commission North Coast District Manager Bob Merrill said the city will also need to issue a coastal development permit for the project or apply for an emergency waiver, for which he said the project would likely qualify. But, theoretically, that's a step that should take place before work begins. Merrill said development in the coastal zone is defined so broadly as to include any change of use for a property or even the storage of material at a site, and the containers have already been delivered and renovation work has begun.

At the press conference, Mayor Frank Jager and City Councilmember Marian Brady expressed relief and gratitude that someone in the private realm had stepped forward with a plan.

"The council and myself are delighted that HumCPR has stepped up," said Jager. "This affects the business community more than anyplace else. When [county Supervisor Rex Bohn] contacted me last week and mentioned this is in the works, I couldn't have been more happy."

It's also worth noting that it's up for debate whether this project falls within the scope of the Housing First philosophy recently adopted by both the county and the city. Housing First holds that the best way to end homelessness is for communities to put time and resources into placing people directly into permanent housing; any attempts to better manage the homeless population only distract from that. But at the press conference, Supervisor Virginia Bass and others said this expenditure of $130,000 for temporary living quarters is actually in line with Housing First, as the encampment will act as an intake center from which people can be moved into permanent housing.

Whether or not the proposal fits with Housing First, it seems to have a lot of momentum. It's also an unexpected partnership, pairing Chinn, who has dedicated the last 30 years of her life to feeding and caring for the area's homeless people, with HumCPR, a private political action organization dedicated to protecting property rights and boasting 5,500 members. But homelessness has never really been an issue on HumCPR's public radar. When the organization interviewed county supervisorial candidates in 2014, it specifically asked them about the general plan, visions for rural living, ideas to support new industry and economic growth, spending priorities, the Williamson Act and road maintenance. It did not ask about homelessness.

It seems the only time the organization has publicly addressed the issue was in May of 2014, when then-Executive Director Sally Macdonald penned a column for the *Times-Standard*. At the time, the board of supervisors was considering a proposal by the planning commission — which includes both Ulansey and fellow HumCPR founder Bob Morris — to expand Housing Opportunity Zones, focused growth areas that relax permitting and zoning requirements, into rural areas of the county. In her column, Macdonald praised the proposal as a path to address Humboldt's affordable housing shortage.

"This deficiency is evident to all of us as we drive the streets of any of our communities. The plight of the homeless is obvious and unmistakable," Macdonald wrote, explaining that the proposal to ease building restrictions in the county would spur development and open up affordable housing.

The supervisors ultimately denied the planning commission proposal. But, at the April 13 press conference, Ulansey struck a similar note to Macdonald when asked about affordable housing stock in Humboldt County. He said building is difficult in Humboldt County, stressing that there's a general housing shortage in the county and that any new development would trickle down to help low income folks. The county, he said, needs more housing of all types.

Asked about his group's motivation for wading into what, for the last year, has been Eureka's most complicated and contentious debate, Ulansey said he, Ziegler and some HumCPR members have been watching the situation unfold in the Palco Marsh as the May 2 eviction deadline approaches.

It was clear, he said, that somebody had to do something. ●

Track this story as it develops at northcoastjournal.com

High Enough?

By Thadeus Greenson
thad@northcoastjournal.com

If you spent your 4/20 crumbling up buds, rolling them up in papers and puffing away, you're going the way of dinosaurs, according to industry insiders.

"Nobody smokes flowers anymore," Emerald Cup founder and Mendocino marijuana entrepreneur Tim Blake dismissively told *Bloomberg BusinessWeek* in a recent interview, during which he estimated that concentrates — things like hash, shatter, rosin, oil, wax and honeycomb — will make up 90 percent of the legal pot market by 2030.

Judging from the recent data already available, Blake may not be far off. Burgeoning legal markets have tracked a remarkable spike in concentrate sales in the last couple of years, with the potent marijuana products now making up roughly half of all cannabis sales in Colorado, having doubled in popularity in the last year, according to a report in the *Cannabist*.

Enthusiasts report that concentrates — with THC concentrations of up to 90 percent, compared to the 20 percent boasted by the dankest of "flowers" — deliver a cleaner, more potent smoke, resulting in a stronger, more immediate high. As Blake told *Bloomberg*, "When you've tried extracts, you go and smoke a joint and it tastes dirty."

The world of concentrates has grown vast, stretching from the millenniums-old hashish to the relatively new advents of solvent-based extraction, resulting in products like CO2 oil and the butane-fueled shatter, wax and honeycomb.

Frenchy Cannoli, a Mendocino man renowned globally as one of the industry's top "cannabis resin consultants," is a traditionalist, or "old school," as he puts it. That's not to say Cannoli doesn't see tremendous medical potential in solvent-based extraction methods — he says they have the potential to "go into another domain" and create a product that's nearly pure THC, which could be fantastic for treating very specific symptoms. But Cannoli said he doesn't touch the stuff, himself.

Why? He feels much is lost in the quest for huge THC content, including part of the high.

Cannoli said that while most people get caught up on THC as an indicator of potency, marijuana is really a complicated plant. He said studies support the theory of an "entourage effect," meaning that a complex web of components — including THC, cannabinoids, terpenes and terpenoids — make up marijuana's psychoactive properties.

Traditional hash making uses dry sieves to remove the resin glands from the marijuana plant, and then uses heat to press that powdery substance together. This retains and concentrates the same compounds one ingests when smoking marijuana flowers. But with popular butane and CO2 extraction techniques, most everything but the THC is lost.

In Cannoli's mind, this often results in a monotone smoke and a less enjoyable high. Counter to popular opinion, Cannoli believes the less-THC-potent hash will actually get you more high than its new counterparts.

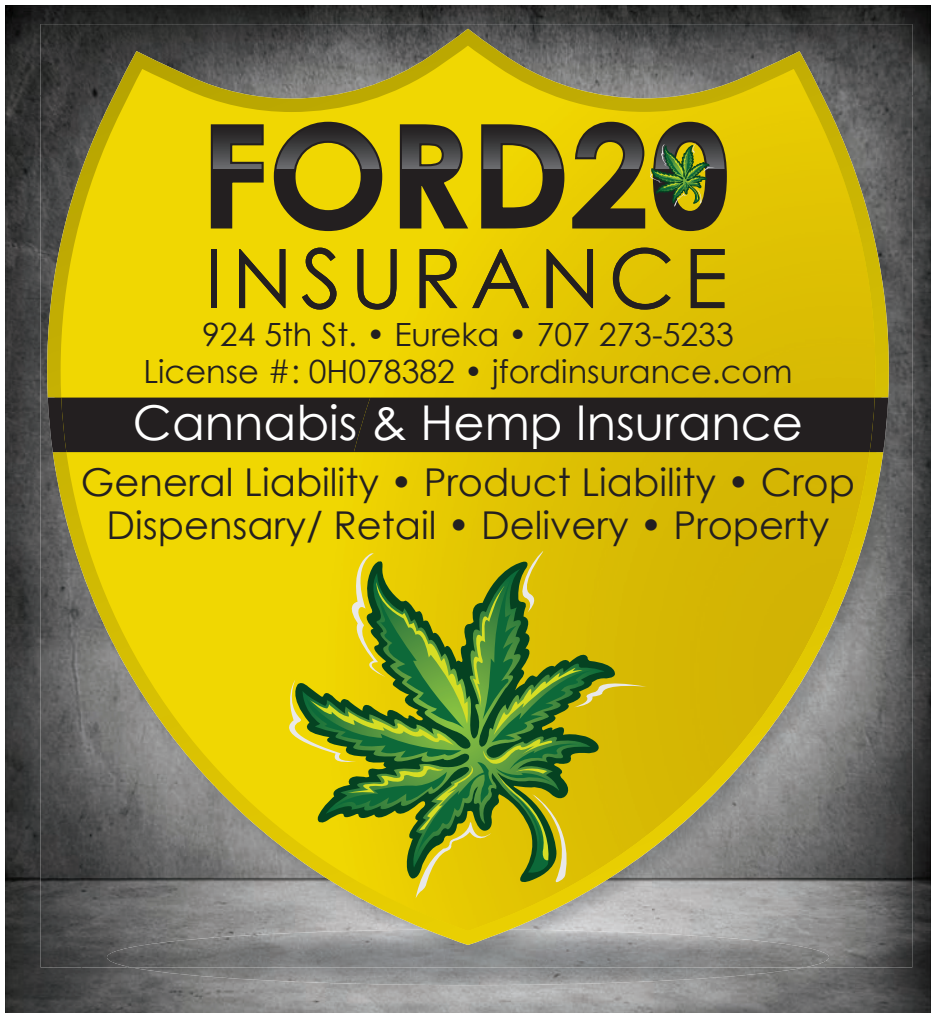
"You smoke a half a gram of hash, my friend, and you don't move for a long time," he said. "And if the hash you have is good, aged hash, you're going to spend the day where you are."

Colorado, which has kind of become the Kool-aid test for all things recreational pot, is currently grappling with the question of how potent is potent enough. A proposed ballot initiative and a proposed amendment to a bill in the state Legislature seek to cap the potency of marijuana and marijuana products at 15 or 16 percent THC. (According to the *Cannabist*, the average bud sold in the state comes in at 17.1 percent THC, with concentrates at 62.1 percent.)

But the horse is out of the barn, and it seems a prohibition on concentrates would just create a booming concentrate black market. It seems that we — individually and as a society — need to answer the question, *how high is high enough*?

Unfortunately, with national rates of heroin use and prescription opiate use skyrocketing, and a marijuana industry doing all it can to push the potency envelope, it looks like we've answered the question: There simply *is no high enough*.

Editor's Note: This is the first in a two-part series looking at cannabis concentrates. Next week's column will look at butane extraction process, its popularity and its dangers.





Meet our Neighbors

Hidden within the town of Trinidad, a beautiful seaside city located on the Pacific Ocean with a spectacular coastline view of the beautiful blue ocean, lies a hidden gem — a valued winery certainly worthy of trying.

Bergeron was born in 2007, a small boutique premium winery, started by Thomas Vert and Daryl Balko. Best friends since 1986, they shared their passion of wine and with that, they created the vision of producing wines to enjoy with family and friends. Together, they embarked on creating the "French-Style," which accompanies food more graciously.

In October 2007, they started their first harvest, sourcing grapes from high elevations of Cobb Mountain in Lake County and Pine Mountain in Mendocino, and later adding grapes from the Napa Valley and Russian River to create their "Bordeaux" style Red wines (Cabernet Sauvignon, Merlot and Syrah). Later, they added a white wine — Chardonnay in 2010 and Pinot Noir in 2013.

"French-style" wines are made in cool temperate climates and Trinidad's unique coastal climate incorporates this critical part of their winemaking.

Their wines tell the story of origin. Wines come from places, and these places are designated appellations. An appellation on a wine label is a guarantee of origin, and a guarantee that the wine has been made following certain rules specifying grape varieties, soil, and planting.

"There is this intensity to the wine that is followed by a release of complex flavors, well balanced body and textures that create the marriage between the grape varietals and the place where it grew."

— Anne Palacios, Bergeron Winery



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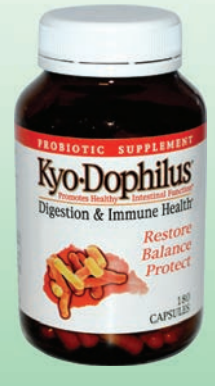
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Jager Wields Rare Veto

For the first time in 20 years, Eureka's mayor has vetoed an ordinance passed by the city council.

Mayor Frank Jager sent the council a memorandum on April 14 advising that he was vetoing its April 5 vote to pass an ordinance requiring residents to have their lateral sewer lines — those connecting their houses to the main city line — inspected and, if needed, repaired. The ordinance, a similar version of which recently passed in Arcata, requires the inspections and repairs under several conditions, including whenever the property sells to a new owner.

But, citing concerns from real estate agents and homeowners, Jager wielded his seldom-used veto power to send the bill back to the council for further consideration.

"I don't feel the ordinance was vetted well with the community," Jager wrote.

The inspiration for the ordinance is Eureka's deteriorating sewer system. One staff report warns that some of the city's older lateral connections might be made of redwood and, with some 10,000 lateral sewer connections in the city, the cumulative risk of failing connections is substantial, according to Public Works Director Brian Gerving.

So staff recommended a multi-pronged plan through its ordinance, which called for the city to inspect and repair lateral connections whenever it is working on a neighborhood's main line, with several options for homeowners to pay for the work.

The ordinance also requires people doing more than $25,000 of improvements to their properties to have their lines inspected and repaired. And the ordinance requires point-of-sale inspections and repairs any time a property changes hands. This is the part that seems to have drawn the ire of the local real estate community.

At the council's April 5 meeting, it heard from a number of local agents who warned this was placing an undue burden on homeowners, many of whom will be shouldering the cost at an inopportune time in their lives, like when forced to move for employment reasons or when they're downsizing in retirement.

Agent Jeff Ragan said the repairs could cost from a few thousand dollars all the way up to $20,000. (Gerving countered that going rates are much more reasonable than that.)

But Gerving told the council that the city has 120 miles of pipes to maintain, and it's going to take a while to do the mainline work throughout the city. Each of the strategies is needed to bring lateral sewer hookups into compliance as soon as possible, Gerving said.

The council ultimately agreed, passing the ordinance with a 4-1 vote. Councilmember Marian Brady dissented, saying she wanted to see the point-of-sale requirement dropped.

Jager apparently agrees with Brady. The ordinance is scheduled to come back before the council at its May 3 meeting, when the council will need a four-fifths vote to override Jager's veto.

— Thadeus Greenson

POSTED 04.16.16

Honored



Photo by Mark McKenna

Korean War veteran Patricia Newell holds her Korean Ambassador for Peace medal, one of more than 70 awarded by the Republic of Korea to locals who served during the war. See the full slideshow at www.northcoastjournal.com. *POSTED 04.18.16*

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For the news as it develops and all you need to understand politics, people and art on the North Coast, follow us online.

No ID on Pedestrian Killed on 101: The coroner's office is hoping fingerprints will reveal the identity of a pedestrian killed in a crash on U.S. Highway 101 near Herrick Avenue on April 16. The CHP says the man was struck in a southbound lane of the highway and the driver was not under the influence. *POSTED 04.19.16*

Swimmer's Family Seeks Closure: Two weeks after he was swept away in the Trinity River, Paul Michael Martin's family continues to look for answers. His mother, Candy Maynard, is looking for volunteers — especially people with boats — to continue searching. "He may be gone but I want closure," she said, adding that she can be reached at 499-0291. "I need to find him." *POSTED 04.18.16*

Bullock Pulls Insanity Plea: Four days after being convicted of murdering St. Bernard's pastor Eric Freed, Gary Lee Bullock withdrew his not guilty by reason of insanity plea, against the advice of his attorney. Bullock surprised the courtroom with his announcement on the first day of the sanity phase of the trial. He faces life in prison. *POSTED 04.15.16*

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The additional labor costs the city of Eureka expects to pay with next year's 50-cent minimum wage increase. The wage will continue to rise to $15 per hour in 2022. Read local economists' thoughts on the increase at www.northcoastjournal.com. *POSTED 04.19.16*

They Said It

"The officer checked out the mushrooms at Domino's and they appear to be normal."

— Eureka Police Department spokesperson Brittany Powell, commenting on the police investigation of an apparent hoax that led a Domino's customer to believe her pizza was topped with psychedelic psilocybin mushrooms. POSTED 04.15.16

Comment of the Week

"Honestly."

— Laurus Nobilis, commenting on news that Eureka's police department investigated a hoax about a psychedelic-mushroom enhanced Domino's pizza. POSTED 04.15.16

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Ten Steps to a Smaller Footprint

Tips from Zero Waste Humboldt

By Margaret Gainer

Small changes in your daily habits can significantly reduce your carbon footprint. In fact, our purchasing habits can yield a greater benefit for the environment than our recycling and composting habits. Not creating waste in the first place means less energy wasted and fewer resources consumed. When you purchase products with less packaging, you bypass the consumption of energy and water needed for the manufacture, sales and distribution of wrappers and containers that are usually used once. So while all the Rs — refuse, reduce, reuse, recycle, rot, reuse, repurpose, etc. — are important, Zero Waste Humboldt emphasizes prevention, targeting single-use products and packaging. According to www.Earth911.org, reducing your garbage by just 10 percent cuts carbon dioxide emissions by 1,200 pounds. These waste prevention techniques are also the basic home economics of bygone days that help the environment and save you money. ●

The Top 10 Habits to Prevent Waste:

1



Use refillable water bottles and water coolers, adapted drinking fountains and hydration stations instead of single-use plastic water bottles.

2



Carry reusable shopping bags instead of single-use plastic shopping bags. The nylon ones that smash into a small square can fit into a pocket or purse, are easy to keep in the car and are fast to wash and dry.

3



If you're a regular coffee drinker, keep your own coffee mug with you instead of single-use coffee cups. (Even paper coffee cups have a thin layer of plastic that renders them neither recyclable nor compostable.

4



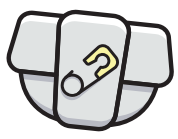
Shop at grocery stores that sell food without prepackaging. Take your own plastic containers, jars and plastic or paper sacks for grains, pastas, cereal, nuts, tea, coffee, crackers, snacks, dried fruits, detergent, pet food, etc. Bring your own bottles for liquids. Much of what the typical household needs can be purchased without all the boxes, cans, bottles and excessive packaging. This habit alone will dramatically reduce your garbage.

5



When you order water, iced tea or any cold drink at a restaurant, always ask for your server to hold the straw. The terms, "biodegradable" and "compostable" are often misleading. If it's plastic, it will always be plastic and never become a soil enrichment. Small plastic straws, lids and utensils are a contaminant in composting systems and for many recycling systems. Many end up scattered by wind into our waterways, posing a serious problem to wildlife.

6



Single-use, disposable diapers are expensive. The total cost for the entire time a baby is in diapers, exceeds the cost of many reusable cotton diaper services, and transporting and storing used diapers with municipal waste is hard on the environment. Diaper service is an excellent baby shower gift, and depending on where you live, diaper services can better for the environment than each family washing and drying diapers individually.

7



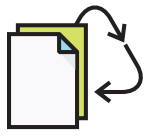
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8



Backyard composting is a good way to deal with food waste but prevention strategies are even better. Shop like a European: Buy less food and shop more often, which will keep all that leftover lettuce from going brown in your fridge.

9



If you're responsible for ordering supplies at work, always request that your suppliers provide a returnables system for taking back packaging and used products. The more often suppliers receive this request, the sooner they will provide this waste reduction service. This idea of extended producer responsibility will soon be appearing in proposed legislation.

10



Plan in advance to reduce waste when you're having fun at Humboldt County's many outdoor fairs and festivals. Remember and apply the wilderness camping philosophy of "pack it in; pack it out." Bring your own reusable cups, water bottles and eating utensils. The North Country Fair is the first large festival to formally adopt a Zero Waste policy, and organizers urge their loyal attendees to join them by committing to prevent and reduce waste at the event.

BONUS



Buy locally made products and those with recycled content whenever possible. At its best, recycling is a form of local economic development. We want to conserve natural resources and to achieve the highest and best use of materials collected for recycling and reuse. The more local recyclable material is used within our Redwood Coast economy, the less energy is consumed in long-distance transport to markets. And relying on products made here can translate into more local value-added manufacturing jobs.

Graphic by Jonathan Webster / North Coast Journal



Alec Howard with his Mug Library, now available at the Arcata Farmers Market. SCRAP Humboldt designed the sign.

No Crap

A day in the life of a Zero Waster

By Linda Stansberry

Photos by Mark Larson

Our culture thrives on stuff. Stuff to buy, stuff to eat, stuff to put in our windowsills to express our preference for one kind of stuff over a different kind of stuff. Most of that stuff comes wrapped in other stuff, and most of it — around 251 million tons of it, according to the Environmental Protection Agency — gets thrown away every year. It takes a unique person to say "Enough!" to stuff and, of course, that person can be found here in Humboldt County.

Student, employee, lover of local beer, irregular face-shaver and roommate-nagger: From one perspective, Alec Howard is pretty average. But his day-to-day choices reveal another narrative: a warrior doing battle with a consumerist system constantly attempting to undermine his deepest-held beliefs. Howard doesn't take any crap — no throw-away plastics, receipts or candy wrappers — and he tries not to leave any crap. Inspired by a stint in Sunnyvale working at a materials recovery and transfer station, he decided to go Zero Waste when he moved to Humboldt in January of 2015.

One of the latest philosophies to come out of the green movement, Zero Waste is constantly being redefined and lives under threat of dilution by greenwashing wannabes. Advocates are currently fighting for a certification standard for companies of "90 percent overall diversion from landfill and incineration for non-hazardous wastes."

Zero Waste has found an online niche with the Mason jar fetishist and DIY crowd. Lifestyle curators such as Bea Johnson, author of *Zero Waste Home*, have capitalized on its clean, simple ethos with Pinterest-ready images of reusable water bottles and unbleached cotton dishtowels. "My family of four generates a quart-size jar of waste per year, and so can you!" Johnson says on her blog. But can you, really? And how far are you willing to go? Many people who practice the Zero Waste lifestyle agree that creating a life where nothing is thrown away is nigh-impossible, even without the additional hurdles of avoiding recyclables (too much carbon footprint in the recycling process, too many recyclable items aren't recycled), buying local (less of a carbon footprint from shipping), and not using public utilities or



A reusable, returnable "to go" jar from Humboldt Juice Works.

transportation that rely on fossil fuels.

For one month, Howard did it. He diverted rainwater off the roof of his dormitory to wash his clothes. He used moss instead of toilet paper and reused his dental floss. He transitioned from vegetarian to vegan. He had already sold his car and bought a bike, but now he charged his phone and laptop with a small, portable solar panel converter.

"I was pushing myself," he says. "I wanted to know, how much change can I really effect? I found my limit."

> "You don't have to think of it as a movement, just part of your life."
>
> — *Alec Howard*

Toward the end of the month, Howard's new routine became habit. But he acknowledges his passion had some diminishing returns in terms of his ability to carry his message. University staff was not thrilled with the rainwater diversion. His "disheveled" look was a distraction. Today he has returned to some creature comforts and relinquished the obsession of zero impact, Zero Waste. Every decision has ancillary consequences, from shopping in a natural foods store that uses fossil fuels to keep its lights on, to being interviewed by a reporter who drove to the appointment in a less-than-fuel-efficient car. Howard finds the web impossible to detach from, but today he's narrowed his focus to combatting climate change and converting others to the beauty of a life that doesn't include single-use, throwaway items.

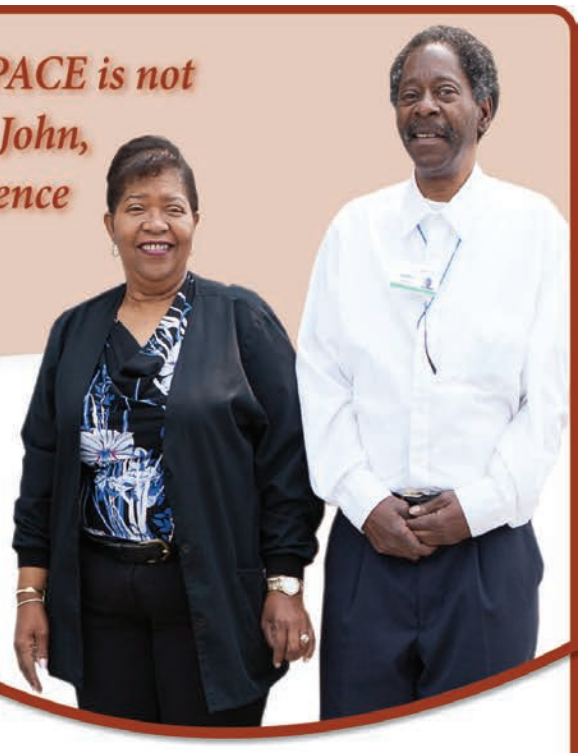
"I'm less focused on myself than I once was," he says. "It's hard to be perfect. I want to have a broader impact. You don't have to think of it as a movement, just part of your life." This is a day in the life of a Zero Waster.

7 a.m. – Coffee. Howard makes coffee at home with a reusable coffee filter and carries a Mason jar with a handmade cozy for his to-go needs. Single-use coffee cups are his pet peeve. He recently got approval to set up a mug library at Arcata's Saturday Farmers Market, where people can pick up reusable cups, fill them at nearby cafes and then return them after they're through strolling. They will be washed at a nearby community kitchen. "This is, hopefully, the beginning of something epic," he says. Howard also spearheaded a movement to get rid of paper cups on campus. As of April 22, Earth Day, students who want paper cups at HSU dining locations will have to buy them for $1 apiece. Several nearby coffeehouses are expected to follow suit. "If there's one low-hanging fruit," he says, "it's the dang coffee cups."

8 a.m. – Off to class (Howard is an energy and climate major), but first a stop to check on the micro-garden Howard installed downstairs, a little beyond the shade of the towering redwood trees that loom above the dormitories. Food sovereignty and hyper-local sourcing are important tenets of Zero Waste, as is reducing food waste. The garden, which is about the size of the hood of a car, now boasts lettuce, kale, mint and lavender. When he first approached the university about planting a garden in what he saw as wasted space, officials asked him for a plan and proposal. He stayed up all night and wrote a 10-page plan. The housing department

Continued on next page »

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Howard does much of his shopping at the Arcata Co-op, where you can put bulk items into reusable containers.



Howard washes out his Mason jar.

No Crap

Continued from previous page

granted his request, kicking down the money for soil and wood. He uses gray water from his dishes to water it.

9 a.m. – Bike to work, then pick up the keys for the work truck. "I made a commitment to abstain from fossil fuels, but to do my job I have to drive a big truck around town," he says. As a resource aide with the city of Arcata, he spends a lot of time getting dirty with compost, garbage and recycling. His two biggest nemeses are Styrofoam and free piles, which occasionally overlap to horrific effect. Free piles, where people leave boxes of stuff on the curb to be picked through, are "well intentioned," he says, but don't usually accomplish what was intended. Their contents too often end up in landfills. When he worked at the materials plant in Sunnyvale, Howard was in charge of implementing and enforcing a Styrofoam ban for the city "almost singlehandedly," knocking on doors and giving presentations. Today he gets an alarmed call from a citizen about two abandoned curbside boxes of Styrofoam pellets that are being blown all over the block. He drives to the address but finds nothing, drives a few blocks over and finds nothing. Finally, upset at the waste of fossil fuels, he returns to the office.

12 p.m. – Class. Howard does some of his studies online, but eventually he wants to get rid of his cell phone and laptop and live a simpler life, possibly on a piece of land. Although his community and many of his professors are responsive to his choice to go waste-free, his lifestyle still requires more disposable matter than he'd like. He gently refuses as much detritus as possible. "As a college student, it's hard," he says. "The paper they bombard you with. Everybody has a business card they hand you." He has saved every piece of paper he's received in the last year as physical proof of their ubiquity. "Don't even get me started on pens and pencils," he says.

> "Necessities are food, toiletries and shelter. Everything else, you have to isolate specific areas of your life and think about what you need and why you need them."
>
> — *Alec Howard*

1 p.m. – Lunch. Howard finds haven in Arcata, which is small and easily navigable by bike. Many of the local eateries and grocery stores cater to his lifestyle, offering reusable options for smoothies, popcorn and beer. Lunch often finds him at the Co-op, filling the same Mason jar he used for coffee with soup. He carries a separate jar for his compost. When offered a free sample of beet juice in a paper cup he demurs, saying, "I'd love to, but I'm on a Zero Waste mission." The tabler pours some of the juice into his Mason jar instead. He drinks it, thanks her, then goes to wash his jar out in a sink next to the bulk food section.

2 p.m. – Back at work. Another call comes in about the Styrofoam packing pellets. This time, it's a different address, and Howard realizes to his horror that he'd gotten a garbled message in the morning. He rushes to the corner and finds it covered in the hated stuff, for almost two blocks in every direction, like a strange snow storm. Styrofoam pellets are rolling into the storm drains. He calls for back up but everyone is busy. He's forced to pick up the pellets one by one and put them into equally-hated plastic garbage bags. It takes three hours, with the pellets blowing in the wind. Because of their fragility, he must handle each one with an ironic tenderness, to keep them from disintegrating in his hands.

5 p.m. – Happy hour. Howard enjoys a trip to the local breweries, including Redwood Curtain, which allows him to fill a reusable growler. This is also when he does his grocery shopping, visiting the bulk food section of local natural food stores with a collection of Mason jars to fill with essentials like lentils and nuts. These stores are usually accommodating to Zero Waste shoppers, asking that they stop in at customer service and get the tare weight for empty containers, which can be written down and handed to the cashier at checkout. But Howard doesn't want the extra slips of paper. Instead he memorizes the weight of the jars, and the codes for the bulk items.

6 p.m. – Mail call. College students receive a lot of junk mail, another pet peeve of Howard's. One chronic offender was Suddenlink, a local Internet provider. After contacting the company several times and asking it to stop sending him mailers (which arrived around twice a week) he instead began collecting all of the mailers that arrived for him and other students in the dorms, then brought



Howard sorts through his roommates' recycling.

a backpack full of them of them into a university career fair where the company was tabling, dumping them out in front of the representatives and yelling, "I don't want it, you take it back!" University police were called in to mediate, but Howard was not charged with anything. "It caused a big scene," he admits. Still, the mailers continued to flow in. After months of diligent research, he managed to find the email addresses of the company's top executives. He sent them a blistering mass email. After some back and forth, he says the company's marketing director has agreed to stop sending mailers to the 2,000 campus residents.

7 p.m. – Downtime. "I've been trying to be somewhat normal in the dorms," says Howard, who shares a suite with four other roommates. He has pared down his possessions a great deal, but still struggles with discarding things that might be useful. "Necessities are food, toiletries and shelter. Everything else, you have to isolate specific areas of your life and think about what you need and why you need them." Abandoning stuff leaves more time for pursuits like reading, he claims. One prized possession is an autographed copy of *The Story of Stuff*

Continued on next page »

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On the Cover



A plastic-free toothbrush alternative ... packaged in plastic.

No Crap

Continued from previous page

by Annie Leonard, an analysis of overconsumption. He has been coaching his roommates on how to reduce the amount of stuff that goes to landfill, and he occasionally picks through the household garbage to sort it into recycling and compost bins. "I think a lot of people are still skeptical about it, they think, 'It's just something Alec does, it's a hobby.' But that's not it. It takes attention, time and care."

9 p.m. – Nighttime routine.

Toiletries are a major obstacle for many people trying to go Zero Waste because of packaging. Making your own toothpaste and deodorant using baking soda, essential oils and other ingredients is always an option. Howard swerved on this one by eschewing some common personal care products. He stopped shaving and uses bulk, unwrapped soap for most of his hygiene needs. Since he has gone vegan, he claims his body odor has decreased. He is still working his way through a tube of toothpaste and isn't sure what he'll do when it runs out. He does use a compostable bamboo toothbrush, although he bemoans that it and several other options (including a chewable root) come packaged in disposable paper and plastic. "It almost defeats the purpose," he says.

10 p.m. – Off to bed. While Howard says he has found a welcoming community in Humboldt County, his lifestyle is often lonely. "I feel silenced a lot of the time," he says. "Zero Waste is a small part of a big environmental picture. The scope of the problem is enormous. At first I was a small fish in a big pond. Even among other environmentalists I was considered crazy. I'm so committed I don't really have time for a personal or social life." Next semester Howard will be moving off campus and it remains to be seen whether this change will help or hinder his attempts to live a waste-free life. From his perspective, society is entrenched in the complex mechanisms of convenient consumerism, in which somehow it makes more sense for people to use and discard a plastic spoon that will outlive their great-great-great grandchildren than to just carry a metal one of their own. "When the climate starts changing, how can I say I didn't do everything? I'm what people would refer to as a purist, but I consider myself a realist," he says. "Are we really that smart or advanced? We put food in the garbage while people go hungry. I want to believe that we're smarter and better but ... I just struggle to keep my sanity."

Last semester he tried talking to a counselor at HSU about his frustrations. Instead of helping, he says, it made him angrier. His counselor was holding a paper coffee cup. ●

Continued on next page »

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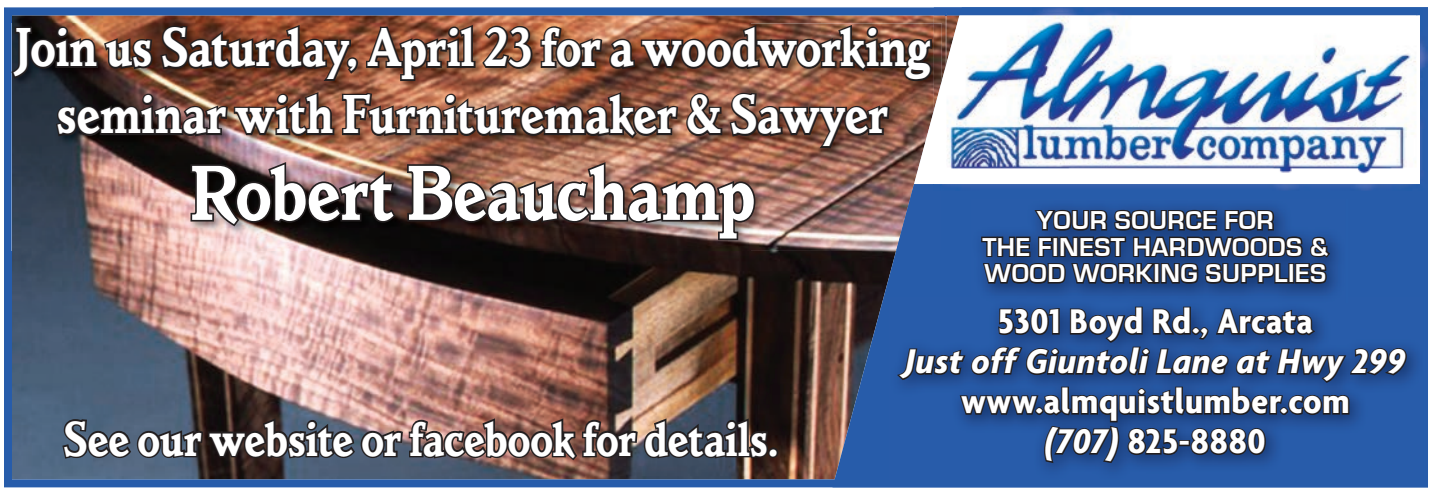


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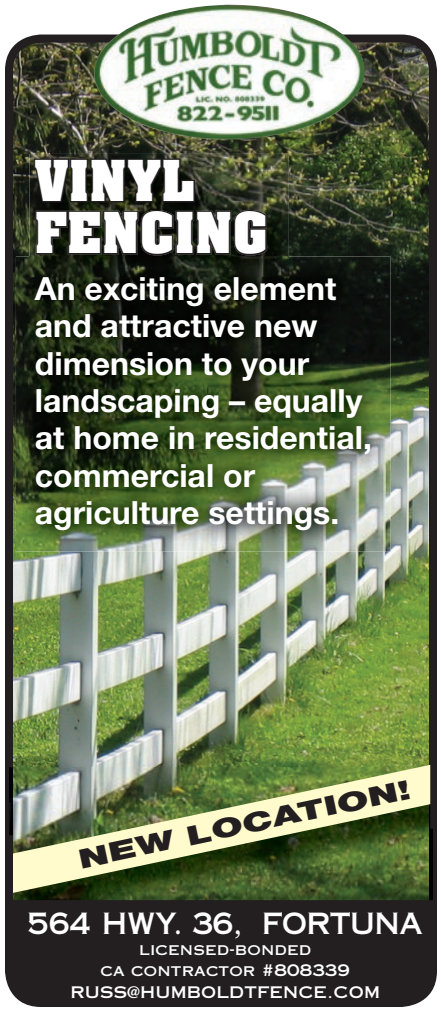
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Here's What You Can Do with Your Paper

Up-cycling with SCRAP Humboldt

By Jennifer Fumiko Cahill

Photos by Drew Hyland

We've gotten plenty of suggestions from readers as to just what we can do with our newspaper — printed locally with soy-based ink on recycled paper, incidentally — from birdcage lining and fish wrapping to less practical and, shall we say, more symbolic gestures. We threw the challenge to the master up-cyclers at SCRAP Humboldt (scraphumboldt.org) and they came up with a bevy of creative reuse projects for the paper in your hands, including plantable seed paper, a whimsical wig and a seed-starting box. (See them all and get instructions at northcoastjournal.com.) All better than stacking newspapers in your home like a creepy hoarder. Here are a few of our favorites. Got your own creative way to reuse the *Journal*? Email a snapshot and description to Jennifer@northcoastjournal.com. ●



Decorative bowl and pencil pinwheel.



Lightweight dangling earrings.

A newspaper flower and snazzy ball cap, worn backwards by our model.

Team Oxen

Animal-powered farming

By Simona Carini
tabletalk@northcoastjournal.com



Melanie Cunningham follows Joseph and Tex as they drag the All-In-One. *Photo courtesy of Kevin Cunningham*

Since 2009, Kevin and Melanie Cunningham of Shakefork Community Farm have been farming on 85 acres in the Van Duzen River floodplain in sunny Carlotta. They cultivate 8 acres of mixed vegetables (from salad greens to brassicas to root vegetables), storage crops and small grains, and manage another 40 acres of grazing land for pastured poultry, sheep and cattle.

Five years ago, Kevin traded four broiler chickens for four mixed Holstein/Jersey bull calves — he likes to say that he turned chickens into oxen — consulted his copy of *Oxen, A Teamster Guide* by Drew Conroy and started on the path of team training. It also took him time, of course, and steady effort.



While the word "teamster" today typically refers to a truck driver, originally it meant a person who drove a team of draft animals, usually a wagon drawn by oxen, horses or mules. The use of draft animals in a farm these days is rare in the West, but thanks to the Internet and the Draft Animal Power Net website (www.draft-animalpower.org), Kevin is in contact with other draft animals practitioners around the country. Last year he attended the Draft Animal Power Field Days conference in Massachusetts.

In their first year, oxen Joseph and Tex, named for the white Texas-shaped spot on his side, learned basic commands and how to pull a small load. At 2 and 3 years of age, they started helping with daily chores, like hauling chicken feed, water and hay. Oxen are considered mature and able to do a full load of work at 4, and in their prime up to about 8. After that, they start to slow down, though they're still able to do some work on the farm.

Besides oxen (the use of which for transportation and then agriculture dates back to 4000 B.C.), horses are also used as draft animals and have a longer work life. But horses take longer to train and would have been more expensive to purchase and to maintain for the Cunninghams, as they require feed not available on the farm. In the end, the ability to be self-sustaining and feed the draft animals from the pasture won out.

Watching Kevin walk alongside Joseph and Tex in a field is like finding oneself in a pastoral painting from the past come to life. That remarkable relationship between human and animal elicits respectful silence.

Shakefork Community Farm uses uncertified organic and biodynamic production methods, meaning it treats soil fertility, plant growth and livestock care as interrelated tasks. The oxen are a source of solar-powered traction, as they consume grass and convert it into muscle power. Together with the other livestock, they also provide manure to the compost pile, contributing to make the farm independently fertile.

Shakefork Community Farm is a mixed-power farm. The tractor is used to do the primary tillage of a field, while the oxen do finer-grained work such as secondary tillage. The oxen can walk on a wet field earlier than the tractor. In recent dry years, this was not much of an asset, but this year it came handy for some early spring planting. The oxen also help with other tasks, like pulling salvaged lumber that drifts down the Van Duzen River and hauling loads around the farm.

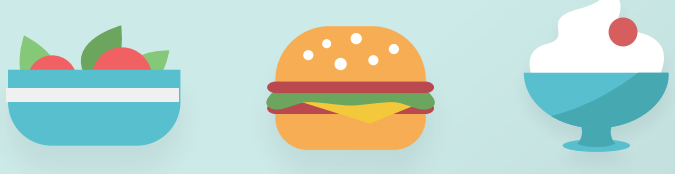
It's working out well enough that two years ago the Cunninghams brought in another pair, milking shorthorns named Duke and Earl, which are in training.

Using the oxen team has required some changes, like in the placement of the beds. Two years ago, the Cunninghams launched a successful crowd-funding campaign through Fund Humboldt that allowed them to purchase a tilling implement called an Anny's All-In-One, made in Mendocino County. The All-In-One, which is tied to the team, includes attachments for various types of farm work, such as shaping beds, cultivation, hilling and digging potatoes.

To give an idea of the improved efficiency Joseph and Tex recently pulled the All-In-One to weed a little more than a 1/3 of an acre of brassicas in 20 minutes. It would have taken a team of three to four people an entire afternoon to do the same work with a hula hoe weeder. A second pass took out even more weeds.

So when you pick up greens from the Shakefork Community Farm's stall at the farmers markets in Arcata, Fortuna or Garberville, or receive your CSA share, that's some oxen-powered produce. If you're curious, visit the farm (7914 State Route 36, Carlotta) on Sunday, May 15 from 2 to 4 pm and the Cunninghams will take you on a tour. ●

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Creature Feature

FRT sinks its teeth into Batboy

By Linda Stansberry
linda@northcoastjournal.com

It's difficult, if not impossible, to retain affection for a character after he uses the word "indubitably," as a punchline. But if the writers and directors of *Batboy: The Musical* can cram pointy-eared creatures of the night, inter-species orgies, papier-mâché cow heads, questions of moral relativity and sentience versus soul into a play inspired by a *Weekly World News* story from the '90s, all while somehow busting out with a musical number every three minutes, anything is possible.

The pulpy lunacy of *Batboy*'s plot requires commitment from both the actors and the audience. In short: Three West Virginia teenagers discover a freakish bat-human hybrid deep in a cave, the creature bonds with and is de-feralized by a veterinarian's family, then proceeds to question his origins, purpose and place in the world. Meanwhile, townsfolk eye the new arrival with suspicion, even after his *My Fair Lady*-esque makeover, and tragedy — writ large, campy and gruesome — is inevitable.

Despite his false pointy teeth, Joey Lawrence, playing the eponymous Batboy, has perhaps the crispest diction of the cast. This goes a long way toward helping one forgive the aforementioned dialogue, as does his impressive physicality (even as the lights are out and performers are taking their marks you can watch his silhouette retain its twisty chiropteran creep.) Lawrence's role requires a great deal of gymnastics: leaping, climbing, hanging upside down. Even when he's trapped in a burlap bag and other characters are singing a duet next to his writhing form, he manages to steal the scene.

The vocal talent in *Batboy* is a bit uneven, and occasionally the live band performing above the stage overpowers the weaker singers, but when performers nail a song, they really nail it. David Powell, playing the oft-drunk veterinarian Dr. Parker, stands out in particular. He recently returned to us after performing with the New York Lyric Opera. Repertory regulars may also recognize Alexandra D. Blouin, as Meredith Parker, for her robust performance as the German Gretchen in last fall's *Boeing Boeing*. Blouin's scenes with Lawrence, in which she coaches the batboy into proper speech and short pants, are largely delightful.

Leaning on an audience to fill aural space during scenes like Batboy's church revival is risky business, but in this case it was an easy coercion. Within minutes of the lights dimming for the second act, the entire theater was clapping along as Ruben Botello's Reverend Billy Hightower led the audience in praise. Botello seems to find his niche with broad comedy, doubling in drag as a distressed mother who wields a handbag to great effect. Bohdan Banducci also takes on a few roles, slipping easily into a tweed skirt set and wig to morph from raunchy teenage boy to town scold (yet more handbag wielding). Like Lawrence, he does an excellent job of staying animated even when not blessed with lines of his own, and it's easy to laugh along with his rubber-faced mugging.

There are some shortcomings in the script that even the most talented of actors can't act around, like the uneven development of some parallel plots. *Batboy* would also benefit from the amputation of three to four of its weepier songs but, really, what musical wouldn't? Ultimately, no sin of plot nor vocal range lingers long enough to leave a bad taste in one's mouth. Note by note and plot twist by plot twist, the whole production teeters onward at an almost-unsafe speed, threatening to crash due to its reckless load of camp. But by its final denouement, when Batboy's true origins are revealed, the audience is on board and willing to round out some false notes with its own exuberant voice.



Johanna Turney and Joey Lawrence. *Photo by Dan Tubbs*

Bat Boy: the Musical plays Fridays and Saturdays at 8 p.m., and Saturdays and Sundays at 2 p.m through May 7. Call 786-5483 or visit www.ferndalerep.org.

Upcoming

A woman who lost her son to AIDS visits her son's former partner, now married with a son of his own in ***Mothers and Sons*** at Redwood Curtain Theatre. The Terrance McNally play runs April 12 through May 8. Call 443-7688 or visit www.redwoodcurtain.com.

Bring tissues to Dell'Arte's Carlo Theatre when second-year MFA students present their original tragedy ***Queens of the Sons of Exile*** from April 21-24. Call 669-5663 or visit www.dellarte.com.

How can picking up a call meant for the deceased turn into a comedy/love story? You'll have to see ***Dead Man's Cell Phone*** at Humboldt State University's Gist Hall to find out. Michael Thomas directs the play by Sarah Ruhl, which runs from April 22 through May 1. Visit www.hsustage.blogspot.com. ●





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Not Your Grandma's Marigolds

By Heather Jo Flores
downanddirty@northcoastjournal.com



Tagetes patula. Photo by Heather Jo Flores

What do you think of when you hear the word marigold? Maybe you imagine those 6-inch-high borders of orange and yellow flowers that your grandmother planted around her rose beds. Did she buy them by the flat, already blooming? Maybe she knew they helped repel insects from the roses. Or maybe she just liked the fact that they were so easy to grow, drought tolerant and cold-hardy, blooming late into the fall, hanging tough through heavy rains to cheer up even the soggiest gardener.

When I think of marigolds, I think of the big orange pompoms that are such a huge part of Dia de Los Muertos celebrations in Latin America. And I think of my mentor, who introduced me to this genus with a story about how, back in the early '70s, he plucked a seeded flowerhead from a vase in a restaurant in Oaxaca and started growing *Tagetes erecta* every year and spreading the seed all over the world.

It's probably not news to you that marigolds are a good companion plant, or that they repel nematodes and other pests from your garden. Most gardeners are sold on marigolds from the first go-around, simply because they are beautiful and easy to grow. But did you know there are more than 50 species of *Tagetes*, and that they are all edible, medicinal, or both? If you aren't already in love with this amazing plant, allow me to convert you. Marigolds are one of my favorite things to grow, and even when I'm out traveling with only a backpack and a pair of boots, I always carry a baggy of marigold seeds to plant and share.

During my years on a farm in Oregon, I experimented with as many different *Tagetes* species as I could find. The following list covers the ones with which I had the most success in the garden. Whether you're just curious or completely obsessed, grow them all! They are wonderful.

Marigold species for temperate gardens

Tagetes erecta, "African marigold," "Aztec marigold," "Mexican marigold," "Tibetan marigold," "flor de muerto." It's no surprise that, with 3-foot-high stems covered in baseball-sized orange blossoms, plus an extra effectiveness at repelling nematodes that damage crops, this is the marigold that has found it's way into gardens, cultures and rituals all over the world. Native to Mexico, this species is also commonly referred to as "Oaxacan marigold," but don't get it confused with *Tagetes oaxacana*, which grows wild in Oaxaca and looks completely different. Annual.

Tagetes patula, "pinwheel marigold." Shrubby plants reach about 2 feet high and equally as wide, covered with single and double flowers in orange, red, yellow and a million variegations between. Choose your favorites and save the seeds — develop your own lines and varieties. Annual.

Tagetes minuta, "wakatay," "black mint." Tall, sticky plants with tiny white flowers in clusters. Used as a culinary herb in cultures around the world. Grind the fresh plant into a thick paste and spread on roasted vegetables. Or make it into a pesto, with garlic and oil. This species can sometimes cause skin irritation while processing, take caution. Annual.

Tagetes lucida, "Mexican tarragon," "Spanish tarragon," "pericón," "yerbaniz." Small, plants yield clusters of bright, bite-sized yellow flowers that almost taste like licorice. Use them fresh in salads. Dry the whole plant and use as a culinary herb. Unlike many Tagetes species, this one is perennial. It makes a wonderful addition to a patio container garden.

Tagetes tenuifola, "signet marigold," "golden marigold," These *are* your grandma's marigold, but did you know the flowers are edible? Smaller plants with lots of flowers, usually yellow but sometimes found in orange and deeper reds, this is the classic marigold that makes a nice low border and seems to never stop blooming. This species is more strong-scented than some of the others, and is known to repel mosquitoes, fleas and ticks.

Calendula officinalis, "pot marigold." I wanted to include this here so that we could clear up any confusion on the matter. Calendula is not a marigold, and none of the *Tagetes* species are calendula. Calendula, while in the same family as marigolds, comes from a different genus and has completely different seeds and flowers. We'll do the gardening world a favor if we stop calling it "pot marigold" and just call it "calendula." Also a wonderful companion plant, calendula attracts amphibians and beneficial insects, blooms for months on end and self-sows readily. The whole plant is used medicinally, for all sorts of ailments. Grow it, but know it is *not* a marigold!

A word to the wise: always beware of common names! Many of the names listed above are used to refer to more than one species. But each species is distinct in appearance, flavor, growth patterns and uses. Grow them yourself and you'll never get them mixed up again. Most of what I have written here is based on my own experience. I did, however, get some of the common names listed above from Wikipedia, which, when researching this article, I was delighted to discover has detailed, accurate entries on most of the species in the *Tagetes* genus. I highly recommend reading those articles to learn more about the special history and characteristics of each species.

How to Grow Marigolds

Marigolds do fine when direct-sown, but for optimal success, sow indoors in early spring. They might be slow to start but be patient, they are worth the wait! Transplant 4-inch seedlings outdoors after the last frost. They are an excellent companion for tomatoes and other nightshades, but don't stop there. Plant them all over the garden and revel in the sea of color when it comes!

Some people use marigolds as a camouflage plant for cannabis. Give the marigolds plenty of room and step back! Once they get growing they will continue to grow and bloom for months, and some of these species can get well over 3 feet high. Pluck off finished flowers and put them in a bouquet, string them into long garlands, or dry them for the seed. The dead-heading will make the plants bloom much later into the season and you'll get a bounty of seeds to share and grow again. But make sure to label your seeds with the correct species.

Seeds for most of the species described here are available through Baker Creek, Territorial and High Mowing Seeds. For rarer seeds, or if you want to try your hand at any of the other 55-plus species of marigold, join Seed Savers Exchange, where you will find a global community of *Tagetes* geeks. ●

Wild Wood

Find, cut and cure local hardwoods

By Kevin Smith
getout@northcoastjournal.com



A bowl carved from wild willow and handmade tools and handles. *Photo by Kevin Smith*

Even with our landscape's dense redwood groves, inland oak woodlands and riparian forests, we often forget that each bough we find fallen across our paths and every water-worn burl lodged in beach sand has potential just waiting to be released with chisel, rasp, gouge and plane.

By spending a little time searching trails and roadsides after a good strong windstorm, the trained eye can easily identify diverse local species of wood all well suited for carving.

Willows (*Salix* species) grow along nearly every creek on the North Coast and, being soft woods, are ideal for beginner woodworkers and whittlers. Non-natives, such as black locust (*Robinia pseudoacacia*) and osage orange (*Maclura pomifera*), were once planted as hedgerows and can often be found along old boundaries of fallow farm fields. These species yield strong yellow- to coffee-colored wood, making them ideally suited for carving into tool handles, kitchenware and longbows. Other species such as American elm (*Ulmus americana*), black walnut (*Juglans nigra*), California bay (*Umbellularia californica*), big leaf maple (*Acer macrophyllum*), Oregon ash (*Fraxinus latifolia*) and buckeye (*Aesculus* species) can also be incorporated into projects ranging from homemade bowls to electric guitars.

So how does one get started selecting, cutting, seasoning and finally carving local wood? If you're lucky enough to own a sizeable plot of land, just poke around outside and you'll likely find some species worth carving. If however, you are like the rest of us, try searching after road-widening work and even check with local tree surgeons. Most arborists are delighted to see good wood go to a creative cause rather than the chipper. Stopping to chat with a few arborists one recent morning scored me a nice log of honey locust wood. Just wait until those cutting overhead have paused before you distract their spotter on the ground — better yet, come back during lunch. If you are inclined to select and cut on your own, permits for wood cutting and collecting (up to a cord) in designated National Forest areas are available for a very small fee from the U.S. Forest Service.

Do a little homework and search for images of a few species of local trees that yield desirable wood to help with field identification, keeping in mind the environments in which they grow. Memorize features such as leaf shape, bark texture and color, and shape of fruit or seed pods, too.

Selecting the proper piece

Once you've got your target species, take care selecting the proper piece. If you're interested in carving a madrone spoon, for instance, a short piece of a branch would suffice. However, you need to decide if you want sapwood, heartwood or both for your spoon. More heartwood in the final product requires a thicker branch with more annual growth rings as a blank. For projects requiring a longer blank, you'll need to read features of the tree's bark for wood with a straight grain that will resist warping as it dries. The bark of a tree closely follows its internal grain, so by tracing a line up a channel in the bark you can see if the wood will split straight or twist. If the furrows or channels in the bark seem to run straight up and down, the wood should split relatively straight and cure with little or no warping. This straight grain is especially important for projects such as axe handles and longbows.

Consider, too, whether or not to include knots in a project. On the one hand, knots add character. But knots are weak points in the wood that absorb moisture, making them prone to cracking, so items that frequently come in contact with water, such as spatulas, ladles and bowls, should be carved with fewer knots than jewelry racks or boxes. Finally, the carver must consider whether a little rotten wood can be tolerated in the blank. For a tool handle, no. However, if selecting a tree trunk or branch for making a drum, a blank of strong sapwood that's been naturally hollowed through rot will make carving the drum body that much faster.

Curing/seasoning

Once you've found and harvested suitable wood, it's time to decide whether to carve green wood or seasoned and dried wood. Green wood is easier to carve but more likely to warp and crack as it dries. Seasoned wood is more difficult to carve but less likely to warp or crack. Drying wood so it will respond to your tools just like lumber from a hardware store requires controlled conditions and a little preparation. Proper curing or drying of wood is referred to as seasoning. To season wood, coat all exposed wood with fat or glue and set the blanks in a dry, shaded space for a few weeks to a few months, depending on the wood's thickness and species. I get strange looks when I suggest using fat for seasoning wood, but this is how it was often done in the past (though with bear or bison fat instead of shortening), and it tends to season the wood faster than the wood-glue method. If you completely coat freshly exposed wood — the ends where the branch was cut and anywhere smaller branches were lopped off), it should season with no problem. However, if the newly exposed wood is left uncoated, the wood will dry from the outside-in, resulting in deep cracks known as "checks" that render it basically useless except for firewood.

Carving

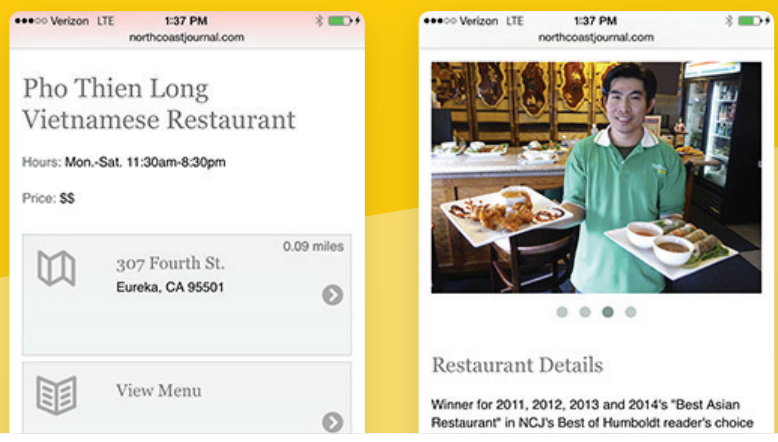
Once you have found, cut and seasoned a few local wood blanks, the creative adventure begins. If you're new to woodworking, be sure to consult experienced woodworkers, watch instructional videos and read about safe tool practices. A razor-sharp chisel or ax is not an item to take lightly.

You can purchase a new set of woodworking hand tools, but it's twice a fun to rescue old and neglected tools in need of a little TLC from antique stores and flea markets. Once you have a safe workspace and have refurbished a set of old carving tools, let the wood-shavings fly. Simple woodworking projects are fun for all ages as well, too — supervise children at all times, but by all means, get them started early. ●

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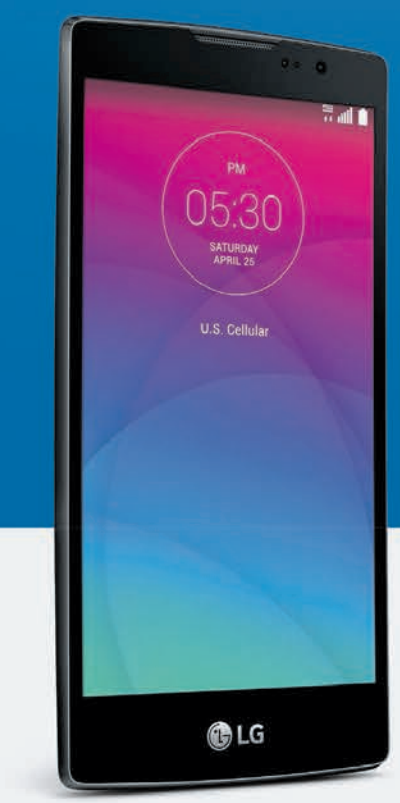


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Unsquashable

By Andy Powell
thesetlist@northcoastjournal.com


The Shook Twins play Thursday, April 21 at 9 p.m. at Arcata Theatre Lounge. *Photo courtesy of the artist*

With Humboldt County's weather confused about if it is spring or summer, I, like many others this past weekend, found myself down on the banks of the Mad River taking in the 80-degree heat and working on my sunstroke. As the kids splashed around in the still-chilled waters, I reached into our "river bag" and noticed that I had left the book I am ever-so-slowly reading back at the house. After the moment of panic had passed — what to do with no entertainment? — I did what humans with attention spans have been doing for tens of thousands of years: I looked around. Of course, there was plenty to look at. The river, the trees along the river, the dead fish by the river, and then I noticed some little bug climbing up a little sand hill. Or, I should say, *trying* to climb up a sand hill. This Sisyphean effort went on for a bit, but I'll spare you the fascinating details.

While watching this struggle, I was reminded of a conversation I had with a musician friend of mine just two days before. It was a familiar one: Local musicians spend hours and hours writing and practicing, spending the little money they have on (often heavy) gear, transporting said gear to a gig, performing, packing up around 2 a.m. and walking away with, say, $20 in their pockets for their struggles. It's the same old story, and it's generally accepted that there's no light at the end of the tunnel. It's not all bad news though. Much like Sisyphus, if we learn to love the work and the struggle to make it to the top of the hill — well knowing we'll just have to do it all over again — it becomes meaningful to us and we won't give up. We'll take pride and joy out of what we do. Sometimes we'll do it for a few dollars more. Sometimes for a few less. The money can't hurt, but what we put in will come out worth more than what we can take to the bank.

I don't know whether or not that little bug enjoyed its struggle in the sand, but I can say that the little bugger eventually made it up and over that hill and went along its merry way, finding more and more hills to conquer that day.

Thursday

The Logger Bar in the Lake o' Blue hosts an old-school fundraiser for a local band. **The Dog was a Band Now** is raising money to record its debut EP and you know how they're doing it? That's right, by performing for you. It's possible they are doing an online component to this fundraising — I'm not sure — but go on out and give a band hauling its gear around town for a few of your bucks at 9 p.m.

Keller Williams — not to be confused with the real estate group — will be returning to Humboldt at the Arcata Theatre Lounge at 9 p.m. Opening the show will be Humboldt-lovers from Portland, **The Shook Twins**. $25 will get you in the door to hear these eclectic musicians.

Friday

Looking for a fistful of dollars to benefit its Humboldt Pirate Radio, Synapsis is holding a spaghetti-western-themed fundraiser and a great lineup of locals lends talent in support. Mustachioed man of mystery **Mister Moonbeam** joins sets by queens of harmony **Belles of the Levee** along with high-altitude peyote jammers **Opossum Sun Trail**. 8 p.m. start time and a $5-$10 sliding scale at 47 West Third St. in Eureka.

"Seven-piece progressive [local] soul rock outfit" **The Velvet Touch** join hard-rockin'-power-trio **The Blacksage Runners** at 9:30 p.m. at Humboldt Brews for only $5.

Saturday

Find locals **The Yokels** bringing their tonk at Redwood Curtain Brewery for free at 8 p.m.

Up on campus you have the opportunity to hear brass quintets playing 19th Century period instruments with Sacramento based **5th California Volunteer Infantry Regiment Band** (5CVIRB?) joined by HSU students brass project the **19th Century Quintet** also playing on period horns. Showtime is 8 p.m. in the Fulkerson Recital Hall, $8 but free for HSU students. Expect a surprise finale. I'm self-sworn to secrecy.

For something far more modern and experimental head to the Morris Graves Museum of Art at 8 p.m. for the **Constellation Series**, which also features HSU students and faculty, for "electro acoustic" minimalist works. Musicians will be located in different areas of the museum and will occasionally be performing at the same time (together?), for this $5 experimental performance.

Both returning to Humboldt are **Diego's Umbrella** and **Zach Deputy**, who I'm told are both used to headlining at Humboldt Brews. I don't know who's going first, or who is "headlining" — let's hope there's an amicable arrangement. Find out at 9:30 p.m. and bring $15.

For late night music check out The Alibi at 11 p.m. as Seattle "party prog metal" band **Spacebag** joins local "flood plain dirge punk" band **Blackplate**. A deal here at $5.

Sunday

After recovering from your Alibi experience last night, get over to Christ Episcopal Church in Eureka for an early show at 4 p.m. by **Organized Rhythm**. A pipe organ and percussion duo will bring to life Bach's *Jesu, Joy of Man's Desiring* and Holst's *The Planets* on the 2,000-pipe Charles Kegg Organ and a variety of percussion instruments. A $15 donation is asked for this performance but kiddos can get in for only $5.

After church you only have a few hours until Humboldt's premier Talking Heads tribute, **Naive Melodies**, performs at Humboldt Brews around 8 p.m for $10. The band my take requests, but please, nothing from The Tom Tom Club.

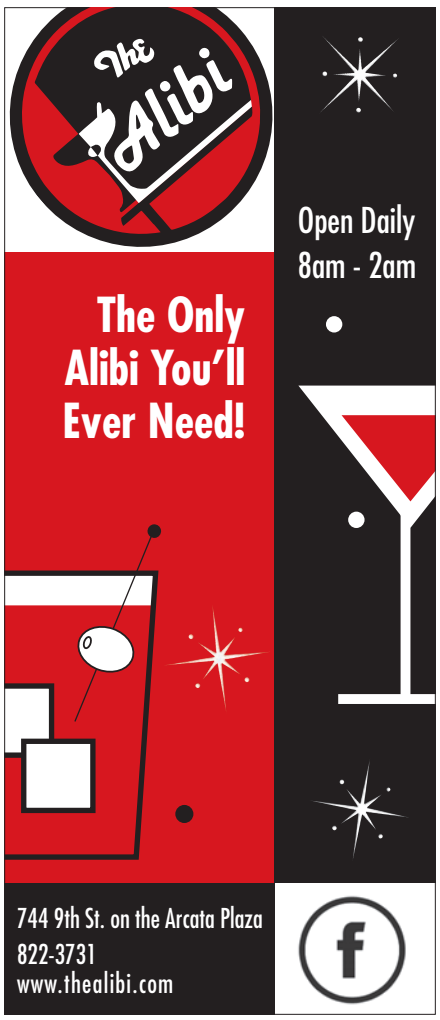
Tuesday

Before heading to Chico, Portland string band/now-rockers **Fruition** stop by Humboldt Brews in support of their now-four-day-old album *Labor of Love*. Influenced by "everything from Phil Spector-esque pop to dreamy psychedelia to Motown inspired soul," the band will ask for $15 to help 'em along the way. **Steep Ravine** will start the show off around 9 p.m.

Full show listings in the *Journal*'s Music and More grid, the Calendar and online. Bands and promoters, send your gig info, preferably with a high-res photo or two, to *music@northcoastjournal.com*.

Andy Powell is a congenital music lover and hosts The Night Show on KWPT 100.3 FM weeknights at 6 p.m. He likes bugs and Camus.

●



Live Entertainment Grid

Music & More

ARCATA & NORTH

VENUE	THUR 4/21	FRI 4/22	SAT 4/23	SUN 4/24	M-T-W 4/25-27
THE ALIBI 744 Ninth St., 822-3731			Blackplate, Spacebag (punk, metal) 11pm $5		
ARCATA PLAYHOUSE 1036 G St., 822-1220			Teeny Cabaret (theater) 8pm $7-$15 sliding	The Spirit of Poetry (spoken word) 7pm $5-$10 sliding	
ARCATA THEATRE LOUNGE 1036 G St., 822-1220	Keller Williams, Shook Twins (indie grass) 9pm $25 advance	Junior Toots (reggae) 9pm $20	Machinedrum w/Qrion, KWO and DJ Pretty Rad (EDM) 9:30pm $20	*Minions* (film) 6pm $5, All Ages	[T] Reel Paddling Film Festival 7pm $12, $10
ARCATA VETERANS HALL 1425 J St., 822-1552		Barn Dance w/Striped Pig Stringband and Lyndsey Battle 7:30pm $7-$15 sliding			
BLONDIES 822-3453 420 E. California Ave., Arcata	Open Mic 7pm Free			Jazz Jam 6pm Free	[M] Trivia Night 7:30pm Free [W] Local Music Showcase 7pm Free
BLUE LAKE CASINO WAVE LOUNGE 668-9770 777 Casino Way	Karaoke w/KJ Leonard 8pm Free	Indigenous (blues, rock) 9pm Free	Indigenous (blues, rock) 9pm Free	Karaoke w/KJ Leonard 8pm Free	
CENTRAL STATION 839-2016 1631 Central Ave., McKinleyville	Open Mic w/Jimi Jeff 8pm Free	Karaoke w/Rock Star 9pm Free			
CHER-AE HEIGHTS CASINO FIREWATER LOUNGE 677-3611 27 Scenic Drive, Trinidad		Vintage Soul (R&B, dance) 9pm Free	Pressure Anya (DJ music) 9pm Free	Karaoke w/DJ Marv 8pm Free	[T] Karaoke w/DJ Marv 8pm Free
CLAM BEACH TAVERN 839-0545 4611 Central Ave., McKinleyville	Legends of the Mind (blues, jazz) 6pm Free	Kindred Spirits (bluegrass) 10pm Free			[M] Savage Henry Stand Up Mondays 9pm Free [T] Open Mike w/Mic 7pm Free [W] Karaoke 9pm Free
CRUSH 825-0390 1101 H St., Arcata	Trivia Night 8pm		Jim & John (acoustic duo) 6pm Free		
FIELDBROOK MARKET & EATERY 4636 Fieldbrook Road, 633-6097		Jeff Kelley 7pm Free			
HUMBOLDT BREWS 856 10th St., Arcata 826-2739	Savage Henry Comedy w/ Brooks Wheelan 9pm $18, $15 advance	The Velvet Touch, Blacksage Runners (rock, blues) 9pm $5	Diego's Umbrella, Zach Deputy (Gypsy rock) 9:30pm $15	Naive Melodies (Talking Heads covers) 8pm $10	[T] Fruition, Steep Ravine (soul, blues, rock) 9pm $15 [W] The Movement (alt. reggae) 9pm $15
HUMBOLDT STATE UNIVERSITY 1 Harpst St., Arcata 826-3928	Black Box Studio: Casual Magic (circus) 6pm &9, $6	Black Box Studio: Casual Magic (circus) 6pm &9, $6 Gist: Dead Man's Cell Phone (theater) 7:30pm $10, $8, HSU Free	Black Box Studio: Casual Magic (circus) 6pm &9, $6 Gist: Dead Man's Cell Phone (theater) 7:30pm $10, $8, HSU Free Fulkerson: Alcatraz Brass Plus 8pm $8, $5, HSU free Van Duzer: Aspen Santa Fe Ballet (dance) 8pm $46, $36, $10 HSU	Van Duzer: Van Jones (lecture) 7pm $10, Free HSU	[M] Gist 215: *Cuatro Lunas* (film) 7:30pm TBA [T] Van Duzer: Aimee Mann with Billy Collins (indie/ spoken word) 8pm $46, $10 HSU [W] Native American Forum: Salvador Vidal-Ortiz (lecture) 5pm TBA



Arcata • Blue Lake •McKinleyville • Trinidad • Willow Creek *Eureka and South on next page*

VENUE	THUR 4/21	FRI 4/22	SAT 4/23	SUN 4/24	M-T-W 4/25-27
THE JAM 915 H St., Arcata 822-4766	The Getdown (funk) 9pm TBA	Club Triangle 10pm $5	The Dubbadubs, Selektah J Highgrade (reggae) 9:30pm $7	Fam Jam w/sambAmore 1pm-4pm $5, $7 family DGS Sundaze (EDM DJs) 9pm $5	[M] More Vibez Monday 9pm TBA [T] Savage Henry Comedy 8pm $5 [W] Jazz Night 6:30pm Free The Whomp (DJs) 10pm $5
LARRUPIN 677-0230 1658 Patricks Point Dr., Trinidad		Blue Lotus Jazz 6pm Free		Tim Randles (piano jazz) 6pm Free	[W] Aber Miller (jazz) 6pm Free
LIBATION 761 Eighth St., Arcata 825-7596					[T] Buddy Reed (blues) 7pm Free
LIGHTHOUSE GRILL 355 Main St., Trinidad 677-0077				JD Jeffries and Devin Paine (folk, blues, rock) 5pm Free	
LOGGER BAR 668-5000 510 Railroad Ave., Blue Lake	That Dog Was a Band Now (originals) 9pm TBA	The Undercovers (covers) 9pm Free	Disco Dance Party 9pm Free	Potluck (food) 6pm Free	[W] Turtle Races 8pm Free
MAD RIVER BREWING CO. 101 Taylor Way, Blue Lake 668-5680	Humboldt Made Buyers Expo 1pm-4pm $5 The Compost Mountain Boys (bluegrass) 6pm Free	Sand Fleas (Hawaiian/Calypso) 6pm Free	The Rockiteers (rock, blues, reggae) 6pm Free	Show 'n' Shine Noon-3pm Free. Jenni & David and the Sweet Soul Band 1pm-3pm Free	[T] Blue Lotus Jazz (jazz) 6pm Free [W] RLA Jazz Trio 6pm Free
MINOR THEATER 1013 H St., Arcata 822-3456	Humboldt International Film Festival 7pm $5	Humboldt International Film Festival 7pm $5	Humboldt International Film Festival 7pm $5		
NORTHTOWN COFFEE 1603 G St., Arcata 633-6187	Trivia Night 7pm Free	Open Mic w/Jeremy Bursich 7pm Free			[T] Human Expression Open Mic 7pm Free
OCEAN GROVE 677-3543 480 Patrick's Pt. Dr., Trinidad					[M] Dancehall Mondayz w/Rudelion 8pm $5
REDWOOD CURTAIN BREW 550 S G St. #6, Arcata 826-7222	The Cahoots 8pm Free		Pints for Non-Profits - Friends of the Arcata Marsh noon-5pm The Gold Brothers (rock) noon-3pm Free The Yokels (rock) 8pm Free		[M] Open Bluegrass Jam 6pm TBA
RICHARDS' GOAT TAVERN 401 I St., Arcata 630-5000		Miniplex: *Love Thy Nature* (film) 7pm $8 Splifftrax: *The Monkey King* (film) 9:30pm $5	Miniplex: *Only Yesterday* (film) 4pm $6.50 *Love Thy Nature* (film) 6:30pm $8	Miniplex: *Marguerite* (film) 4pm $6.50 *Love Thy Nature* (film) 6:30pm $8	[M] Miniplex: *Only Yesterday* (film) 7pm $8 [T] Salsa Night w/ DJ Panchanguero 9:30pm Free [W] Hudson Glover, Chini, & 185668232 (dance music) 9pm $5
SIDELINES 732 Ninth St., Arcata 822-0919	DJ Ray (DJ) 10pm TBA	DJ Ray 10pm TBA	DJ Tim Stubbs 10pm TBA		
SIX RIVERS BREWERY 839-7580 Central Ave., McKinleyville	Something Like Seduction (reggae, alt. rock) 9pm Free	Comanche Joey (rock and roll) 9pm Free		Trivia Night 8pm Free	[M] Karaoke w/DJ Marv 8pm Free
TOBY & JACKS 764 Ninth St., Arcata 822-4198		Masta Shredda 10pm Free	DJ Ray 10pm Free		[T] Bomba Sonida w/Gabe Pressure 10pm Free [W] Reggae w/Iron Fyah 10pm Free

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Live Entertainment Grid

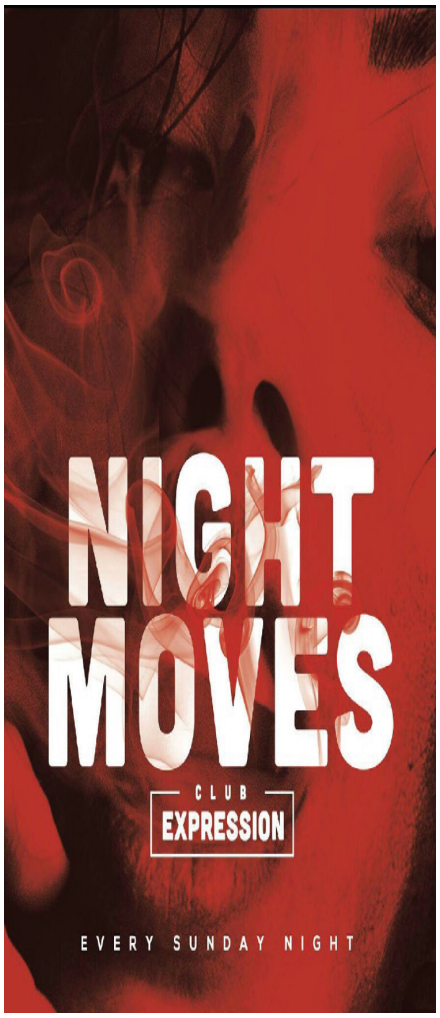
Music & More

EUREKA & SOUTH

Arcata and North on previous page

Eureka • Fernbridge • Ferndale • Fortuna • Garberville • Loleta • Redway

VENUE	THUR 4/21	FRI 4/22	SAT 4/23	SUN 4/24	M-T-W 4/25-27
BANANA HUT 621 Fifth St., Eureka 443-3447		Latino Night w/DJ Pachanguero 10pm Free			
BAR-FLY PUB 91 Commercial St., Eureka 443-3770		Bar-Fly Karaoke 9pm Free	DJ Saturdays 10pm Free		[W] Bar-Fly Karaoke 9pm Free
BEAR RIVER CASINO HOTEL 11 Bear Paws Way, Loleta 733-9644	Karaoke w/Casey 8pm Free	The Hot Rods ('50s, '60s rock and roll) 9pm Free	The Hot Rods ('50s, '60s rock and roll) 9pm Free		
CALICO'S CAFE 923-2253 808 Redwood Drive, Garberville			Frisky Brisket (violin, guitar) 7pm Free	Jen Tal and The HuZBand (acoustic duo) 6:30pm Free	
CECIL'S BISTRO 923-7007 773 Redwood Drive, Garberville	Joani Rose Jazz Quartet 7:15pm Free				
CHAPALA CAFÉ 201 Second St., Eureka 443-9514		Live Music 6pm Free	Live Music 6pm Free		
CURLEY'S FULL CIRCLE 460 Main St., Ferndale 786-9696					[W] Open Mic Night 7pm Free
EMPIRE LOUNGE 415 Fifth St., Eureka 798-6498			Andre Nickatina, Green R Fieldz, Thic & G-Zilla (rap) TBA		[W] Wet & Wild Wednesdays w/ RhymzWthOrnge 8pm $10
EUREKA INN PALM LOUNGE 518 Seventh St., 497-6093	Brian Post & Friends (jazz) 6pm Free Ultra Secret (funky jazz) 9pm Free	Aloha 808 5:30pm Free Bradley Dean (country rock) 9pm Free	Jim Lahman Band (rock, blues) 9pm Free		[M] Tamlyn (folk) 6pm Free [T] Anna Banana (blues comedy) 8pm Free [W] Comedy Open Mikey 9pm Free
EUREKA THEATER 612 F St., 442-2970		Fourth Friday Flix: *Creepshow* (film) 7:30pm $5			
FERNBRIDGE MARKET RIDGETOP CAFE 786-3900 623 Fernbridge Dr., Fortuna					[M] Open Mic 5:30pm Free
GALLAGHER'S IRISH PUB 139 Second St., Eureka 442-1177	Seabury Gould and Evan Morden (Irish) 6pm Free	Papa Paul (folk) 6pm Free	Tony Roach (croons standards) 5:30pm Free		
LIL' RED LION 1506 Fifth St., Eureka 444-1344			Karaoke w/DJ Will 9pm Free		[M] The Mother Vines, Stranger Than Fact, Strix Vega 9pm $5
OLD TOWN COFFEE & CHOC. 211 F St., Eureka 445-8600				Hillbilly Gospel Jam 2pm Free	[W] Open Mic w/Mike Anderson 7pm Free
PEARL LOUNGE 507 Second St., Eureka 444-2017	Gabe Pressure (DJ music) 9pm Free	D'Vinity (DJ music) 10pm Free	Selecta Arms (DJ music) 10pm Free		











Organized Rhythm plays Sunday, April 24 at 4 p.m. at Eureka's Christ Episcopal Church.
Photo courtesy of the artist

VENUE	THUR 4/21	FRI 4/22	SAT 4/23	SUN 4/24	M-T-W 4/25-27
PERSIMMONS GALLERY 1055 Redway Dr., Redway 923-2748	The M Notes (acoustic duo) 7:30pm Free	Planet Four (funk, jazz) 7:30pm Free			
THE PLAYROOM 1109 Main St., Fortuna 725-5438		Stir Fry Willie (DJ music) 9pm Free			
SHAMUS T BONES 191 Truesdale St., Eureka 407-3550			Saturday Night Life (DJ music) 10pm Free	Salsa Night w/DJ Pachanguero 9:30pm Free	
THE SIREN'S SONG TAVERN 325 Second St., Eureka 442-8778			Humboldt Bern Fest w/Ultra Secret, Snake Oil Lullaby, Ultramafics, Buckshot Possum 5:30pm Free		[M] Mercy Brown w/Imperial Destructo, Ultramafic 8pm $5 [T] Signals 9pm TBA
THE SPEAKEASY 411 Opera Alley, Eureka 444-2244		The Eureka Pizza Council (jazz) 8:30pm Free	Buddy Reed and the Rip It Ups (blues) 10pm Free		[T] The Opera Alley Cats (jazz) 7:30pm Free [W] No Covers and USGGO (jazz) 7pm Free
SYNAPSIS STUDIO 47 A West Third St., Eureka 616-3104		Spaghetti Western Fundraiser w/Opossum Sun Trail, Mister Moonbeam, Belles of the Levee 8pm $5-$10 sliding			
VICTORIAN INN RESTAURANT 400 Ocean Ave., Ferndale 786-4950		Jeffrey Smoller (solo guitar) 6pm Free			





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Calendar April 21 - April 28, 2016



Courtesy of the author

Occupy **Booklegger** on **Sunday, April 24** at **4:30 p.m.** to hear **Micah White** talk about and sign his book *The End of Protest* (free). In it, the Occupy Wall Street co-creator looks at social movements and possible strategies for real change.



File

Ahoy! Don't miss the boat when the ***Lady Washington*** and the ***Hawaiian Chieftain*** make port by the **Adorni Recreation Center** from **Friday, April 22 through Wednesday, April 27**. Climb aboard ($3 suggested donation) or choose your adventure as the tall ships set out on adventures, battles and moonlit evening sails (prices vary).



Courtesy of Aimee Mann

A musician and a poet walk into a theater — specifically, indie singer/songwriter icon **Aimee Mann** and one-time Poet Laureate **Billy Collins** at the **Van Duzer Theatre** ($46, $10 HSU students). The cross-genre evening on **Tuesday, April 26** at **8 p.m.** promises pathos, humor and low-key wisdom.



File Photo

Party Animals

Looking for fresh air and a little Earth Day education? Celebrate with the kids at **Party for the Planet** on **Sunday, April 24**, from **10 a.m. to 4 p.m.** at the **Sequoia Park Zoo** (free).

Do your usual zoo stroll — check in with the goats in the petting zoo, pour one out for the late Bill, chill in the aviary, squee over the red panda family (maybe do a head count because you never know) and make it look like the kids are *dragging* you through the otter tank tunnel. Then at noon you can meet **Super Salmon**, the watershed mascot who gives Crusty Crab a run for his money (don't play cool — you totally want to shake his fin). See if you can get him into the **photo booth** with you.

There will be **crafts** for the kids, **short movies** (*psst*, they're educational) and **special exhibits**, all to teach us about our water systems and how we can get in on both local and global protection and conservation.

And if your herd gets hungry, you can always set an example for the kids by downing a shake straw-less at the zoo café.

— Jennifer Fumiko Cahill



Creepshow

The Creeps

One cannot live on Kubrick alone. Now and then horror fans need a dose of glossy fake blood, a wiggling rubber mask and late show plotting. And for that we turn to director **George Romero**, he of the collective *Night, Dawn, Day* and *Land of the Dead*. These days you can't swing a chainsaw arm without hitting a zombie, but Romero's cult appeal is built on finding the sweet spot between scary and funny, a giddy mix for those of us who came of age before CG effects. We leaned in for spooky exposition, jumped at corpses lurching from graves and howled at his endless catalogue of decapitation methods.

Revel in the twin geniuses of Romero and author/movie machine **Stephen King** when their gory, comic-book-themed 1982 collaboration ***Creepshow*** plays at the **Eureka Theater** on **Friday, April 22** at **7:30 p.m.** ($5). The campy, cartoonish dark comedy tells five sleepover-worthy stories and boasts names like Hal Holbrook, Leslie Nielsen, Ed Harris, Adrienne Barbeau and even King himself hamming it up. And if that's not throwback enough, this Robo-Cat presentation is hosted by caped local legend The Great Razooly. Yes, that one.

Horror nostalgia, cheap popcorn and the proceeds go toward restoring the Art Deco theater. Just don't touch any meteor shit.

— Jennifer Fumiko Cahill

21 Thursday

ART

2016 Art Graduates Exhibition. 5-6:30 p.m. Reese Bullen Gallery, Humboldt State University, Arcata. Reception and awards for Art Department graduates. Free.

Figure Drawing Group. 7-9 p.m. Cheri Blackerby Gallery, 272 C St., Eureka. Chip in for the live model and hone your artistic skills. Go into the courtyard on C Street to the room on the right. $5. 442-0309.

Green Bling Upcycled Jewelry. 5:30-7 p.m. SCRAP Humboldt, 101 H St. Suite D, Arcata. Dive into SCRAP's odds and ends jewelry or bring your own to revamp. Learn basic beading and wire working skills from designer Gina Rios. $10 includes materials and tools. education@scraphumboldt.org. 822-2452.

MOVIES

Harry Potter and the Chamber of Secrets. 5:30 p.m. Fortuna Library, 753 14th St. As part of the Potter for Change weekly reading, watch the film to celebrate completing the book. Juice, cookies and more. Free.

MUSIC

Humboldt Ukulele Group. Third Thursday of every month, 5:30 p.m. Arcata Community Center, 321 Dr. Martin Luther King Jr. Parkway. A casual gathering of strummers. Beginners welcome. $3. dsander1@arcatanet.com. 839-2816.

Keller Williams, Shook Twins. 9 p.m. Arcata Theatre Lounge, 1036 G St. Acoustic indie grass. $25 advance. www.arcatatheatre.com.

THEATER

Casual Magic: Clowns On Shuffle. 6 p.m. Black Box Studio Theater, Van Duzer Building, Sequoia Avenue, Arcata. The Humboldt Circus' spring show in room TA 115 features juggling, clowning, flowing and more. $9, $6 kids, $1 off with costume, handbill or student ID. thehumboldtcircus@gmail.com.

Mothers and Sons. 8 p.m. Redwood Curtain Theatre, 220 First St., Eureka. A woman pays an unexpected visit to her late son's partner, who is now married with a young son. $10-$20.

Queens of the Sons of Exile. 8 p.m. Dell'Arte's Carlo Theatre, 131 H St., Blue Lake. The 10-performer second-year Dell'Arte International MFA ensemble combines poetry, movement and staging in an original tragedy. Donation. www.dellarte.com.

EVENTS

Humboldt International Film Festival. 7 p.m. Minor Theatre, 1013 H Street, Arcata. The world's oldest student-run film festival showcases independent filmmakers' works from around the world over four nights. $5.

Illuminating the Past. 6-8 p.m. Sequoia Park, 3414 W St., Eureka. Time travel to Sequoia Park's past with family-friendly historic night tours, activities, astronomy and live music by Humboldt Bay Brass band. Free.

FOR KIDS

Thursday Storytime. 10-11 a.m. Fortuna Library, 753 14th St. Fortuna Library presents a weekly Thursday morning storytime. Free. forhuml@co.humboldt.ca.us. 725-3460.

Young Discoverers. 10:30 a.m.-noon Discovery Museum, 612 G St., Eureka. Stories, crafts, songs and dance for children ages 3-5. Call ahead. $5, $3 members. redwooddiscoverymuseum@gmail.com. www.discovery-museum.org. 443-9694.

FOOD

Humboldt Made Buyers Expo. 1 p.m.-4 p.m. Mad River Brewing Company & Tap Room, 101 Taylor Way, Blue Lake. Taste and sample Humboldt Made products. $5.

Humboldt to Table Dinner. 5:30 p.m. Eagle House Victorian Inn, 139 Second St., Eureka. Enjoy music, appetizers, locally produced beer and wine and a catered, three-course meal featuring Humboldt Made products while listening to stories of the featured entrepreneurs. $75, $70 couple.

Spring Salad Luncheon. 11:30 a.m.-1 p.m. Mad River Grange, 110 Hatchery Road, Blue Lake. Blue Lake Museum's annual event features salads, sweet breads and beans, as well as a raffle and drawing. $6 donation.

MEETINGS

Rural Breast Cancer Survival Study. 5:30-7 p.m. Eureka Community Health and Wellness Center, 2200 Tydd St. Learn about breast cancer in Humboldt County and how it compares with the rest of the state. Staff from Breast and Gyn Health Project will offer resources. Refreshments and childcare available. Free. www.rbcss.org. 825-8345.

OUTDOORS

California Native Plant Week. Locations throughout Humboldt County. Activities scheduled from April 16-May 1 include walks, lectures, garden visits, wildflower shows, native plant sales and work parties. Details at www.northcoastcnps.org.

ETC

Sip and Knit. 6 p.m. NorthCoast Knittery, 320 Second St., Eureka. Join fellow knitters, crocheters, weavers, spinners and fiber artists to socialize and work on projects. 442-9276.

Standard Magic Tournament. 6-10 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Put your deck to the test. $5. nugamesonline@gmail.com. www.nugamesonline.com. 497-6358.

Fern Cottage Tour. 11-3 a.m. Fern Cottage, 2121 Centerville Road, Ferndale. Tour the 150-year-old home of pioneers Joseph and Zipporah Russ, listed on the National Register of Historic Places. $10. info@ferncottage.org. www.ferncottage.org. 786-4835.

COMEDY

Savage Henry Comedy. 9 p.m. Humboldt Brews, 856 10th St., Arcata. Standup comedy with headliner Brooks Wheelan from *Saturday Night Live*, *Conan*, Comedy Central and more. $18, $15 advance. 826-2739

22 Friday

DANCE

Autism Awareness Dance. 5:30-8 p.m. Eureka Woman's Club, 1531 J St. Performance by Circus of the Elements, DJ dance party and arts and crafts. Pizza and refreshments available. Free. www.eurekawomansclub.org.

Barn Dance. 7:30 p.m. Arcata Veterans Hall, 1425 J St. A benefit for Humboldt Roller Derby with Striped Pig Stringband and caller Lindsey Battle. $7-$15 sliding, $5 students, free for kids under 12.

World Dance. 8 p.m. St. Alban's Episcopal Church, 1675 Chester Ave., Arcata. Humboldt Folk Dancers sponsor teaching and easy dances at 8 p.m., and request dances at 9 p.m. $3. www.stalbansarcata.org. 839-3665.

LECTURE

Arcata Dog Park. 7:30 p.m. Arcata Marsh and Wildlife Sanctuary Interpretive Center, 569 S. G St. Update on creating a dog park in Arcata with Lynnette Chen, member of the Arcata Dog Park Working Group. Free. 826-2359.

MOVIES

Fourth Friday Flix: Robo-Cat Presents: *Creepshow*. 7:30 p.m. Eureka Theater, 612 F St. Horror Theater and T. Great Razooly return to present the 1982 George Romero cult classic written by Stephen King. Benefits theater restoration. $5. troubadourfilms@yahoo.com. 442-2970.

***Love Thy Nature*.** 7 p.m. Richards' Goat Tavern & Tea Room Miniplex, 401 I Street, Arcata. Narrated by Liam Neeson, a cinematic journey through the beauty and intimacy of our relationship with the natural world. www.lovethynature.com.

MUSIC

Heart & Soul. 8 p.m. HLOC's Space, 92 Sunny Brae Center, Arcata. A recital by soprano Kamala Calderoni and Elizabeth Lee on piano. $15. hloc.org.

Junior Toots. 9 p.m. Arcata Theatre Lounge, 1036 G St. Reggae. 21 and up. $20. www.arcatatheatre.com.

SPOKEN WORD

Poets and Writers. 7-8:30 p.m. College of the Redwoods, 7351 Tompkins Hill Road, Eureka. Poets and fiction writers present their original works. Free. david-holper@redwoods.edu. www.redwoods.edu/events/poetswriters. 476-4370.

THEATER

***Bat Boy the Musical*.** 8-10:30 p.m. Ferndale Repertory Theatre, 447 Main St. An adults-only rock musical inspired by *The Weekly World News*. $18 general admission, $16 students/seniors 60+. info@ferndalerep.org. www.ferndalerep.org. 786-5483.

***Brad Barton Reality Thief*.** 6-10 p.m. Garberville Theatre, 766 Redwood Street. A blend of magic, comedy and mentalism. Appetizers, beer and wine available. Recommended ages 10 and up. $20, $10 children 12 and under. april@sanctuaryforest.org. 986-1087 ext4#.

Casual Magic: Clowns On Shuffle. 6 p.m. Black Box Studio Theater, Van Duzer Building, Sequoia Avenue, Arcata. See April 21 listing.

***Dead Man's Cell Phone*.** 7:30-9 p.m. Gist Hall Theatre, Humboldt State University, Arcata. A young woman answers the cell phone of a stranger she soon realizes is dead in this comic love story by Sarah Ruhl. Michael Thomas directs. $10, $8 seniors, HSU students free (limited seating). www.HSUStage.blogspot.com.

***Mothers and Sons*.** 8 p.m. Redwood Curtain Theatre, 220 First St., Eureka. See April 21 listing.

***Queens of the Sons of Exile*.** 8 p.m. Dell'Arte's Carlo Theatre, 131 H St., Blue Lake. See April 21 listing.

EVENTS

Cannabis Film Festival. . Redwood Playhouse, 286 Sprowel Creek Road, Garberville. International and local films covering a variety of cannabis-related topics. For more information and to buy tickets, go to www.cannabisfilmfestival.com. $25-$100.

Earth Day Celebration. 12-6 p.m. Heartwood Institute, 220 Harmony Ln., Garberville. Garden Tour, plant sale, food, activities, a talk by Estelle Fennell and music by April Moore & Ranch Party. Free. tony@heartwoodinstitute.org. www.heartwoodinstitute.org. 923-5008.

Humboldt International Film Festival. 7 p.m. Minor Theatre, 1013 H St., Arcata. See April 21 listing.

River Life Foundation Earth Day BBQ. 5-7 p.m. Rohner Park, 11th and N streets, Fortuna. Enjoy live music, barbecued burgers and chicken. Benefits the River Life Foundation. $10, kids under 12 free. www.friendlyfortuna.com.

Spaghetti Western Fundraiser. 8 p.m. Synapsis Studio, 47 A West Third St., Eureka. Featuring Opossum Sun Trail, Mister Moonbeam, Belles of the Levee, visuals by Ratrace, plus aerial dancing, spaghetti feed and dancing. All ages. $5-$10 sliding.

FOR KIDS

Preschool Storytime. 10:30-11 a.m. Fortuna Library, 753 14th St. Enjoy rotating storytellers every Friday morning, for ages 2-5 and parents. Free. forhuml@co.humboldt.ca.us. 725-3460.

MEETINGS

Next Gen Eureka Spring Meetup. 5-8 p.m. Eureka High School, 1915 J St. Learn more about the demolition and renovation options being considered for the Eureka High School gym building. Free.

OUTDOORS

California Native Plant Week. Locations throughout Humboldt County. See April 21 listing.

Sunset-Moonrise Paddle. 7 p.m. Humboldt Bay Aquatic Center, 921 Waterfront Drive, Eureka. Watch the evening skies and enjoy the nocturnal wildlife of the bay. $40, $30 HSU. 443-4222.

Tall Ships. Adorni Recreation Center, 1011 Waterfront Drive, Eureka. The *Lady Washington* and the *Hawaiian Chieftain* embark on family-oriented adventure sails,

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Calendar

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battle sails and evening sails. Tours available. www.ci.eureka.ca.gov.

SPORTS

Barrels by the Bay. 7 p.m. Humboldt County Fairgrounds, 1250 Fifth St., Ferndale. Saddle up to watch some barrel racing. Covered arena and plenty of seating. Email for sign-up information. Signups at 5 p.m. Free. barrelsbythebay@gmail.com. www.victorianferndale.com. 499-3200.

BMX Friday. 4:30-6:30 p.m. Redwood Empire BMX, 3750 Harris St., Eureka. Bring your bike for practice and racing. Wear long sleeves and pants. $2 practice, $5 ribbon race. www.facebook.com/RedwoodEmpireBmx. 407-9222.

Public Skating. 6:30-9:30 p.m. Fortuna Firemen's Pavilion, 9 Park St. Have a blast and get some exercise at the same time. $5.

ETC

Fern Cottage Tour. 11-3 a.m. Fern Cottage, 2121 Centerville Road, Ferndale. See April 21 listing.

COMEDY

Splifftrax: *The Monkey King* (2015). 9:30 p.m. *Richards' Goat Tavern & Tea Room and Miniplex,* 401 I St., Arcata. Hosted by Matt Redbeard, comedians ripping apart a weird flick while it plays. $5. 630-5000.

23 Saturday

DANCE

Aspen Santa Fe Ballet. 8 p.m. Van Duzer Theatre, Humboldt State University, Arcata. Led by Artistic Director Tom Mossbrucker, a former star of the Joffrey Ballet. $46, $36, $10 HSU students.

Big Band Jazz Dance. 6-9 p.m. Fortuna High School, 379 12th St. Live music by the Fortuna High Jazz Express, Eureka Brass and Fortuna High School alumni. Free ice cream sundaes or root beer floats. Benefits Fortuna High School music. $10, $18 couples. smcclimon@fuhsdistrict.org. 725-4461.

Black Light Blues. 8 p.m.-midnight. HLOC's Space, 92 Sunny Brae Center, Arcata. Music by Lizzy and the Moonbeams. Dressing in bright whites and neon encouraged. Reuel White will be taking photos. DJ music follows. $5. burgundybluesdance@gmail.com.

MOVIES

Love Thy Nature. 6:30 p.m. Richards' Goat Tavern & Tea Room Miniplex, 401 I Street, Arcata. See April 22 listing.

Only Yesterday. 4 p.m. Richards' Goat Tavern & Tea Room Miniplex, 401 I Street, Arcata. From Studio Ghibli (***My Neighbor Totoro***) comes a heartfelt 1991 anime never released in the U.S.

MUSIC

Alcatraz Brass Plus. 8-9:30 p.m. Fulkerson Recital Hall, Humboldt State University, Arcata. HSU 19th Century Quintet and the Fifth California Volunteer Infantry Regiment Band from Sacramento play 19th century works on period instruments, then join with the Humboldt Bay Brass Band. $8, $5, children/HSU students free. www.HSUMusic.blogspot.com.

Constellation Music Series. 8 p.m. Morris Graves Museum of Art, 636 F St., Eureka. HSU Composition Studio will be giving electro acoustic performances of original minimalist works as well as performing the classic minimalist composition, "In C" by Terry Riley. $5. www.humboldtarts.org.

HSU Composition Studio. 8-11 p.m. Morris Graves Museum of Art, 636 F St., Eureka. Students and faculty of HSU's Composition Studio will present original electro-acoustic minimalist performances for the Constellation Series. $5-10 sliding scale. janine@humboldtarts.org. www.humboldtarts.org. 442-0278.

Machinedrum. 9:30 p.m. Arcata Theatre Lounge, 1036 G St. EDM with Qrion, KWO and DJ Pretty Rad. 21 and up. $20. www.arcatatheatre.com.

Tony Roach. 5:30-8:30 p.m. Gallagher's Irish Pub, 139 Second St., Eureka. Croons standards Free. www.gallaghers-irishpub.com.

THEATER

Bat Boy the Musical. 2-4:30 p.m. and 8-10:30 p.m. Ferndale Repertory Theatre, 447 Main St. See April 22 listing.

Casual Magic: Clowns On Shuffle. 6 p.m. Black Box Studio Theater, Van Duzer Building, Sequoia Avenue, Arcata. See April 21 listing.

Dead Man's Cell Phone. 7:30-9 p.m. Gist Hall Theatre, Humboldt State University, Arcata. See April 22 listing.

Mothers and Sons. 8 p.m. Redwood Curtain Theatre, 220 First St., Eureka. See April 21 listing.

Teeny Cabaret. 8 p.m. Arcata Playhouse, 1251 Ninth St. Local teens perform poetry, music and dance. $7-$15 sliding. 822-1575.

Queens of the Sons of Exile. 8 p.m. Dell'Arte's Carlo Theatre, 131 H St., Blue Lake. See April 21 listing.

EVENTS

Cannabis Film Festival. Redwood Playhouse, 286 Sprowel Creek Road, Garberville. See April 22 listing.

GLOW Conference. 9 a.m.-9 p.m. Fortuna Riverlodge, 1800 Riverwalk Dr. Speakers, DJ, photo booth, Anthem Lights and prizes. Ages 12-23. $75. glowproductions707@gmail.com. www.glowconference.com. 599-5485.

Home, Garden and Recreation Show. 9 a.m.-6 p.m. Redwood Acres Fairgrounds, 3750 Harris St., Eureka. Vendors, kids activities, live music, food and drinks. www.redwoodacres.com.

Humboldt International Film Festival. 7 p.m. Minor Theatre, 1013 H St., Arcata. See April 21 listing.

FOR KIDS

Green Art. 2-4 p.m. Morris Graves Museum of Art, 636 F St., Eureka. Celebrate Humboldt Green Week with a family friendly art project. Collage and print using natural materials. Free. janine@humboldtarts.org. www.humboldtarts.org. 442-0278.

Lemonade Day Workshop & Registration. 9-10:30 a.m. McKinleyville Family Resource Center, 1450 Hiller Road. Register, receive a free backpack and workbook, and learn about operating a stand. Free. baker.mfrc@gmail.com. www.humboldt.lemonadeday.org. 840-0905.

Story Time with Kathy Frye. Fourth Saturday of every month, 11-11:30 a.m. Rio Dell Library, 715 Wildwood Ave. Featuring puppets and more designed for children ages 0-5. Free. riohuml@co.humboldt.ca.us. 764-3333.

FOOD

Arcata Plaza Farmers Market. 10 a.m.-2 p.m. Arcata Plaza, Ninth and G streets. Fresh vegetables and fruit from local producers, food vendors, plant starts and flowers every week. Live music.

Grange Breakfast. Fourth Saturday of every month, 7:30-11 a.m. Humboldt Grange Hall, 5845 Humboldt Hill Road, Eureka. Eggs, sausage or ham, biscuits and gravy or hotcakes, and coffee. Owners and enthusiasts welcome to Classic Cars Breakfast this week. $5 requested donation, $3 for children 3 and up. www.facebook.com/humboldt.grange.

GARDEN

Orchid Show. 9 a.m.-5 p.m. Humboldt Bay Aquatic Center, 921 Waterfront Drive, Eureka. The Humboldt Orchid Society's annual fundraising show featuring orchids and carnivorous plants. Plants for sale and a raffle. $2 suggested donation. wdpinnix@gmail.com. www.humboldtorchids.org. 845-6858.

Shiitake Mushroom Growing. 1-3 p.m. Dream Quest, 100 Country Club Drive, Willow Creek. Learn from Fungaia Farm how to grow them on hardwood logs and take home your own. Register online. $20. fungaiafarm@gmail.com. www.fungaiafarm.com. 444-3799.

MEETINGS

Humboldt Woodworking Society. 9:30-11:30 a.m. & 1-3 p.m. Almquist Lumber Company, 5301 Boyd Road, Arcata. Guest speaker Robert Beauchamp's two part

talk: milling at 9:30 a.m. and furniture presentation at 1 p.m. Free. dscatfurniture@gmail.com. www.humboldtwoodworking.org.

Redwood Coast Village. 1-2:30 p.m. Humboldt Unitarian Universalist Fellowship, 24 Fellowship Way, Bayside. Learn about this organization helping seniors to continue living in their own homes and give your input. Refreshments served. Free. www.redwoodcoastvillage.org. 442-3772.

OUTDOORS

Adopt a Highway Clean-Up. 9:30-11:30 a.m. Humboldt Coastal Nature Center, 220 Stamps Lane, Manila. Help Arcata Sunrise Rotary and Friends of the Dunes clean up trash along State Route 255 in Manila. Meet for a brief safety talk before heading out to pick up trash. Gloves and trash bags provided. Free. info@friendsofthedunes.org. 444-1397.

Arcata Marsh Tour. 2 p.m. Arcata Marsh and Wildlife Sanctuary Interpretive Center, 569 S. G St. Meet trained guide Katy Allen for a 90-minute walk focusing on the ecology of the marsh. Free. 826-2359.

Audubon Society Arcata Marsh Tour. 8:30-11 a.m. Arcata Marsh and Wildlife Sanctuary, South I Street. Bring your binoculars and have a great morning birding. Meet trip leader Samantha Bacon in the parking lot at the end of South I Street (Klopp Lake) in Arcata, rain or shine. Free. www.rras.org/calendar.

California Native Plant Week. Countywide, Locations throughout Humboldt County, Humboldt. See April 21 listing.

Dune Restoration. 9:30 a.m.-12:30 p.m. Ma-le'l Dunes Parking Area, Young Lane, Manila. Help restore the Ma-le'l Dunes North. Gloves, tools and snacks are provided. Please wear closed-toed shoes and bring drinking water. For more information contact Friends of the Dunes at info@friendsofthedunes.org or call 444-1397. Free.

Earth Day Mad River Clean Up. 9 a.m.-noon. Stardough's Café, 448 Railroad Ave., Blue Lake. Meet at Stardough's at 8:45 a.m.

Fern Walk. 10 a.m.-noon. Humboldt Bay NWR Lanphere Dunes Unit, 6800 Lanphere Road, Arcata. Carol Ralph introduces eight species of common ferns during an easy walk along the riparian edge of the dunes. Bring a hand lens if you have one. Meet at Pacific Union School to carpool to the protected site. Please reserve your space. Free. info@friendsofthedunes.org. www.fws.gov/refuge/humboldt_bay. 444-1397.

Tall Ships. Adorni Recreation Center, 1011 Waterfront Drive, Eureka. See April 22 listing.

Volunteer Day. 10 a.m.-2 p.m. Freshwater Farms Reserve, 5851 Myrtle Ave., Eureka. Help prepare for the official grand opening of Freshwater Farms' Nature Trail on May 1. Free.

Volunteer Trail Stewards. 9 a.m.-1 p.m. Arcata Community Forest, Union Street. Celebrate Earth Day with the Volunteer Trail Stewards and reroute parts of Trail #1 in the Arcata Community Forest. Meet at the Fickle Hill Road entrance. Wear a long sleeve shirt, work pants and boots and bring rain gear and water. Gloves, tools, snacks and beverages provided. For more information call 825-2163 or email eservices@cityofarcata.org. Free. www.cityofarcata.org/657/Volunteer-Work-Days.

SPORTS

Play Day - Open Practice. 11 a.m. Redwood Acres Racetrack, 3750 Harris St., Eureka. Pits open 11 a.m,practice is noon-5 p.m. www.racingtheacres.com.

Public Skating. 6:30-9:30 p.m. Fortuna Firemen's Pavilion, 9 Park St. See April 22 listing.

ETC

Car Seat Recycle. 11 a.m.-2 p.m. Fortuna High School, 379 12th St. Fortuna High School Change the World Project and Eel River Disposal want your unused and expired car seats. In the Fortuna High parking lot. Free. 445-6030.

Fern Cottage Tour. 11-3 a.m. Fern Cottage, 2121 Centerville Road, Ferndale. See April 21 listing.

Women's Peace Vigil. 12-1 p.m. County Courthouse, 825 Fifth St., Eureka. Dress in warm clothing and bring your own chair. No perfume, please. Free. 269-7044.

Yu-Gi-Oh! Standard League. 1-4 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Bring your decks and claim your prizes. $5. nugamesonline@gmail.com. www.nugamesonline.com. 497-6358.

24 Sunday

BOOKS

Micah White. 4:30-6:30 p.m. Booklegger, 402 Second St., Eureka. The co-creator of Occupy Wall Street speaks about his book *The End of Protest* and sign copies. Free. staffbooklegger@suddenlinkmail.com. 445-1344.

LECTURE

Van Jones. 7 p.m. Van Duzer Theatre, Humboldt State University, Arcata. The civil rights leader, former Obama White House green jobs advisor and CNN political correspondent speaks. $10, free to HSU students. carts@humboldt.edu. www.humboldt.edu/centerarts. 826-3928.

MOVIES

Love Thy Nature. 6:30 p.m. Richards' Goat Tavern & Tea Room Miniplex, 401 I Street, Arcata. See April 22 listing.

Marguerite. 4 p.m. Richards' Goat Tavern & Tea Room Miniplex, 401 I Street, Arcata. In 1921 France, a wealthy woman follows her passion to sing in front of audiences, but no one tells her how bad she is. $6.50-$8.

***Minions* (2015).** 6 p.m. Arcata Theatre Lounge, 1036 G St. The small yellow creatures go on quest to find a new despicable boss to serve. $5. www.arcatatheatre.com.

MUSIC

Bayside Grange Music Project. 5-9 p.m. Bayside Grange Hall, 2297 Jacoby Creek Road. From 5-7 p.m. anyone playing any instrument with any ability is invited; 7-9 p.m. people with wind instruments for Bandemonium. Donations. gregg@relevantmusic.org. www.relevantmusic.org/Bayside. 499-8516.

Organized Rhythm. 4-5:30 p.m. Christ Episcopal Church, 15th and H streets, Eureka. Organist Clive Driskill-Smith and percussionist Joseph Gramley perform works by Copland, Bach, Gould and their own transcription of Gustav Holst's *The Planets.* Suggested donation: $15 or $5 (children under 13). merry@merryphillips.com. www.christchurcheureka.org/concerts. 445-0940.

SPOKEN WORD

The Spirit of Poetry. 7-9:15 p.m. Arcata Playhouse, 1251 Ninth St. Open mic, followed by poets Dave Holper, Jeremiah Anderson, Vanessa Vrtiak, Erin Davis, Dorothy Myers, Branson and Jim. Also, excerpts from Therese FitzMaurice's newest collection and music by Jesse Jonathan and Amy Day. $5-$10 sliding. t_keslin@hotmail.com. www.areasontlisten.com. 707-498-3564.

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THEATER

Bat Boy the Musical. 2-4:30 p.m. Ferndale Repertory Theatre, 447 Main St. See April 22 listing.

Queens of the Sons of Exile. 8 p.m. Dell'Arte's Carlo Theatre, 131 H St., Blue Lake. See April 21 listing.

EVENTS

Cannabis Film Festival. Redwood Playhouse, 286 Sprowel Creek Road, Garberville. See April 22 listing.

Home, Garden and Recreation Show. 10 a.m.-4 p.m. Redwood Acres Fairgrounds, 3750 Harris St., Eureka. See April 23 listing.

Party for the Planet. 10 a.m.-4 p.m. Sequoia Park Zoo, 3414 W St., Eureka. Celebrate Earth Day with fun and games for all ages with crafting, demonstrations and eco-exhibits, animal antics, and the opportunity to take home great memories thanks to the SmileZ photo booth. Free. chelsa@sequoiparkzoo.net. 441-4263.

Telegraph Ridge VFD Fundraiser. 1-6 p.m. Ettersburg School, 4500 Ettersburg Road, Whitethorn. Support your local volunteer fire department with this family event featuring barbecue, live music and kids games. Free, donations for food accepted. 986-7299.

FOR KIDS

Cooking with Culture: Sushi. 3-5 p.m. The Multi-Generational Center, 2280 Newburg Road, Fortuna. Youth ages 7 to 12 learn to roll their own sushi. Free. jgolly@ervmgc.com. www.facebook.com/mgcyouth. 725-3300.

Dan Chan the Magic Man. 2 p.m. The Old Steeple, 246 Berding St., Ferndale. Amazing magic/sleight of hand skills. All ages. $15.

Lego Club. 12:30-2 p.m. Discovery Museum, 612 G St., Eureka. Lego fun for younger and older kids featuring Duplos and more complex pieces. Free with museum admission. redwooddiscoverymuseum@gmail.com. www.discovery-museum.org. 443-9694.

Pokemon Trade and Play. 3-5 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Bring your cards to play or learn. Free. nugamesonline@gmail.com. www.nugamesonline.com. 497-6358.

FOOD

Breakfast in Bayside with Trombones @4!. 8 a.m.-noon. Bayside Grange Hall, 2297 Jacoby Creek Road. In honor of Earth Day, live music and the annual Electric Vehicle show in conjunction with breakfast. Mimosas available. $5-$8. admin@baysidegrange.org. 822-9998.



FOOD

Food Not Bombs. 5 p.m. Arcata Plaza, Ninth and G streets. Free, hot food for everyone. Mostly vegan and organic and always delicious. Free. (503) 828-7421.

GARDEN

Cannabis Farmer's Compliance Workshop. 11 a.m.-6 p.m. Ruth Lake Community Hall, 591 Van Duzen Road, Mad River. Learn how to come into legal compliance, with presentations by North Coast Regional Water Quality Control Board, Department of Fish and Wildlife, and experts on California and Humboldt County laws. Free. natalynne@wildcalifornia.org. 822-7711.

OUTDOORS

California Native Plant Week. Locations throughout Humboldt County. See April 21 listing.

Canoe the Slough - A Birder's Dream. 10:30 a.m. Humboldt Bay Aquatic Center, 921 Waterfront Drive, Eureka. View the spring migration up close from a canoe in a birding hot spot. $35, $25 HSU. 826-3357.

North Group Sierra Club Hike. 9:30 a.m. Jedediah Smith Redwoods State Park, 1440 U.S. Route 199, Crescent City. A 10-mile hike with some elevation gain. Bring lunch, water, hiking boots. No dogs. By reservation only. mgroomster@gmail.com. 668-4275.

Tall Ships. Adorni Recreation Center, 1011 Waterfront Drive, Eureka. See April 22 listing.

SPORTS

BMX Practice and Racing. 1-3 p.m. Redwood Empire BMX, 3750 Harris St., Eureka. Bring your bike for some fun. Wear long sleeves and pants. $2 practice, $11 race. www.facebook.com/RedwoodEmpireBmx. 407-9222.

ETC

Family Game Day. 12-6 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Bring the family and friends for a day jam-packed with gaming fun. Feel free to bring in your own games. Free. www.nugamesonline.com. 497-6358.

25 Monday

DANCE

Let's Dance. 7-10 p.m. Humboldt Grange Hall, 5845 Humboldt Hill Road, Eureka. Let's dance to live music including swing standards and roots country. Everyone welcome. More info: 725-5323. Tonight dance to The Delta Nationals $4. www.facebook.com/humboldt.grange.

MOVIES

Cuatro Lunas. 7:30 p.m. Gist Hall 215, Humboldt State University, Arcata. Screening and discussion of a film about men of four generations in Nayarit, Mexico coming to terms with their homosexuality. Part of Q-Fest.

Only Yesterday. 7 p.m. Richards' Goat Tavern & Tea Room Miniplex, 401 I Street, Arcata. See April 23 listing.

MUSIC

Eastern European Folk Music Meetup. 7-8 p.m. The Sanctuary, 1301 J St., Arcata. Play and sing a variety of Eastern European, Balkan and international folk music with a new community music group (hosted by members of Chubritza). All instruments and levels are welcome. $1-$5 donation. linneamandell@gmail.com. 496-6784.

EVENTS

Q-Fest. Humboldt State University, 1 Harpst St., Arcata. The MultiCultural Center's annual celebration of the queer community. This year's theme is, Theory in the Flesh: Celebrating Queer People of Color.

FOR KIDS

STeP: Skills for Teen Parents. 4-5 p.m. Jefferson Community Center, 1000 B St., Eureka. A series of parenting and life skills workshops for parents and parents-to-be under the age of 21. Learn about early literacy, first aid and CPR, resume writing and more. Contact the McKinleyville Library for details and to pre-register. Free. kehrnman@co.humboldt.ca.us. 839-4459.

MEETINGS

Humboldt Bay Bicycle Commuters Association. 6 p.m. Carmela's, Arcata, 1288 G St. Agenda items may be suggested by emailing info@humbike.org or by calling Rick Knapp at 445-1097. Free, dinner optional.

Volunteer Orientation. 2:30 p.m. Food for People, 307 W. 14th St., Eureka. Learn to pack and sort food, work with clients, collect donations and cook. panderson@foodforpeople.org.

OUTDOORS

Tall Ships. Adorni Recreation Center, 1011 Waterfront Drive, Eureka. See April 22 listing.

26 Tuesday

ART

Membership Show Entry Day. 2-5 p.m. Westhaven Center for the Arts, 501 S. Westhaven Drive. Westhaven Center for the Arts invites all current and new members to enter their annual May-June Membership Show. For information call Ann at 677-0128 or at wcaexhibits@gmail.com. Annual dues are $40 and $5 per entry (limit 3).

MOVIES

Reel Paddling Film Festival. 7 p.m. Arcata Theatre Lounge, 1036 G St. Showcase of the world's best paddling films. Doors at 6:30 p.m. $12, $10 HSU students, $10, $8 HSU advance. www.arcatatheatre.com.

MUSIC

Aimee Mann with Billy Collins. 8 p.m. Van Duzer Theatre, Humboldt State University, Arcata. Oscar-nominated songwriter and indie music star Aimee Mann and former U.S. Poet Laureate Billy Collins come together for a one-of-a-kind evening celebrating the combined marvels of their crafts. $46, $10 HSU.

EVENTS

Q-Fest. Humboldt State University, 1 Harpst St., Arcata. See April 25 listing.

FOR KIDS

Grandparents and Books Storytime. 3-4:30 p.m. Fortuna Library, 753 14th St. Children of all ages welcome to afternoon storytime with "grandparent" storyteller Cynthia. Free. forhuml@co.humboldt.ca.us. 725-3460.

Playgroup. 10-11:30 a.m. Discovery Museum, 612 G St., Eureka. Free play for kids 0-5. Regular admission for kids over 5. Free. redwooddiscoverymuseum@gmail.com. www.discovery-museum.org. 443-9694.

Pokemon Trade and Play. 3-6 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. See April 24 listing.

OUTDOORS

Slower-Speed Arcata Marsh Tour. Last Tuesday of every month, 2 p.m. Arcata Marsh and Wildlife Sanctuary Interpretive Center, 569 S. G St. A tour for attendees with mobility issues and those who are unable to keep up on regular walks. Meet at the first I Street parking lot (in from Samoa) of the Arcata Marsh. Free. 822-3475.

Tall Ships. Adorni Recreation Center, 1011 Waterfront Drive, Eureka. See April 22 listing.

ETC

Bingo. 6 p.m. Moose Lodge, 4328 Campton Road, Eureka. Speed bingo, early and regular games. Doors open at 5 p.m. Games range from $1-$10.

Board Game Night. 6-9 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Choose from a large variety of games or bring your own. All ages. Free. www.nugamesonline.com. 497-6358.

Ferndale Cribbage. 10 a.m. Our Savior's Lutheran Church, 425 Shaw St., Ferndale. Cards and pegs.

Humboldt Cribbage Club. 6:15 p.m. Moose Lodge, 4328 Campton Road, Eureka. Play cards. 444-3161.

27 Wednesday

BOOKS

Reverend Billy. Northtown Books, 957 H St., Arcata. The performance artist and eco/anti-consumerism activist

reads from his new book *The Earth Wants YOU*. Free.

LECTURE

Q-Fest Keynote Speaker. 5-6:30 p.m. Native American Forum, Humboldt State University, Arcata. Author and HSU alum Salvador Vidal-Ortiz discusses his book *Queer Brown Voices*, collected oral histories of queer Latino activism of the 1970s through 1990s. A signing follows.

EVENTS

Q-Fest. Humboldt State University, 1 Harpst St., Arcata. See April 25 listing.

FOR KIDS

Youth & Teen Study Group. 3-4:30 p.m. The Multi-Generational Center, 2280 Newburg Road, Fortuna. A quiet environment where students can receive extra help on homework, a snack and optional on-site tutoring. Free. lynea237@gmail.com. www.ervmgc.com. 725-3300.

Storytime. 1 p.m. McKinleyville Library, 1606 Pickett Road. Liz Cappiello reads stories to children and their parents. Free.

OUTDOORS

Tall Ships. Adorni Recreation Center, 1011 Waterfront Drive, Eureka. See April 22 listing.

ETC

Casual Magic. 4-9 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Bring your decks and connect with the local Magic community. Beginners welcome. Door prizes and drawings. $5. www.nugamesonline@gmail.com. www.nugamesonline.com. 497-6358.

Community Board Game Night. Last Wednesday, Thursday of every month, 6-9 p.m. Bayside Grange Hall, 2297 Jacoby Creek Road. Play your favorite games or learn new ones with North Coast Role Playing. Free. oss1ncrp@northcoast.com. www.baysidegrange.org. 444-2288.

Spring Card Party Fundraiser. 12:30 p.m. Eureka Woman's Club, 1531 J St. Play Bridge and Shanghai at this fundraiser for Food for People. Coffee, tea, and desserts will be served. RSVP by April 25. 268-8548 or 441-8499. $5 donation. www.eurekawomansclub.org.

COMEDY

Comedy Open Mikey. 9 p.m. Palm Lounge, Eureka Inn, 518 Seventh St. Hosted by Nando Molina with beats by Gabe Pressure. 497-6093. Free.

28 Thursday

ART

Figure Drawing Group. 7-9 p.m. Cheri Blackerby Gallery, 272 C St., Eureka. See April 21 listing.

THEATER

Deep End of the Fool. 8 p.m. Dell'Arte's Carlo Theatre, 131 H St., Blue Lake. Dell'Arte's students put on comic characters in duos and trios. Call or go online to reserve tickets. www.dellarte.com. 668-5663 ext. 5.

Dead Man's Cell Phone. 7:30-9 p.m. Gist Hall Theatre, Humboldt State University, Arcata. See April 22 listing.

Mothers and Sons. 8 p.m. Redwood Curtain Theatre, 220 First St., Eureka. See April 21 listing.

EVENTS

California Blacksmith Assn. Spring Conference. -May 1. Humboldt County Fairgrounds, 1250 Fifth St., Ferndale. "A Gathering of California Masters" with demonstrations by nationally known blacksmiths, workshops and lectures. TBA. 786-4216.

Q-Fest. Humboldt State University, 1 Harpst St., Arcata. See April 25 listing.

FOR KIDS

Hora de Cuentos en Espanol. Fourth Thursday of every month, 11 a.m.-noon Fortuna Library, 753 14th St. Libros en espanol, arte y arte, y bocadillos. Evento gratis para todos edades. A new monthly storytime in Spanish for all families, hosted by Fortuna Library and Head Start, includes free snacks and crafts. Free. forhuml@co.humboldt.ca.us. 725-3460.

Thursday Storytime. 10-11 a.m. Fortuna Library, 753 14th St. See April 21 listing.

Young Discoverers. 10:30 a.m.-noon Discovery Museum, 612 G St., Eureka. See April 21 listing.

GARDEN

Growing Cities. 5:45-8 p.m. Jefferson Community Center, 1000 B St., Eureka. The film captures creative ways people can produce food with limited space, such as backyard and community gardens, raising animals and bees and more. Spanish interpretation and subtitles provided. Free. debbiep@nrsrcaa.org. www.northcoastgardens.org. 269-2071.

Eureka Rhody Meeting. 7 p.m. Eureka Woman's Club, 1531 J St. Don Wallace speaks on "Hybridizing for Beginners." Refreshments served. Questions: 443-1291. Free. www.eurekawomansclub.org.

ETC

Community Board Game Night. Last Wednesday, Thursday of every month, 6-9 p.m. Bayside Grange Hall, 2297 Jacoby Creek Road. See April 27 listing.

Sip and Knit. 6 p.m. NorthCoast Knittery, 320 Second St., Eureka. See April 21 listing.

Standard Magic Tournament. 6-10 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. See April 21 listing.

Fern Cottage Tour. 11-3 a.m. Fern Cottage, 2121 Centerville Road, Ferndale. See April 21 listing.

Heads Up This Week

The Board of Directors for Redwood Coast Regional Center seeks board members in Del Norte, Humboldt and Lake counties. Application deadline May 15. Call 445-0893, ext. 317.

Nominations for the 2016 Outstanding Contributions to the Arts Award are now open. Nomination can be made by letter and returned to the Humboldt Arts Council 636 F Street, Eureka. Deadline is May 27.

North Coast Community Garden Collaborative seeks donated garden supplies, monetary donations and/or volunteer time. For more information, contact 269-2071 or debbiep@nrsrcaa.org.

The Superior Court of California, County of Humboldt is accepting applications for the Humboldt County Civil Grand Jury for fiscal year 2016-17. For more information, call 269-1200 or visit www.humboldt.courts.ca.gov.

Volunteers needed for the Arcata Marsh Interpretive Center. Call 826-2359 or email amic@cityofarcata.org.

Stokes, Hamer, Kaufman & Kirk is looking for artists to show work during Arts! Arcata. Call 822-1771 or email jenny@shkklaw.com.

Beginning in April 2016, the Arcata Theatre Lounge is donating one free night a month to a qualified nonprofit for fundraising events. Email info@arcatatheatre.com.

Space reservations for local youth-focused groups now being accepted for the Best of Humboldt Youth Expo at Redwood Acres in June. Reserve by calling 445-3037.

The Mateel Community Center is accepting applications for the Community Fine Arts Tent at Summer Arts (deadline May 15). Email samarttent@yahoo.com or call 513-5566.

Arcata Soroptimists scholarship applications are available in the attendance office at Arcata High School, at www.2.humboldt.edu/finaid/scholarships.html, at the College of the Redwoods financial aid office and by emailing Scholarships@ Redwoods.edu or siarcata@soroptimist.net.

Humboldt Area Center for Harm Reduction seeks donations of clean and gently used coats, sleeping bags/blankets, socks, gloves and hats for its "Anything Warm" donation drive. For drop off locations, call 601-6221.

Volunteers wanted for Eureka VA clinic. Call 269-7502.



You can't sit with us.

Welcome to the Jungle

Jungle Book brings back wonder

By John J. Bennett
filmland@northcoastjournal.com

Reviews

THE JUNGLE BOOK. The last few years have made me almost as wary of children's movies as I am of remakes. Both seem increasingly crass: uninspired excuses to cash in on younger moviegoers' short memories and shorter-lived sense of joy and wonder. I can still recall the feeling I got from a great movie experience when I was little, even as the ravages of time and chemicals render those feelings as faint echoes of once symphonic outbursts. So it pains me a little to watch contemporary kid's movies that are empty of real feeling, dedicated instead to conspicuous consumption, the creation of digital worlds that, while often gorgeous, just as often feel hollow and antiseptic. It strikes me that kids today are being forced to settle for less-than-wonder at the movies, and that pains me. Then again, each day I draw one step closer to the reliquary and my protestations sound ever more like those of a bitter old man. Let the children enjoy their afternoon; I just think they deserve better. And with Disney and director Jon Favreau's (*Chef*, *Made*, *Zathura*) version of *The Jungle Book*, they shall have it.

Nearly 50 years have elapsed since the release of the original animated version of this story (before even my time), but some of its elements must have filtered down to subsequent generations. Disney re-released the movie at least once in my childhood, so *The Bare Necessities* is on the soundtrack of my youth. Time enough has passed, though, that a remake, particularly one that (finally) makes constructive use of the dazzling technology available now, feels more like a tribute than a greedy betrayal.

The man-cub Mowgli (newcomer Neel Sethi) is found alone in the jungle as an infant by the kindly panther Bagheera (Ben Kingsley). Bagheera entrusts him to the care of Raksha the wolf (Lupita Nyong'o), who raises him as part of her pack. Years pass in peace and harmony, despite Mowgli's occasional struggles to keep up and fit in with his lupine siblings. When a drought forces a truce among all the species of the jungle, though, it draws scarred, hateful tiger Shere Khan (Idris Elba) down from his hunting grounds and into conflict with, well, everybody. Upon learning that the wolves harbor him, Shere Khan will stop at nothing to kill Mowgli in revenge for a long-ago injury at the hands of a man. So Mowgli takes it upon himself to leave, thereby removing the threat to his family's safety. Too little, too late though: As Bagheera leads the boy toward the village of men, Shere Khan terrorizes the wolf-pack and sets out after his quarry. Along the way, Mowgli falls in with the bear Baloo (Bill Murray), has a trippy exchange with the serpent Kaa (Scarlett Johansson) and butts heads with the formidable King Louie (Christopher Walken), all the while learning about identity, individuality and community.

Continued on next page »

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The jungle fascinates, intrigues and (thanks to watching *Predator* and *Apocalypse Now* at impressionable ages) horrifies me. And Favreau's vision of it, completely digital, save Sethi's live performance, is the first evocation immersive enough to bring me back to the wonder of childhood. To my eye, this is the best application of contemporary imaging technology so far. (A brash claim, I know, but I'll stand by it). The effects are seamless, the animal characters true to life and the cumulative effect is of grand adventure. The movie refuses to talk over children's heads, or wink at the parents in the audience. Instead, it uses beautiful imagery to shore up an already strong story — you know, like great cinema. *PG. 106M. BROADWAY, FORTUNA, MILL CREEK.*

— John J. Bennett

For showtimes, see the Journal's *listings at www.northcoastjournal.com or call: Broadway Cinema 443-3456; Fortuna Theatre 725-2121; Mill Creek Cinema 839-3456; Richards' Goat Miniplex 630-5000.*

Previews

HELLO, MY NAME IS DORIS. Sally Field plays an office worker who gets her second wind pursuing a young man. *R. 95M. BROADWAY, MILL CREEK.*

HUNTSMAN: WINTER'S WAR. Like a scary, couture *Frozen*, with Liam Hemsworth as the fairytale hero embroiled in sister drama. Starring Charlize Theron and Emily Blunt as good and evil queens. *PG13. 114M. BROADWAY, FORTUNA, MILL CREEK.*

Continuing

10 CLOVERFIELD LANE. This tight, paranoid, claustrophobic thriller of a monster movie is well-acted, compelling and enjoyable from first frame to last. Starring Mary Elizabeth Winstead and John Goodman. *PG13. 105M. BROADWAY.*

BARBERSHOP: THE NEXT CUT. Ice Cube returns as Calvin, trying to save his shop and his neighborhood with the world's chattiest employees. With Cedric the Entertainer and Eve. *PG13. 112M. BROADWAY, MILL CREEK.*

BATMAN V. SUPERMAN: DAWN OF JUSTICE. Ben Affleck is surprisingly solid as the new Batman, but neither he nor Henry Cavill's sturdy jaw can save this high-production cacophony of collapsing buildings, baffling dream sequences, congressional hearings and rushed exposition. *PG-13. 151M. BROADWAY, FORTUNA.*

THE BOSS. Riches-to-rags-to-riches isn't new, but Melissa McCarthy, as a fallen CEO making a bakesale comeback, sweetens the deal with cutting asides and hilarious dialogue. With Peter Dinklage as her business-bushido ex. *R. 99M. BROADWAY FORTUNA, MILL CREEK.*

CRIMINAL. The memories of a CIA spook (Ryan Reynolds) are dumped into the brain of an ex-con (Kevin Costner), who must now finish off a bad guy and save the world. *R. 113M. BROADWAY.*

DEADPOOL. A bloody, clever, distinctly adult Marvel vehicle for Ryan Reynolds' weird charisma. A fun break from the steady flow of grim comic adaptations. *R. 108M. BROADWAY.*

EYE IN THE SKY. A remote operation gets morally, tactically and politically tricky when a child wanders into the line of fire. Don't worry: Helen Mirren is handling it. *R. 102M. BROADWAY, MILL CREEK.*

MIRACLES FROM HEAVEN. Jennifer Garner stars as a woman on a mission for her ill daughter, whose recovery stumps doctors. *PG. 109M. BROADWAY.*

ZOOTOPIA. An animated animal take on the odd-couple buddy movie with Jason Bateman, Ginnifer Goodwin and Idris Elba. *PG. 108M. BROADWAY, MILL CREEK.*

— Jennifer Fumiko Cahill ●





Workshops & Classes

List your class – just $4 per line per issue! Deadline: Friday, 5pm.

Place your online ad at **classified.northcoastjournal.com** or e-mail: **classified@northcoastjournal.com**

Listings must be paid in advance by check, cash or Visa/MasterCard. Many classes require pre-registration.

Arts & Crafts

POTTERY CLASSES AT FIRE ARTS: Next session March 28 - June 4, 2016 Full schedule of classes @fireartsarcata.com or call 707-826-1445. Sign up today ! 520 South G St. Arcata (AC-0421)

SEWING, FASHION, FITTING, & QUILTING CLASSES Learn to sew, fit patterns, & design styles. We teach everything from basic sewing & quilting to corsets & costumes. Visit eurekafabrics.com and sign up today! (707) 442-2646 eurekafabrics@me.com www.eurekafabrics.com

Communication

DEMONS, SATAN EXPLORED AT LIFETREE CAFÉ Demons, exorcism, and the existence of the devil will be examined at Lifetree Café on Sunday, April 27 at 7 p.m. The program, titled "Is the Devil Real: An Exorcist Tells All,"features interviews with people who claim to have had encounters with demons, including a clergyman who has conducted many exorcisms ˙ the removal of demonic spirits. Lifetree Café is a Free Conversation Café - Snacks and Beverages. Located on the Corner of Union and 13th, Arcata. 707 672 2919 or bobdipert@hotmail.com or ww.lifetreecafe.com (C-0421)

Dance/Music/Theater/Film

DANCE WITH DEBBIE: Beginning and Intermediate classes in Swing, Latin, & Ballroom dance. Group and private lessons. First dance choreography and coaching for weddings. Find us on Facebook! (707) 464-3638, debbie@dancewithdebbie.biz (707) 464-3638, debbie@dancewithdebbie.biz (D-0428)

GUITAR/PIANO LESSONS. All ages, beginning & intermediate. Seabury Gould (707)845-8167. (DMT-0428)

KIRTAN IN HONOR OF HANUMAN'S BIRTHDAY. AT OMSHALA YOGA. With SitaRam Dass, and his band.Saturday April 23 7-9pm. we will have a Joy-filled evening of kirtan in honor of Hanuman's birthday! Hanuman is the great monkey god and the embodiment of compassion, devotion and bliss. $10-$20 suggested donation. 858 10th st., Arcata. 825-YOGA(9642) (DMT-0421)

MUSIC LESSONS. Piano, Guitar, Voice, Flute, etc. Piano tuning, Instrument repair. Digital multi-track recording. (707) 382-9468. (DMT-0428)

REDWOOD RAKS WORLD DANCE STUDIO, ARCATA. West African, Belly Dance, Tango, Salsa, Swing, Breakdance, Jazz, Tap, Modern, Zumba, Hula, Congolese, more! Kids and Adults, (707) 616-6876 shoshannaRaks@gmail.com (DMT-0428)

STEEL DRUM CLASSES. Beginning Classes Level 1 Fri's. 10:00-:11:00a.m, Level 2 Fri's. 11:00-12:00p.m. Intermediate Thu's., 6:30-7:30p.m. Pan Arts Network 1049 Samoa Blvd. Suite C. Call (707) 407-8998. panartsnetwork.com (DMT-0428)

WEST AFRICAN DANCE W/ LIVE DRUMMING. $10 donation $5 for Students Tuesday All Level Community Class 5:30-7 Redwood Raks Dance Studio, Arcata Contact Heather 707-834-3610 Facebook Arcata West African Dance (DMT-0428)

Fitness

NORTH COAST FENCING ACADEMY. Fencing (with swords!). Improve your mind and body in a fun, intense workout. New classes begin the first Mon. of every month. Ages 8 to 80+ Email: northcoastfencingacademy@gmail.com or text, or call Justin at 707 601-1657. 1459 M Street, Arcata, northcoastfencing.tripod.com (F-0428)

SUN YI'S ACADEMY OF TAE KWON DO. Classes for kids & adults, child care, fitness gym & more. Tae Kwon Do Mon-Fri 5-6 p.m., 6-7 p.m., Sat 10-11 a.m. Come watch or join a class, 1215 Giuntoli Lane, or visit www.sunyisarcata.com, 825-0182. (F-0428)

ZUMBA WITH MARLA JOY. Elevate, Motivate, Celebrate another day of living. Exercise in Disguise. Now is the time to start, don't wait. All ability levels are welcome. Every Mon. and Thurs. at Bayside Grange 6-7 p.m., 2297 Jacoby Creek Rd. $6/$4 Grange members. (707) 845-4307 marlajoy.zumba.com (F-0428)

Kids & Teens

POTTERY CLASSES AT FIRE ARTS: Next session March 28 - June 4, 2016 Full schedule of classes @fireartsarcata.com or call 707-826-1445. Sign up today ! 520 South G St. Arcata (K-0421)

Lectures

HEARTWOOD INSTITUTE - REGENERATIVE WATER HARVESTING AND LAND RESTORATION TRAINING. Garberville. Under the direction of a master builder, you will develop holistic design approaches to create site-specific solutions. April 29-May 1. HeartwoodInstitute.org (L-0421)

VITICULTURE 101. This course will cover selecting grape variety, growing seasons, soil preparation, pest and mold management, and will include a field trip to a vineyard for hands-on practice. With Wil Franklin. Thurs./Fri./Sat., May 19-21, Thurs: 5:30 -7 p.m, Fri: 9:30 a.m.-4 p.m, Sat: 9 a.m.-3 p.m. Fee:$265. To enroll, call HSU College of eLearning & Extended Education at 826-3731 or visit www.humboldt.edu/extended. (L-0428)

50 and Better

OSHER LIFELONG LEARNING INSTITUTE (OLLI). Offers dynamic classes for people age 50 and over. Call 826-5880 or visit www.humboldt.edu/olli to register for classes (O-0428)

20TH CENTURY HISTORY THROUGH NEW YORKER CARTOONS WITH RAY RAPHAEL. EXPLORE THE DEEPER MEANINGS AND AMUSING IRONIES OF SOCIAL, CULTURAL AND POLITICAL HISTORY. Tues., Wed., & Thurs., April 26-28 from 2 -4 p.m. OLLI Members $55/all others add $25 non-member fee. For more information call OLLI: 826-5880 or visit us online at www.humboldt.edu/olli (O-0421)

A FILM UNFINISHED WITH MICHAEL COOLEY. This 2010 documentary explores a lost reel of film, rediscovered after the fall of the Berlin Wall, photographed by the Nazis from inside the Warsaw Ghetto. Fri., May 6 from 6-9 p.m. OLLI Members $10/all others add $25 non-member fee. For more information call OLLI: 826-5880 or visit us online at www.humboldt.edu/olli (O-0428)

MOVEMENT: ESSENTIAL FOUNDATION TO FITNESS WITH COREY JUNG. Learn to feel, move and perform better in activities of daily living to meet your health and fitness goals. Sat., May 7 & Sun., May 8 from 12-3 p.m. OLLI Members $45/all others add $25 non-member fee. For more information call OLLI: 826-5880 or visit us online at www.humboldt.edu/olli (O-0428)

POTTERY CLASSES AT FIRE ARTS: Next session March 28 - June 4, 2016 Full schedule of classes @fireartsarcata.com or call 707-826-1445. Sign up today ! 520 South G St. Arcata (O-0421)

RESTORATION AND RENEWAL AT REDWOOD NATIONAL AND STATE PARKS: THE LOWER PRAIRIE CREEK PROJECT WITH JIM WHEELER. Join us for a discussion of restoration practices and an all-day field trip in the parks. Thurs., April 28, 12 -2 p.m.& Sat., April 30, 9 a.m.- 4:30 p.m. OLLI Members $75/all others add $25 non-member fee. For more information call OLLI: 826-5880 or visit us online at www.humboldt.edu/olli (O-0417)

THE YOGA OF PUBLIC SPEAKING WITH YUSEF HAYES. This innovative course combines the philosophy of modern yoga practice with the art of human communication. Sat., May 7 & Sun., May 8 from 10 a.m.-4 p.m. OLLI Members $55/all others add $25 non-member fee. For more information call OLLI: 826-5880 or visit us online at www.humboldt.edu/olli (O-0428)

TURKEY: THE TOUR WITHOUT THE AIRFARE WITH ROLAND LAMBERSON AND RICK VREM. Visit the crossroads of Europe and Asia, a land of epic history, ancient ruins, classic civilizations, and current turmoil. Thurs., May 5 from 6-8 p.m.OLLI Members $30/all others add $25 non-member fee. For more information call OLLI: 826-5880 or visit us online at www.humboldt.edu/olli (O-0428)

Spiritual

TONGLEN WORKSHOP A dynamic and transformative practice, called breathing in the dark and breathing out the light, this tonglen for our own suffering is an ancient tool for peace of mind.Sat. May 7, 9 AM - 1 PM with Swami Girijananda. $50, includes book & CD. For details see web, call or email. (707) 633-5072 girijamoran@hotmail.com www.swamigirijananda.com

KDK ARCATA BUDDHIST GROUP. Practice Tibetan Meditation on Loving-Kindness and Compassion in the Kagyu tradition, followed by a study group. Sun's., 6 p.m, Community Yoga Center 890 G St, Arcata. Contact Lama Nyugu (707) 442-7068, Fierro_roman@yahoo.com, www.kdkarcatagroup.org (S-0428)

TAROT AS AN EVOLUTIONARY PATH. Classes in Eureka, and Arcata. Private mentorships, readings. Carolyn Ayres. 442-4240 www.tarotofbecoming.com (S-0428)

ARCATA ZEN GROUP MEDITATION. Beginners welcome. **ARCATA**: Sunday 7:55 a.m., Trillium Dance Studio, 855 8th St (next to the Post Office). Dharma talks are offered two Sundays per month at 9:20 a.m. following meditation. For more info. call (707) 826-1701 or visit arcatazengroup.org **EUREKA**: Wed's, 5:55 p.m., First Methodist Church, 520 Del Norte St., enter single story building between F & G on Sonoma St, room 12. For more info. call (707) 845-8399 or visit barryevans9@yahoo.com . (S-0428)

HEALING Why? How? When? Who? Where? Facilitator - Paula Elizabeth Jones and Family. April 23, 2016 at Humboldt Area Foundation at 363 Indianola Rd., Bayside at 4:45pm prompt. Performing music, dance, poetry, and serving food. Donation appreciated. Loving all Eternally. Thank you. Questions please call 707-601-5228. (S-0421)

UNITY OF THE REDWOODS. Join us at Unity Church of the Redwoods, where love is felt, truth is taught, lives are transformed, and miracles happen. Services begin each Sun. at 11 a.m. 1619 California St., Eureka. Please stay for snacks and conversation after service. (707) 444-8725 (message), www.unityoftheredwoods.org (S-0428)

Therapy & Support

ALCOHOLICS ANONYMOUS. We can help 24/7, call toll free 1-844 442-0711. (T-0428)

SEX/ PORN DAMAGING YOUR LIFE & RELATIONSHIPS? Confidential help is available. 825-0920, saahumboldt@yahoo.com or (TS-0428)

SMOKING POT? WANT TO STOP? www.marijuana-anonymous.org (T-0421)

Vocational

MEDICAL ASSISTING WILL BE OFFERED AUGUST 2016! Informational Meeting: May 4, 2016 3:00 pm - 5:00 pm at 525 D street Eureka, CA, Meet the instructor and learn about the program applications will be available at the meeting. Application period remains open for one week. For more information call College of the Redwoods Community Education 707/476-4500 (V-0421)

Wellness & Bodywork

AYURVEDIC COOKING IMMERSION. 5-Day Certification @ NW Institute of Ayurveda, w/Bharata Surya, June 22-26 (Deadline: June 20) $500 Register: www.ayurvedicliving.com, (707) 601-9025 (W-0616)

MASSAGE SCHOOL INFORMATION NIGHT AT ARCATA SCHOOL OF MASSAGE. Free discussion with Director Tobin Rangdrol about massage school. Tuesday, May 17 at 5 p.m. No registration necessary. Visit arcatamassage.com or call (707) 822-5223 for info. (W-0428)

YOGA AND SOUND BATH BY CANDLELIGHT. At Om Shala Yoga. With Shemia and Healing Crew. Friday April 22, 7:30-9pm. A deep, potent, 75 minute evening yoga sequence by candlelight; combined with sound bath, hands on healing, aroma therapy, and live music. www.omshalayoga.com/sound-bath. $20. 858 10th St., Arcata. 825-YOGA(9642) (W-0421)

SOMATIC AWARENESS SERIES. AT OM SHALA YOGA. With James Humecky. Saturday April 30-Sunday May 1. 4 class series. These workshops teach simple methods for releasing deep tension patterns in the body, creating more awareness of the body as a holistic organism. www.omshalayoga.com/somatic-awareness-series. $25. a class or $150. for series, early bird pricing available. 10th st., Arcata. 825-YOGA(9642) (W-0421)

DANDELION HERBAL CENTER CLASSES WITH JANE BOTHWELL. Visiting Teachers Series with Amanda McQuade-Crawford. May 7-8. In this weekend class, Amanda covers Women's Health, Weight Loss without Tears, and Healing Foods! Medicinal Cannabis Conference. April 23-24, 2016. Presenters are international, national and local experts that will utilize substantiated research and experience to advance your knowledge base on Cannabis to the next level! Presenters include Donald Abrams, MD; Ethan Russo, MD; Dustin Sulak, DO; and more! Intermediate Herbology. April 20 - June 8, 2016. 8 Wed. evenings. Delve deeper into herbal therapeutics from a holistic perspective. Learn in-depth material medica, therapeutics, flower essences, wild foods, formulations and harvesting. Register online www.dandelionherb.com or call (707) 442-8157. (W-0421)

YOGA IN FORTUNA THURS 9:30AM - 10:45AM W/LAURIE BIRDSONG. Multigenerational Center 2280 Newburg Rd. Breathe, stretch, strengthen the body, calm the mind. All levels. $11 drop-in or 6 class pass $57. Scholarships avail. info Laurie 362-5457 (W-0428)

SUBMIT your CALENDAR EVENTS

ONLINE
northcoastjournal.com
OR BY
E-MAIL
calendar@northcoastjournal.com

PRINT DEADLINE: Noon Thursday, the week before publication

Miller Farms
WORKSHOPS



Wildflower Adventures with Donna Wildearth
Sat., April 23rd at 1:00 p.m.
In this workshop Donna will talk about some of her wildflower adventures and will share information about where and when to see local wildflowers and opportunities for participating in plant walks and other activities with the local chapter of the California Native Plant Society. FREE.



Moss Baskets with Georgia O'Barr
Sat., April 30 at 10:30 a.m
This is a hands on class on how to make beautiful "Victorian" Moss Baskets. You will get to construct your own basket using the materials and plants we provide.
Class Fee: $50.00 (includes all materials)
Sign up early, space is limited.

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NOTICE OF PETITION TO ADMINISTER ESTATE OF ANTHONY JOHN CARTER, also known as ANTHONY J. CARTER and TONY CARTER CASE NO. PR160115

To all heirs, beneficiaries, creditors, contingent creditors and persons who may otherwise be interested in the will or estate, or both, ANTHONY JOHN CARTER, also known as ANTHONY J. CARTER and TONY CARTER

A PETITION FOR PROBATE has been filed by Petitioner, Hugh Reilly In the Superior Court of California, County of Humboldt. The petition for probate requests that Hugh Reilly be appointed as personal representative to administer the estate of the decedent.

THE PETITION requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by court.

THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held on June 23, 2016 at 2:00 p.m. at the Superior Court of California, County of Humboldt, 825 Fifth Street, Eureka, in Dept.: 8.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

ATTORNEY FOR PETITIONER:
Eric Danoff
10 Craig Avenue
Piedmont, CA 94611
(510) 654-2703
Filed: April 15, 2016
SUPERIOR COURT OF CALIFORNIA
COUNTY OF HUMBOLDT

4/21, 4/28, 5/5 (16-096)

NOTICE OF PETITION TO ADMINISTER ESTATE OF WILLIAM OWEN WOLD CASE NO. PR160106

To all heirs, beneficiaries, creditors, contingent creditors and persons who may otherwise be interested in the will or estate, or both, WILLIAM OWEN WOLD

A PETITION FOR PROBATE has been filed by Petitioner,Shirley Cushman In the Superior Court of California, County of Humboldt. The petition for probate requests that Shirley Cushman be appointed as personal representative to administer the estate of the decedent.

THE PETITION requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by court.

THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held on April 28, 2016 at 2:00 p.m. at the Superior Court of California, County of Humboldt, 825 Fifth Street, Eureka, in Dept.: 8.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

ATTORNEY FOR PETITIONER:
Kenneth M. Bareilles
533 E Street
Eureka, CA 95501
(707) 443-9338
Filed: April 4, 2016
SUPERIOR COURT OF CALIFORNIA
COUNTY OF HUMBOLDT

4/7, 4/14, 4/21 (16-088)

NOTICE OF PETITION TO ADMINISTER ESTATE OF MARTIN J. SINTIC, a/k/a MARTIN JAMES SINTIC CASE NO. PR160119

To all heirs, beneficiaries, creditors, contingent creditors and persons who may otherwise be interested in the will or estate, or both, MARTIN J. SINTIC, a/k/a MARTIN JAMES SINTIC

A PETITION FOR PROBATE has been filed by Petitioner, Samantha May Primofiore In the Superior Court of California, County of Humboldt. The petition for probate requests that Samantha May Primofiore be appointed as personal representative to administer the estate of the decedent.

THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held on May 12, 2016 at 2:00 p.m. at the Superior Court of California, County of Humboldt, 825 Fifth Street, Eureka, in Dept.: 8.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

ATTORNEY FOR PETITIONER:
James D. Poovey
937 6th Street
Eureka, CA 95501
Filed: April 13, 2016
SUPERIOR COURT OF CALIFORNIA
COUNTY OF HUMBOLDT

4/21, 4/28, 5/5 (16-095)

T.S. No. 032213-CA APN: 507-422-018-000 NOTICE OF TRUSTEE'S SALE

Pursuant to CA Civil Code 2923.3 IMPORTANT NOTICE TO PROPERTY OWNER: YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 1/23/2004. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER On 5/10/2016 at 11:00 AM, CLEAR RECON CORP., as duly appointed trustee under and pursuant to Deed of Trust recorded 2/9/2004, as Instrument No. 2004-4527-26, of Official Records in the office of the County Recorder of Humboldt County, State of CALIFORNIA executed by: KENNETH R BAKER, AN UNMARRIED MAN WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH, CASHIER'S CHECK DRAWN ON A STATE OR NATIONAL BANK, A CHECK DRAWN BY A STATE OR FEDERAL CREDIT UNION, OR A CHECK DRAWN BY A STATE OR FEDERAL SAVINGS AND LOAN ASSOCIATION, SAVINGS ASSOCIATION, OR SAVINGS BANK SPECIFIED IN SECTION 5102 OF THE FINANCIAL CODE AND AUTHORIZED TO DO BUSINESS IN THIS STATE: AT THE FRONT ENTRANCE TO THE COUNTY COURTHOUSE, 825 5TH ST., EUREKA, CA 95501 all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State described as: LOT 104, TRACT NO. 149, CHEVRET VAISSADA SUBDIVISION UNIT NO. 4, FILED SEPTEMBER 26, 1979, IN THE OFFICE OF THE HUMBOLDT COUNTY RECORDER, IN BOOK 17 OF MAPS, PAGES 22, 23 AND 24 The street address and other common designation, if any, of the real property described above is purported to be: 3201 ZELIA COURT ARCATA, CALIFORNIA 95521 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be held, but without covenant or warranty, express or implied, regarding title, possession, condition, or encumbrances, including fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust, to pay the remaining principal sums of the note(s) secured by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is: $196,855.47 If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (844) 477-7869 or visit this Internet Web site WWW.STOXPOSTING.COM, using the file number assigned to this case 032213-CA. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. FOR SALES INFORMATION: (844) 477-7869 CLEAR RECON CORP. 4375 Jutland Drive Suite 200 San Diego, California 92117

4/14, 4/21, 4/28 (16-088)

AMENDED SUMMONS CASE NUMBER: DR160105 NOTICE TO DEFENDANT: Edward Christen, Heinrika Christen, and all persons unknown, claiming any legal or equitable right, title, estate, lien, or interest in the Property adverse to Plaintiff's title, or any cloud on Plaintiff's title to the Property as Does 1 through 50, Inclusive, YOU ARE BEING SUED BY PLAINTIFF: Francis Christen

NOTICE! You have been sued. The court may decide against you without your being heard unless you respond within 30 days. Read the information below. You have 30 CALENDAR DAYS after this summons and legal papers are served on you to file a written response at this court and have a copy served on the plaintiff. A letter or phone call will not protect you. Your written response must be in proper legal form if you want the court to hear your case. There may be a court form that you can use for your response. You can find these court forms and more information at the California Courts Online Self-Help Center www.courtinfo.ca.gov/selfhelp), your county law library, or the courthouse nearest you. If you cannot pay the filing fee, ask the court clerk for a fee waiver form. If you do not file your response on time, you may lose the case by default, and your wages, money, and property may be taken without further warning from the court. There are other legal requirements. You may want to call an attorney right away. If you do not know an attorney, you may want to call an attorney referral service. If you cannot afford an attorney, you may be eligible for free legal services from a nonprofit legal services program. You can locate these nonprofit groups at the California Legal Services Web site (www.lawhelpcalifornia.org), the California Courts Online Self-Help Center (www.courtinfo.ca.gov/self-help), or by contacting your local court or county bar association. NOTE: The court has a statutory lien for waived fees and costs on any settlement or arbitration award of $10,000 or more in a civil case. The court's lien must be paid before the court will dismiss the case. The name and address of the court is: SUPERIOR COURT OF CALIFORNIA, COUNTY OF HUMBOLDT 825 Fifth

Continued on next page »

Street, Eureka, CA 95501 The name, address, and telephone number of the plaintiff's attorney, or plaintiff without an attorney is: Richard Smith, The Harland Law Firm LLP, 622 H Street, Eureka, CA 95501, (707) 444-9281 Date: MAR 25, 2016. This action is a Quiet Title action to determine title to that real property commonly known as Humboldt County Assessor Parcel Number 106 -041-002, and is more particularly described as that real property situate in the County of Humboldt, State of California, described as follows: PARCEL ONE: BEGINNING at the corner to Sections 33 and 34 on the Township line between Townships 2 and 3 North, Range 1 West, Humboldt Meridian; and running thence North 40 degrees West 49 chains to the bank of Eel River; thence along the said bank of Eel River, South 64 degrees East 35 5/100 chains to the section line dividing Sections 33 and 34, Township 3 North, Range 1 West, Humboldt Meridian; thence in Section 34 South 72 degrees East 8 7/100 chains; thence South 62 degrees East 9 14/100 chains; thence South 25 1/2 degrees East 9 90/100 chains; thence South 24 1/2 degrees East 7 9/100 chains to the Township line between Townships 2 and 3 North, Range 1 West, Humboldt Meridian; thence West on the said Township line to the place of beginning, being a part of the Southeast Quarter of Section 33 and a fractional part of the Southwest Quarter of Section 34, Township 3 North, Range 1 West, Humboldt Meridian. PARCEL TWO: BEGIN at a point situate North 40 degrees West, distant 49 chains from the corner to Sections 33 and 34 on the South boundary of Township 3 North of Range 1 West, Humboldt Meridian, said point being the Northwest corner of S & O Survey, No. 253, Humboldt County Survey Records; thence North 37 degrees 40 minutes East 21.27 chains, South 67 1/4 degrees East 22.64 chains South 26 degrees West 21.80 chains orth 64 degrees 40 minutes West 26.90 chains to the point of beginning.

4/7, 4/14, 4/21, 4/28 (16-084)

REQUEST FOR ORDER FOR CHILD CUSTODY, MODIFICATION, VISITATION AND DISSOLUTION CASE NUMBER: FL090016

TO: Jennifer Adams
A hearing on this request for order will be held as follows: If child custody or visitation is an issue in this proceeding, Family Code section 3170 requires mediation before or at the same time as the hearing

Date: May 10, 2016
Time: 1:45 p.m., Dept. 6
SUPERIOR COURT
OF CALIFORNIA,
COUNTY OF HUMBOLDT
825 FIFTH STREET
EUREKA, CA 95501
Date: March 25, 2016
Filed: March 25, 2016
/s/ Dale A. Reinholtsen
Judge of the Superior Court

You are ordered to appear in court at the date and time listed to give any legal reason why the orders requested should not be granted.
Request for Order and Supporting Declaration
Respondent: Eddie Adams re. custody of Michaelyn Adams and Neveah Adams
Child Visitation (Parenting Time)

The name, address, and telephone number of plaintiff's attorney, or plaintiff without an attorney, is:
Christina J. Allbright
917 3rd Street
Eureka, CA 95501

4/7, 4/14, 4/21, 4/28 (16-086)

FICTITIOUS BUSINESS NAME STATEMENT 16-00200

The following person is doing Business as **EUREKA CAR STEREO**
Humboldt, 1459 Broadway,
Eureka, CA 95501
Craig Lord
1420 G Street, Eureka, CA 95501
The business is conducted by An Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars ($1,000).
/s Craig Lord, Owner
This statement was filed with the County Clerk of Humboldt County on March 17, 2016
KELLY E. SANDERS
Humboldt County Clerk
By: mm, Deputy Clerk

3/31, 4/7, 4/14, 4/21 (16-074)

FICTITIOUS BUSINESS NAME STATEMENT 16-00197

The following person is doing Business as **ORGANIC ART**
Humboldt, 3550 Thomas Rd.,
Miranda, CA 95553
PO Box 741,
Miranda, CA 95553
Amy S Arcuri
3550 Thomas Rd,
Miranda, CA 95553
Brian T Quinn
3550 Thomas Rd.
Miranda, CA 95553
The business is conducted by A General Partnership.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars ($1,000).
/s Amy Arcuri
This statement was filed with the County Clerk of Humboldt County on March 16, 2016
KELLY E. SANDERS
Humboldt County Clerk
By: aa, Deputy Clerk

3/31, 4/7, 4/14, 4/21 (16-076)

FICTITIOUS BUSINESS NAME STATEMENT 16-00228

The following person is doing Business as **HUMBOLDT KOMBUCHA**
3553 Middlefield Ln
Eureka, CA 95501
Maranda A Vargas
3553 Middlefield Ln
Eureka, CA 95501
The business is conducted by An Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars ($1,000).
/s Maranda Vargas, Owner
This statement was filed with the County Clerk of Humboldt County on March 29, 2016
KELLY E. SANDERS
Humboldt County Clerk
By: aa, Deputy Clerk

4/7, 4/14, 4/21, 4/28 (16-082)

FICTITIOUS BUSINESS NAME STATEMENT 16-00219

The following person is doing Business as **LUNAMORE**
Humboldt, 41 Magic Ln,
Arcata, CA 95521
Trilby R Francis-Gustafson
41 B Magic Lane
Arcata, CA 95521
Suzanne M Nye
41 Magic Lane
Arcata, CA 95521

The business is conducted by A General Partnership.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars ($1,000).
/s Trilby R. Francis-Gustafson, Partner
This statement was filed with the County Clerk of Humboldt County on March 28, 2016
KELLY E. SANDERS
Humboldt County Clerk
By: sc, Deputy Clerk

3/31, 4/7, 4/14, 4/21 (16-0777)

FICTITIOUS BUSINESS NAME STATEMENT 16-00249

The following person is doing Business as
HUMBOLDT GENETICS
Humboldt, 1497 Glendale Dr
McKinleyville, CA 95519
PO Box 906
Blue Lake, CA 95525
Josh Z Waldrop
170 Dutch Ln
Arcata, CA 95521

The business is conducted by An Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars ($1,000).
/s Josh Waldrop, Owner
This statement was filed with the County Clerk of Humboldt County on April 7, 2016
KELLY E. SANDERS
Humboldt County Clerk
By: aa, Deputy Clerk

4/14, 4/21, 4/28, 5/5 (16-093)

FICTITIOUS BUSINESS NAME STATEMENT 16-00262

The following person is doing Business as
ELDERWOOD WELLNESS
Humboldt, 618 Harris St
Eureka, CA 95501
3199 Trinity St
Eureka, CA 95501
Monica J Haynes
3199 Trinity Street
Eureka, CA 95501

The business is conducted by An Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars ($1,000).
/s Monica J Haynes, Owner
This statement was filed with the County Clerk of Humboldt County on April 13, 2016
KELLY E. SANDERS
Humboldt County Clerk
By: sc, Deputy Clerk

4/21, 4/28, 5/5, 5/12 (16-094)

FICTITIOUS BUSINESS NAME STATEMENT 16-00247

The following person is doing Business as
HUMBOLDT MEDIBLES / YETIBLES
Humboldt, 1001 Milton Ave Unit B
Ferndale, CA 95536
Theodore W Horner
1001 Milton Ave Unit B
Ferndale, CA 95536
PO Box 1431
Ferndale, CA 95536

The business is conducted by An Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars ($1,000).
/s Theodore Horner, Owner
This statement was filed with the County Clerk of Humboldt County on April 7, 2016
KELLY E. SANDERS
Humboldt County Clerk
By: aa, Deputy Clerk

4/14, 4/21, 4/28, 5/5 (16-091)

FICTITIOUS BUSINESS NAME STATEMENT 16-00248

The following person is doing Business as
VITALITY
Humboldt, 517 3rd St #12 & #13
Eureka, CA 95501
1489 Railroad Dr
McKinleyville, CA 95519
Angelina M Henderson
1489 Railroad Dr
McKinleyville, CA 95519

The business is conducted by An Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars ($1,000).
/s Angelina Henderson, Owner
This statement was filed with the County Clerk of Humboldt County on April 7, 2016
KELLY E. SANDERS
Humboldt County Clerk
By: aa, Deputy Clerk

4/14, 4/21, 4/28, 5/5 (16-092)

FICTITIOUS BUSINESS NAME STATEMENT 16-00235

The following person is doing Business as
EAGER BEAVER TREE SERVICE
Humboldt, 2119 Serenity Ln
Eureka, CA 95503
Steven C Brown
2119 Serenity Ln
Eureka, CA 95503

The business is conducted by An Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars ($1,000).
/s Steven Brown, Owner
This statement was filed with the County Clerk of Humboldt County on April 1, 2016
KELLY E. SANDERS
Humboldt County Clerk
By: aa, Deputy Clerk

4/7, 4/14, 4/21, 4/28 (16-085)

FICTITIOUS BUSINESS NAME STATEMENT 16-00246

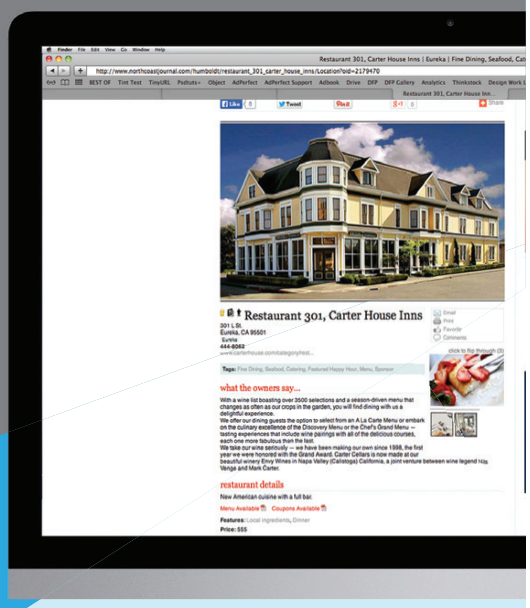
The following person is doing Business as
WATERSHED TEAS
Humboldt, 4369 Myrtle Ave
Eureka, CA 95503
Steven E Dugger
4639 Myrtle Ave
Eureka, CA 95503
Jameson A Collins
1060 Hwy 299
Salyer, CA 95563

The business is conducted by A General Partnership.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars ($1,000).
/s Steven Dugger, Partner
This statement was filed with the County Clerk of Humboldt County on April 7, 2016
KELLY E. SANDERS
Humboldt County Clerk
By: aa, Deputy Clerk

4/14, 4/21, 4/28, 5/5 (16-090)

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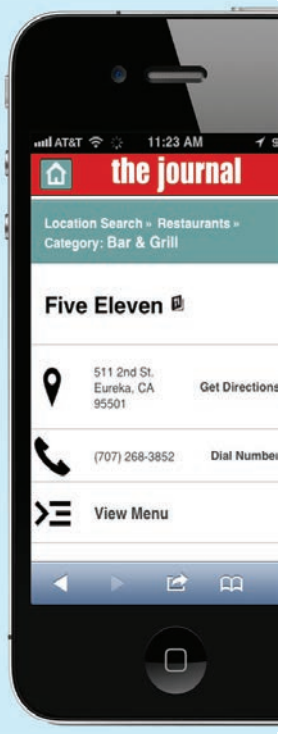


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Legal Notices

Continued from previous page

FICTITIOUS BUSINESS NAME STATEMENT 16-00222

The following person is doing Business as **North Coast Cycle Tow / Lost Coast Flattrack**
Humboldt, 516 W 15th Street Ste A
Eureka, CA 95501
Mark K Topping
1140 K Street
Eureka, CA 95501
The business is conducted by An Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars ($1,000).
/s Mark K Topping, Owner
This statement was filed with the County Clerk of Humboldt County on March 28, 2016
KELLY E. SANDERS
Humboldt County Clerk
By: sc, Deputy Clerk

3/31, 4/7, 4/14, 4/21 (16-079)

FICTITIOUS BUSINESS NAME STATEMENT 16-00226

The following person is doing Business as
SIX RIVERS PAINTING
Humboldt, 1207 Hayes Street
Eureka, CA 95501
Brian R Mogel
1207 Hayes Street
Eureka, CA 95501

The business is conducted by An Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars ($1,000).
/s Brian Mogel, Owner
This statement was filed with the County Clerk of Humboldt County on March 29, 2016
KELLY E. SANDERS
Humboldt County Clerk
By: sc, Deputy Clerk

4/7, 4/14, 4/21, 4/28 (16-083)

ORDER TO SHOW CAUSE FOR CHANGE OF NAME SAMANTHA MCGEHEE CASE NO. CV160276 SUPERIOR COURT OF CALIFORNIA, COUNTY OF HUMBOLDT 825 FIFTH ST. EUREKA, CA. 95501

PETITION OF:
SAMANTHA MCGEHEE
TO ALL INTERESTED PERSONS:
Petitioner: SAMANTHA MCGEHEE

for a decree changing names as follows:
Present name
SAMANTHA MARIE MCGEHEE
to Proposed Name
SAMANTHA MARIE VASQUEZ-MARTINEZ

THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
NOTICE OF HEARING
Date: May 23, 2016
Time: 1:45 p.m., Dept. 8
SUPERIOR COURT
OF CALIFORNIA,
COUNTY OF HUMBOLDT
825 FIFTH STREET
EUREKA, CA 95501
Date: April 5, 2016
Filed: April 5, 2016
/s/ Dale A. Reinholtsen
Judge of the Superior Court

4/14, 4/21, 4/28, 5/5 (16-089)

Fictitious Business Name statements

$55

442-1400

PUBLIC HEARING AND PARENT COMMITTEE MEETING

The Northern Humboldt Indian Education Program, Title VII, will conduct a Public Hearing and Parent Committee meeting on May 2, 2016 at 5:30 p.m. in

Room 505 at McKinleyville High School, 1300 Murray Rd., McKinleyville, CA. All parents/guardians of American Indian/Alaska Native students enrolled in Trinidad, McKinleyville, Blue Lake, Pacific Union, Arcata, Big Lagoon, Jacoby Creek, Fieldbrook, and Northern Humboldt Union High School Districts and community members are invited to attend. The purpose of the hearing is to receive community input to the 2016-2017 Title VII, Formula Grant application. For more information contact the Indian Education Office at 839-6469.

ORDER TO SHOW CAUSE FOR CHANGE OF NAME EUNJAI LEE, HANNA YU CASE NO. CV160213 SUPERIOR COURT OF CALIFORNIA, COUNTY OF HUMBOLDT 825 FIFTH ST. EUREKA, CA. 95501

PETITION OF:
EUNJAI LEE, HANNA YU
TO ALL INTERESTED PERSONS:
Petitioner: EUNJAI LEE, HANNA YU

for a decree changing names as follows:
Present name
AIDEN LEE
to Proposed Name
SAN LEE

THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
NOTICE OF HEARING
Date: May 6, 2016
Time: 1:45 p.m., Dept. 8
SUPERIOR COURT
OF CALIFORNIA,
COUNTY OF HUMBOLDT
825 FIFTH STREET
EUREKA, CA 95501
Date: March 16, 2016
Filed: March 16, 2016
/s/ Dale A. Reinholtsen
Judge of the Superior Court

3/24, 3/31, 4/7, 4/14, 4/21 (16-072)

ORDER TO SHOW CAUSE FOR CHANGE OF NAME GLORIA MARIE GARCIA CASE NO. CV160234 SUPERIOR COURT OF CALIFORNIA, COUNTY OF HUMBOLDT 825 FIFTH ST. EUREKA, CA. 95501

PETITION OF:
GLORIA MARIE GARCIA
TO ALL INTERESTED PERSONS:
Petitioner: GLORIA MARIE GARCIA

for a decree changing names as follows:
Present name
GLORIA MARIE GARCIA
to Proposed Name
GLORIA MARIE LYONS

THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
NOTICE OF HEARING
Date: May 6, 2016
Time: 1:45 p.m., Dept. 8
SUPERIOR COURT
OF CALIFORNIA,
COUNTY OF HUMBOLDT
825 FIFTH STREET
EUREKA, CA 95501
Date: March 23, 2016
Filed: March 23, 2016
/s/ Dale A. Reinholtsen
Judge of the Superior Court

3/31, 4/7, 4/14, 4/21 (16-078)

SUBMIT *your* CALENDAR EVENTS
ONLINE
northcoastjournal.com
OR BY
E-MAIL
calendar@northcoastjournal.com



Iron Gate Dam, with the spillway on the left, fish hatchery and powerhouse on the right.
Photo by Paul Gamache/Rivers for Change

Hydro Power: Clean, Green — and Mean?

By Barry Evans
fieldnotes@northcoastjournal.com

Electricity generated by hydroelectric plants is frequently said to be the cleanest, greenest form of power. By far the largest source of renewable energy, hydro accounts for 16 percent of global electricity generation. What's not to love? Hydro is: totally renewable, relying as it does on Earth's natural evaporation-rainfall cycle (thanks, sun!); non-polluting — no harmful emissions — and the water can subsequently be used for irrigation or human consumption; up to 90 percent efficient, compared to 50 percent for a typical coal-fired power plant; and low maintenance. Once a dam and power station are built, running costs are minimal and the facilities last for decades. Best yet, with an impoundment reservoir upstream of a power station, output can vary at the flip of a switch, since the turbines respond instantly to the quantity and "head" (pressure) of water flowing through them.

But all this goodness comes at a price, as we're seeing with the ongoing two-steps-forward-one-step-back dance to dismantle the four largest dams on the Klamath River. What's not to love — the "mean" part — is the harm dams do to fish runs. Time was, prior to 1902 when the first Klamath dam was built, Chinook and coho salmon and steelhead trout spawned in the upper reaches of the river by the million. Today, they're blocked 190 miles upstream from the mouth by Iron Gate Dam, about 20 miles northeast of Yreka. The fish hatchery at its base is scant compensation for the former glory of Klamath runs. (Fish ladders, which typically allow fish a better than 92 percent survival rate, are now routinely installed for new low dams; the height of Iron Gate, 173 feet, precludes that option.)

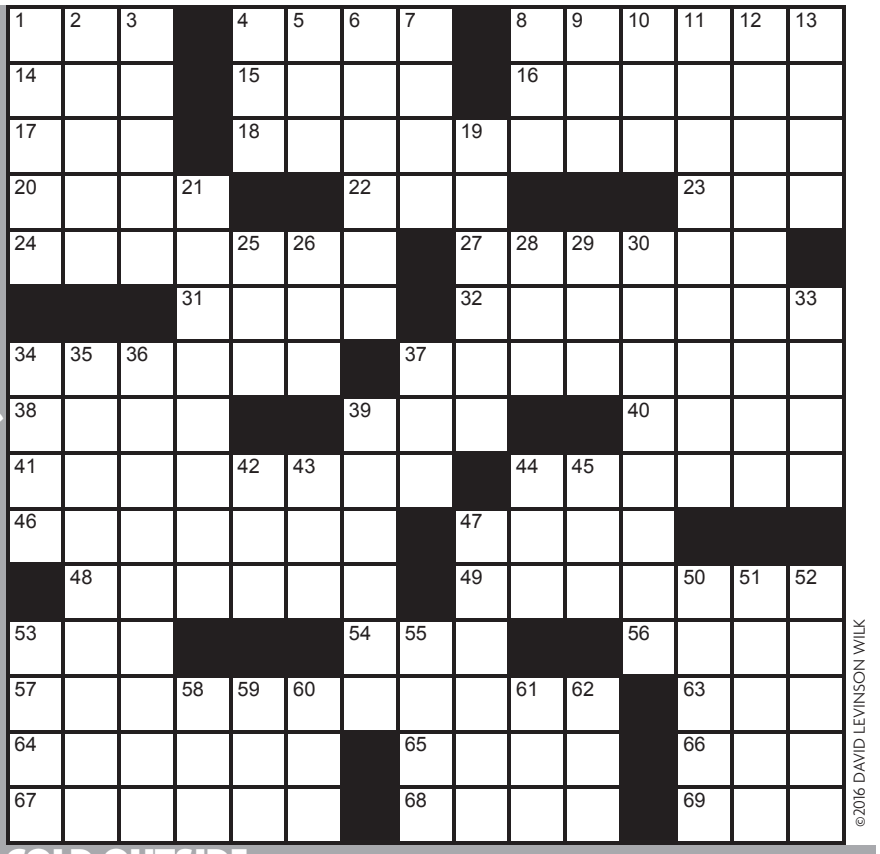
What about the "green" electricity generated by the powerhouses at the J.C. Boyle, CopCo 1 and 2, and Iron Gate dams? Total output for the four stations operating at full power is 163 megawatts. (For comparison, that's exactly the maximum output of PG&E's Humboldt Bay Generating Station, with its 10 new — circa 2010 — Finnish generators that normally run on natural gas.) This capacity will be lost, of course, once the dams are decommissioned. Warren Buffett's PacifiCorp, owner of the dams and power stations, is an active participant in the new dam-removal agreement, and no doubt the utility will be able to make up the loss of what is less than 2 percent of its overall output. Not incidentally, there's a lot more potential hydro capacity out there without building new dams, since less than 3 percent of the nation's 80,000 dams are used to generate electricity.

One problem with any dam, power generating or not, is sedimentation. Rivers naturally carry silt, and the faster they flow, the larger and heavier the suspended grains are. When a silt-laden river suddenly slows, as it does when entering an artificial reservoir, the silt settles out to the bottom, decreasing the storage capacity. While this isn't a huge problem in the Western U.S., where reservoirs lose about 0.5 percent of their storage capacity per year (compared to five times that in China, for instance), a century's worth of sedimentation has dumped some 20 million cubic yards of silt behind the Klamath dams.

The short-term effect on fish of releasing all that material in 2020, when the dams are scheduled to be breached, is hard to predict. Safe to say, though, the long-term effect on migrating salmon and trout will be hugely positive after having been denied their birthright for so long. ●

Barry Evans (barryevans9@yahoo.com) dreams of kayaking down all 263 miles of an un-dammed Klamath.

CROSSWORD by David Levinson Wilk



©2016 DAVID LEVINSON WILK

COLD OUTSIDE — ANSWERS NEXT WEEK!

ACROSS
1. Mil. authority
4. Cheryl of "Charlie's Angels"
8. [Kapow!]
14. Do a preplanting chore
15. Big top?
16. Continued ahead
17. Troop-entertaining grp.
18. Is indecisive
20. ____ Khalifa (world's tallest building)
22. Tyrannical Amin
23. Kickoff aid
24. Like reptiles
27. Henderson who is the all-time Major League leader in stolen bases (1,406)
31. ____ d'oeuvres
32. "Piece of cake!"
34. His song "(Just Like) Starting Over" became a #1 hit three weeks after his death
37. Neglected
38. Little matter
39. Marx's "____ Kapital"
40. Like some Crayola crayons
41. Snubber's offering
44. "Someone may have accessed your account" and others
46. Florida island resort
47. Let pass
48. Oil used in perfumery
49. With 57-Across, classic holiday song (or a hint to solving 18-, 24-, 37- and 41-Across)
53. Hotshot
54. What Marcie calls Peppermint Patty in "Peanuts"
56. James Joyce's "Ulysses," per a 1921 court decision
57. See 49-Across
63. Buried treasure?
64. Stoop (to)
65. Zoom
66. Adversary
67. Feature of Mike Wazowski in "Monsters, Inc."
68. No ifs, ____ or buts
69. Email directive: Abbr.

DOWN
1. State Farm rival
2. Iraq's second-largest city
3. Golden, in Guanajuato
4. Experiment site
5. Labor union that merged with the CIO in 1955
6. "These aren't the ____ you're looking for" (Obi-Wan Kenobi line in "Star Wars")
7. Columnist Maureen
8. 1920s White House monogram
9. "Woo-____!"
10. Kitchen pest
11. Someone with a bone to pick?
12. The White House getting blown to smithereens by a UFO in "Independence Day," to its filmmakers
13. French wave
19. ____ Black (Gary Oldman's character in the "Harry Potter" films)
21. Naturalist who took Teddy Roosevelt on a tour of Yosemite in 1903
25. "Yabba dabba ____!"
26. Follower of directions?
28. Cousin on "The Addams Family"
29. 2000 CBS premiere
30. Family with at least one member serving in the U.S. Congress every year from 1947 to 2011
33. Longings
34. Miss
35. One of two Best Director winners of 2007
36. You alone
37. Sculler's need
39. Remove from the stock exchange
42. Wall St. deal
43. Joe Biden's state: Abbr.
44. Letters before an alias
45. Beirut's land: Abbr.
47. 6'4" late-night host
50. "Peace out!"
51. "Presumed Innocent" author
52. Knight's ride
53. Prefix with phobia
55. Suffix with fashion
58. Jane or John in court
59. Old jazz great Kid ____
60. Sport-____
61. Cameron or Mitchell on "Modern Family," e.g.
62. Ambulance destinations, for short

LAST WEEK'S ANSWERS TO BALD

H	A	I	R	■	H	B	O	M	B	■	N	A	R	C
O	N	N	O	■	M	A	N	I	A	■	O	M	A	R
U	T	A	H	■	S	M	E	L	T	■	S	I	T	A
D	O	L	E	S	■	B	A	D	H	A	I	D	A	Y
I	N	O	■	E	R	A	■	■	■	E	R	A	T	O
N	Y	O	N	G	O	■	H	I	S	S	■	L	A	L
I	M	P	E	N	D	■	E	T	H	■	M	A	T	A
■	■	■	W	I	N	S	B	Y	A	H	A	■	■	■
P	O	T	S	■	E	N	D	■	G	A	W	K	E	D
O	L	E	■	K	Y	L	O	■	G	Y	R	A	T	E
E	D	A	T	E	■	■	■	A	Y	E	■	T	H	E
H	S	T	Y	L	I	S	T	S	■	S	C	R	I	P
L	A	R	K	■	M	E	G	Y	N	■	R	I	C	E
E	L	E	E	■	A	R	I	E	S	■	I	N	A	N
R	T	E	S	■	N	A	F	T	A	■	B	A	L	D

sudoku © Puzzles by Pappocom — EASY #62

www.sudoku.com

7	4		9		1		3	2
	1		5	7	3		6	
9			8		7			3
	3						4	
2			1		5			8
	5		6	9	4		8	
6	8		3		2		1	9

Opportunities

AIRLINE CAREERS BEGIN HERE - Get started by training as FAA certified Aviation Technician. Financial aid for qualified students. Job placement assistance. Call Aviation Institute of Maintenance 800-725-1563 (AAN CAN)

HOME CAREGIVERS PT/FT. Non-medical caregivers to assist elderly in their homes. Top hourly wages. (707) 362-8045. (E-0428)

BELLE STARR: Popular local women's clothing boutique seeking 2 energetic team members to work 3-5 days/week. Must be available for weekday/weekend shifts in the Arcata and Eureka locations. See our Craig's List ad for further details and application information. http://humboldt.craigslist.org/ret/5543276624.html

EDUCATION: EQUAL OPPORTUNITY TITLE IX

For jobs in education in all school districts in Humboldt County, including teaching, instructional aides, coaches, office staff, custodians, bus drivers, and many more. Go to our website at www.humboldt.k12.ca.us and click on Employment Opportunities. Applications and job flyers may be picked up at the Personnel Office, Humboldt County Office of Education 901 Myrtle Ave, Eureka, or accessed online. For more information call 445-7039. (E-0625)

YUROK TRIBE JOB OPENINGS

For more information go to: www.yuroktribe.org

#0587 HEAD START TEACHER
RG/FT KE'PEL $19.64-$25.53 OUF/REVIEW: 4/22/16

#0716 HEAD START BUS DRIVER/CUSTODIAN
RG/FT KE'PEL $15.86-$20.62 OUF/REVIEW: 4/22/16

#0721 HEAD START TEACHER
RG/FT KLAMATH $19.64-$25.53 OUF/REVIEW: 4/22/16

#0722 POLICE OFFICER
RG/FT KLAMATH $21.05-$26.58 OUF/REVIEW: 4/22/16

#0725 EMERGENCY SERVICES SPECIALIST
RG/FT KLAMATH $19.15/$21.20 4/22/16

#0728 CLERICAL ASSISTANT EDUCATION
RG/FT KLAMATH $13.81/$15.45/$17.23 4/22/16

#0740 CLERICAL ASSISTANT-HIGHER EDUCATION
RG/PT 15-20 HRS/WK KLAMATH $17.23-$22.39 OUF/REVIEW: 4/22/16

#0749 JOM STUDENT TUTOR
TEMP/PT 15 HRS/WK 2 EUREKA, 2 WEITCHPEC $10.03 OUF/REVIEW: 4/22/16

#0753 EARLY HEAD START TEACHER
RG/FT KE'PEL $17.69-$25.53 OUF/REVIEW: 4/22/16

#0760 HEAD START HOME BASE VISITOR
RG/FT KE'PEL $14.17-$20.62 4/15/16

#0764 HEAD START MANAGER
RG/FT KLAMATH $45,407-$59,028 4/15/16

#0768 FLEET MANAGER
RG/FT KLAMATH $17.23/$19.15/$21.20 4/29/16

#0769 EARLY HEAD START TEACHER
RG/FT EUREKA $17.69-$25.53 OUF/REVIEW: 4/22/16

#0770 ACCOUNT SPECIALIST-BOOKKEEPER
RG/FT EUREKA $17.23-$24.88 OUF/REVIEW: 4/18

#0771 GRANTS/COMPLIANCE OFFICER
RG/FT KLAMATH $70,873-$92,134 4/22/16

#0773 FORESTRY DIRECTOR
RG/FT KLAMATH $70,873-$91,134 5/13/16

#0685 JET BOAT CAPTAIN
SEASONAL KLAMATH $21.20 5/12/16

#0754 WILDLIFE BIOLOGIST II
RG/FT KLAMATH $23.42-$33.53 4/29/16

#0774 TRANSIT DISPATCHER
RG/PT KLAMATH $13.81-$17.95 4/29/16

PARENT EDUCATOR

changing tides family services

This full-time position works with parents with developmental disabilities to develop or enhance parenting skills and includes making home visits and providing services in a variety of settings. Starts $14.11/hr.

Ability to pass criminal history fingerprint clearance and posses a valid California driver's license, auto insurance, and access to a vehicle.

Application and job description available at **www.changingtidesfs.org**. Please submit letter of interest, resume, and application to Nanda Prato at 2259 Myrtle by **Monday, May 2, 2016 at 5 p.m.** EOE

open door
Community Health Centers

CASE MANAGER REFERRAL SUPPORT
1 F/T CRESCENT CITY

DENTIST
1 F/T EUREKA

DIETICIAN
1 F/T EUREKA

LAB ASSISTANT
1 F/T CRESCENT CITY

LEAD LAB ASSISTANT
1 F/T ARCATA

LVN/ MA
1 F/T EUREKA
1 F/T TEMP WILLOW CREEK

MEDICAL BILLER
1 F/T ARCATA

MEDICAL ASSISTANT
3 F/T ARCATA
2 F/T EUREKA
1 P/T EUREKA

MEDICAL RECEPTIONIST
1 F/T CRESCENT CITY
1 F/T FORTUNA

MEDICAL RECORDS CLERK
1 F/T CRESCENT CITY

REGISTERED DENTAL ASSISTANT
1 F/T CRESCENT CITY
2 F/T EUREKA
1 TEMP EUREKA

REGISTERED NURSE
1 F/T EUREKA
1 F/T FORTUNA
1 PER DIEM WILLOW CREEK

REGISTERED NURSE CLINIC COORDINATOR
1 F/T WILLOW CREEK

RN-OPERATIONS
1 F/T EUREKA

STAFF RECRUITMENT AND RETENTION SPECIALIST (HUMAN RESOURCES)
1 F/T ARCATA

Visit **www.opendoorhealth.com** to complete and submit our online application.

CARE PROVIDERS NEEDED NOW! Earn 1200-3600 a month working from the comfort of your home and receive ongoing support. We are looking for caring people with a spare bedroom to support an adult with special needs. We match adults with disabilities with people like you, in a place they can call home. Call Sharon for more information at 707-442-4500 ext 16 or visit www.mentorswanted.com

United Indian Health Services, Inc.

Application deadline: April 29, 2016

Electronic Health Records Developer(Report Writer)
Analyze data and design reports, graphs, and charts in support of clinical, business, and grant requirements using E.H.R. and Practice Management databases. Must have experience with SQL, HL7, E.H.R.'s and knowledge of capturing existing systems requirements and functionality. Arcata Full Time

Electronic Health Records Help Desk Tech.
The (E.H.R.) Help Desk Tech. provides first level support to users of the NextGen E.H.R. and E.P.M. software applications as well as Dentrix and other software applications. Arcata Full Time

Human Resources Coordinator
Assists Human Resources Director with all functions within Human Resources Section. This position is responsible for leading coordinating, Monitoring and maintaining the credentialing process. Must be organized and able to work independently. Arcata Full Time

Optometrist
Provides comprehensive vision services to UIHS Clients including complete eye examinations and treatment for a full range of complex optometric conditions. Arcata full time

Health Promotion Technician
Arcata full time Assists American Indian communities with health Promotion and disease prevention activities.

Registered Dental Assistant
Works directly with the dentist and the dental healthcare team to provide quality oral healthcare for UIHS. Full Time Crescent City

Clinical Nurse/RN
Utilize the nursing process to provide appropriate and culturally sensitive care to UIHS clients. Del Norte/Arcata/Weitchpec Full Time Del Norte/Humboldt Part Time

Diabetes Program Manager
Implements prevention efforts in community and provides clinical coordination with medical providers Arcata/Full Time

Nutrition Manager/ Dietician
Manager nutrition programs which educates and promotes Health and wellness throughout the Community.Arcata/Full Time

Medical Provider – MD/DO or FNP/PA
Provides general medical care and treatment to patients in medical facility such as a clinic, health center, or public health agency. Arcata/Smith River/Del Norte /Flexible hours up to Full Time/Open Until Filled

Employment application available online at **www.uihs.org**. Email application, cover letter and resume to **UIHS-Recruiting@crihb.org**

Serving the Native American Community since 1970. In accordance with PL 93-638 American Indian Preference shall be given all: applicants welcome.

FRONT OFFICE MEDICAL RECEPTIONIST Eureka Pediatrics is looking to fill a F/T receptionist position with the right person. We are looking for someone who is reliable, friendly, has a good work ethic, and can work in a fast-paced environment. Full benefit package available. Send CV with a cover letter addressed to Elesha @ 2800 Harris St. Eureka, CA. 95503 if interested.

CRESTWOOD

LOOKING FOR A MEANINGFUL JOB IN YOUR COMMUNITY?
Crestwood Behavioral Health Center is looking for Full-Time, Part-Time and On-Call LPTs,LVNs to join our dynamic team committed to teaching a "life worth living."
Apply at
2370 Buhne St, Eureka
http://crestwoodbehavioralhealth.com/location/eurekaca/

CITY OF EUREKA

POLICE CADET (POLICE ACADEMY STUDENT)

$2725 - $3489 MONTHLY

Are you interested in pursuing a career in law enforcement? The City of Eureka is seeking motivated and disciplined individuals to assume the role of Police Cadet, and undergo training to become a Police Officer with the Eureka Police Department.

If selected for this position, candidates will be sponsored to attend and complete the local POST approved Basic Police Academy. Cadets who successfully complete the academy will be promoted to Police Officer with EPD, provided that all necessary requirements are met at that time.

For a complete job description, and to apply, please visit our website at: www.ci.eureka.ca.gov.

Final filing date:
Friday, May 13th, 2016. EOE

Humboldt County Office of Education

Anticipated Openings for School Bus Drivers



Entry level or experienced–all you need is the DRIVE to succeed! Part-Time, full-time, and substitute positions. Competitive wages & benefits, PERS retirement for all regular positions. FREE training available for CLASS B license and School Bus Driver Certification.

Qualifications: Must be 18 years of age or older. Drivers are subject to a medical evaluation, including drug testing.

Apply at HCOE or online at **www.humboldt.k12.ca.us**

Reply to: Personnel, HCOE, 901 Myrtle Ave., Eureka, CA 95501.

Mad River Community Hospital

Come join Mad River Community Hospital and enjoy the satisfaction of working with a team.

Yes, you can be happy at work....here. If you have to work, why not do so with some of the best in the business. We are looking to hire **Medical Staff Coordinator, Registered Nurses** and other positions.

Look on our web site for openings:
www.madriverhospital.com

SPS
CARDINAL SERVICES INC., DBA
SEQUOIA PERSONNEL SERVICES

sequoiapersonnel.com
2930 E St., Eureka, CA 95501
(707) 445.9641

LVN/RN • Administrative Assistant
CPA • Experienced Medical Assistant
Medical Billing Clerk • Class A or Driver
Retail Customer Service • Installer-Trades
Food Service Worker • Warehouse Production
Geotech Engineer • Janitor/Housekeeper
Medical Practice Manager • Landscaper
Enrolled Agent-Accountant • Laborers

CITY OF EUREKA

ELECTRICAL & INSTRUMENTATION TECHNICIAN

$3,464–$4,422/MO.(DOE)
EXCELLENT BENEFIT PACKAGE

The City of Eureka is seeking an Electrical & Instrumentation Technician who can perform the most complex and specialized duties required to ensure that water and wastewater treatment facilities and systems are maintained in a safe and effective working condition. Maintains, installs, calibrates, and repairs electro-mechanical, analog, digital, and computerized control devices and systems Troubleshoots, isolates, and repairs problems in malfunctioning electrical/electronic instruments and systems.

Must have knowledge of SCADA and PLC programs, and experience with 3-phase power systems. Any combination of training and experience is qualifying; typical qualifications would be equal to the completion of the twelfth (12th) grade supplemented by college-level coursework in water and/or wastewater treatment plant maintenance and repair, the electrical and/or mechanical trades, or related field, and two (2) years electrical instrumentation field experience. Must obtain CWEA Electrical/ Instrumentation Technologist Grade II Certification within 18 months. Salary placement may be made at any step, depending on experience.

For more information and to apply on line please visit our website at www.ci.eureka.ca.gov.

Final filing date: 5:00 p.m.
Friday 5/6/2016. EOE

Redwood Coast Regional Center

Be a part of a great team!

UNIT ASSISTANT (Secretary)

1 FT Eureka, CA. HS graduation or equivalent + 4 years paid office experience. Typing/ keyboard certification for 55 wpm required. Salary range $1883- $2649/mo + excellent benefits. EOE/M-F

Go to **www.redwoodcoastrc.org** for info, forms & instructions. **Closes 5/2/16 at 5pm.**

BLUE LAKE CASINO • HOTEL

Looking for fun and friendly people to fill a variety of positions.

CURRENT JOB OPPORTUNITIES:
Line Cooks, Sushi Rollers, Payroll Clerk, Revenue Audit and more!

To apply, simply visit the Human Resources office at the casino. For directions, current listings and other information visit www.bluelakecasino.com & click "Careers"

Humboldt Plaza is hiring an

Office Assistant

Position open
for immediate hire.
40 hours per week benefits.

Inquire at Office
2575 Alliance Road, Arcata.

Humboldt Bay Municipal Water District

MAINTENANCE MECHANIC

Under general supervision, performs a variety of skilled and semi-skilled preventive maintenance, repair and major overhaul work on District vehicles, buildings, and facilities including water pumping, treatment and distribution plant facilities and a hydroelectric facility. Operates a variety of equipment such as backhoes, forklifts, and cranes as required. May perform other related work as a Water Treatment Plant Operator.

Candidates with extensive mechanical & hydraulic systems experience and troubleshooting skills highly desired. Crane operator certification, Grade II Operator Certification and Grade II Distribution desired or the ability to obtain all within two years. Salary range $4192-$5095 plus excellent benefits including deferred compensation.

Must submit completed and signed application by **5:00 pm April 25th, 2016.** Contact H.B.M.W.D. at (707) 443-5018 or visit **www.hbmwd.com** for a complete job description and application.

Employment

Southern Humboldt Community Healthcare District is now accepting applications for:

CLINICAL LAB SCIENTIST
Full Time Position. California Clinical Laboratory Scientist. Chemistry, hematology, UA, coagulation and blood bank experience required. Includes shared call.

REGISTERED NURSE
Full Time, Part Time, or Per Diem Position. Current RN License and CPR certification required. Work 12-hour shifts in our critical access emergency room.

LICENSED VOCATIONAL NURSE
Full Time position. Current LVN license and CPR certification required. Work 12-hour shifts in our 8-bed skilled nursing facility or 8-hour shifts in our out-patient clinic.

CERTIFIED NURSE ASSISTANT
Full Time, Part Time, or Per Diem Position. Direct Patient Care, activities with the residents/patients. Must possess CNA Certificate and CPR Certification.

EMERGENCY DEPARTMENT TECH (ED TECH)
Full Time Position, 12-hour shifts. Current Emergency Medical Technician (EMT), Paramedic, or Certified Nursing Assistant (CNA) license. Experience preferred; willing to train the right candidate.

Visit **www.shchd.org** for more information and to apply
Or call (707) 923-3921 ext. 230

Humboldt County Office of Education has the following openings:

Senior Account Tech, Payroll, Accounts Payable, Accounting

FT, M-F, 7.5 Hrs./Day, $2,580.50–$3,295.50/mo. ($15.88-$20.28/Hr.). Eligible for H&W Benefits & PERS. Requires 3 years experience working in payroll, accounts payable, fiscal recordkeeping & competency in spreadsheet & software applications.
Closes: 5/3/2016, 4 PM

Clerk for the Deaf & Hard of Hearing

FT, M-F, 7.5 Hrs./Day, $1883.48–$2598.48/mo. ($11.59-$15.99/Hr.) DOE. Eligible for H&W Benefits & PERS. Graduation from High School. Not less than 2 years of clerical experience. Familiarity with special needs deaf & hard of hearing students desirable/not required. **Closes: 5/3/2016, 4 PM**

Behavioral Support Assistant

FT, M-F, 7.5 Hrs./Day, $2289.73–$2921.75/mo. ($14.09–$17.95/Hr.) DOE. Eligible for H&W Benefits & PERS. Requires graduation from High School. No less than 2 years experience working with special needs children in a school setting. 2 years related college training may substitute for 1 year experience. Must pass Paraprofessional Exam. **Closes: 5/26/2016, 4 PM**

Custodian/Maintenance

FT, M-F, 7.5 Hrs./Day, 11:00 a.m.-7:30 p.m., $12.46-$17.19/hr., DOE. Eligible for H&W Benefits & PERS. Requires graduation from High School or comparable competence; must be at least 18.
Closes: 5/26/16, 4 PM

Applications available at HCOE or online:
www.humboldt.k12.ca.us

Reply to: PERSONNEL, HCOE, 901 Myrtle Ave., Eureka, CA 95501. For questions contact Kathy Atkinson at katkinson@humboldt.k12.ca.us or call (707) 445-7039.

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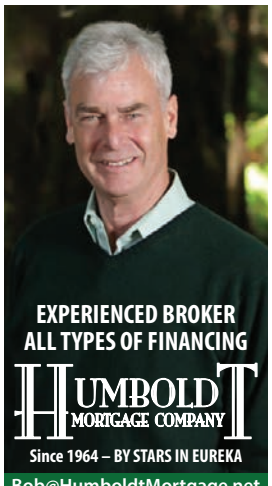
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Date	LIT DEP (Supplemental lighting)	NATURAL DEP	FULL TERM
7-May	Plant, use lights		
21-May	*Full moon May*	*Full moon May*	*Full moon May*
23-May	Pull tarp		
6-Jun			Plant for large plant result
7-Jun		Plant	
20-Jun	*Full moon June*	*Full moon June*	*Full moon June*
21-Jun		Pull tarp	
5-Jul			Plant for medium plant result
19-Jul	*Full moon July*	*Full moon July*	*Full moon July*
25-Jul	Harvest		
27-Jul	Replant, no lights		
3-Aug			Plant for small plant result
18-Aug	*Full moon August*	*Full moon August*	*Full moon August*
19-Aug	Pull tarp		
24-Aug		Harvest	
3-Sep		Replant	
7-Aug	*Golden Tarp Awards entry deadline*		
8-Sep		Pull tarp	
16-Sep	*Full moon September*	*Full moon September*	*Full moon September*
18-Sep		End tarp pull	
20-Sep			Harvest: Green Crack, Mr. Nice
27-Sep			Harvest: Berry White, Bubbas Gift
1-Oct	*Golden Tarp Awards*		
7-Oct			Harvest: OG Chem Dog
14-Oct			Harvest: Blood Diamond
15-Oct	*Full moon October*	*Full moon October*	*Full moon October*
20-Oct	Harvest		
21-Oct			Harvest: SFV, Ghost
23-Oct	Replant, Use lights		
28-Oct			Harvest: Blue Dream, Gorilla Glue, Sour D, Girl Scout Cookies
1-Nov		Harvest	
14-Nov	*Full moon November*	*Full moon November*	*Full moon November*
15-Nov	End lights to flower		
13-Dec	*Full moon December*	*Full moon December*	*Full moon December*
15-Jan	Harvest		

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